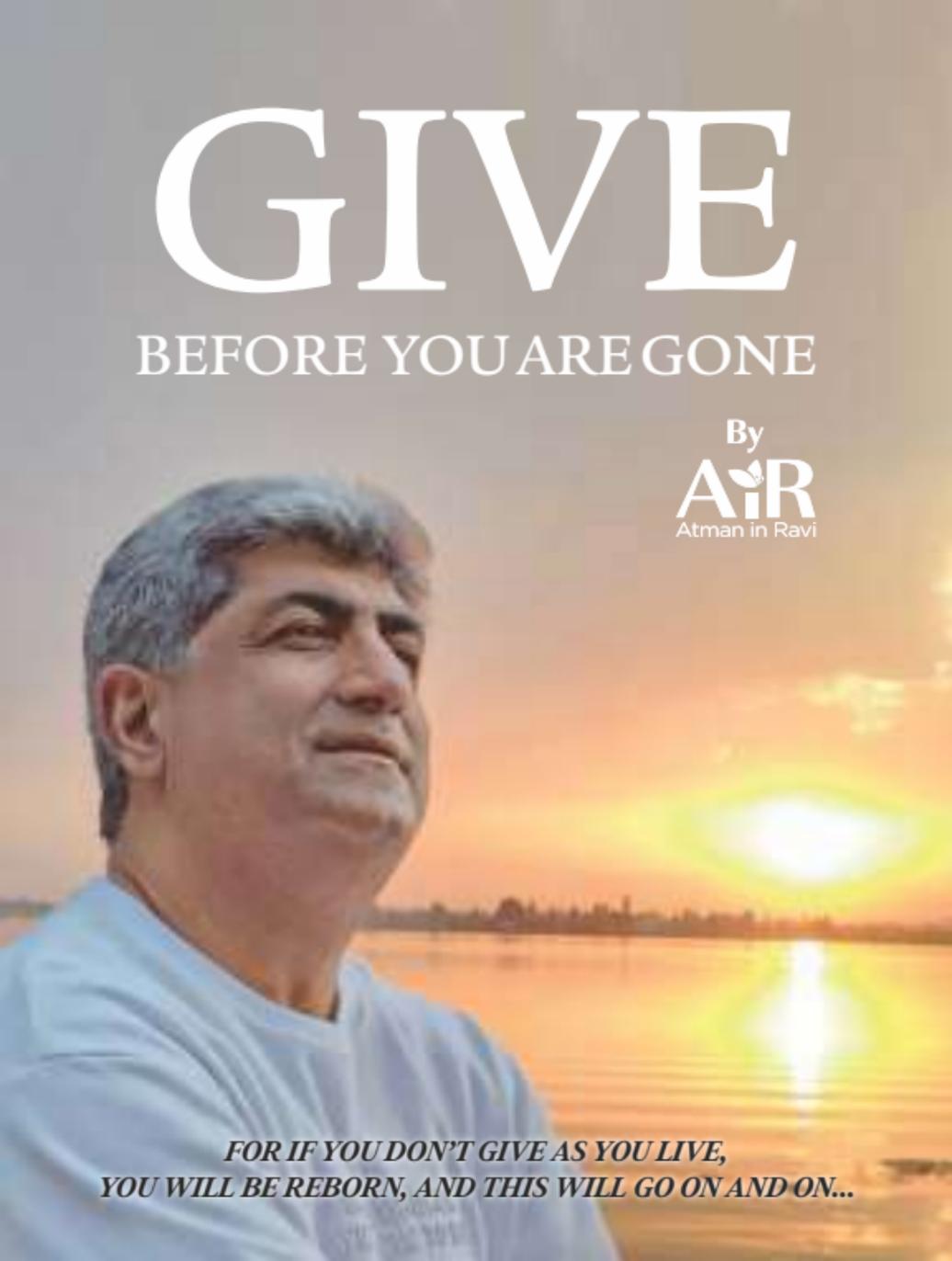


# GIVE

BEFORE YOU ARE GONE

By  
**AiR**  
Atman in Ravi

A man with grey hair is shown in profile, looking upwards and to the right. He is wearing a light blue t-shirt. The background is a sunset over a body of water, with the sun low on the horizon and its reflection visible. The sky is a mix of orange, yellow, and light blue.

*FOR IF YOU DON'T GIVE AS YOU LIVE,  
YOU WILL BE REBORN, AND THIS WILL GO ON AND ON...*



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YOU WILL BE REBORN, AND THIS WILL GO ON AND ON...***

## PREFACE

Why should we Give before we are Gone? A simple sign that differentiates the ones who have realized the truth from the ones who are ignorant, is the former's ability to give. Many people possess little, but still, they give. Others have far more than what they need, but they continue to live with greed and don't give as they live. If one has realized the truth about life, then one knows beyond doubt that nothing is his. *Everything belongs to the Divine. I came with nothing and when I go, I cannot take anything. So why not give as I live?* The one who realizes the truth, gives and keeps on giving. He realizes that he is not this body, mind and ego. He is the Divine Soul! He realizes that this world

is nothing but *Leela*, a Divine Drama and we are mere actors who come on this earth stage, play our part and finally depart. Everything is *Maya*, a Cosmic Illusion. There is only one reality - the Divine. We are all manifestations of that One Supreme Immortal Power - SIP.

Giving is a mark of Enlightenment. The ones who give, have realized the truth about life. The ones who don't, not only create bad Karma and suffer, but return to this earth in a rebirth, only to suffer again and again. This handy booklet 'Give before you are Gone', will make you open your real eyes to realize the truth about life. It will make you understand that you are nothing, just as nothing belongs to you. It will make you

give as you live. It will make you forgive, as you live with bliss, peace and happiness

A few fortunate ones will go beyond Karma and become a *Karma Yogi*. They will evolve from Karma to *Moksha* and achieve the ultimate goal of life.

Giving is not an option. We have to give. But we have a choice. Either we can give as we live, or we will be forced to give at the moment of death, when everything will be snatched away from us.

## THE JOY OF GIVING

What is the easiest and the best way to be happy? Make others happy! Making others happy is far more fulfilling than making yourself happy. The moment you make somebody else happy, you are sure to put a smile on your face. Just try it. Stop for a moment and try to give somebody something. Just give and you will experience bliss in that moment that you live. There is great joy in giving. Those who never experience this bliss, live and die, with a lot of wealth, but in reality, they are no better than the poorest of the poor. As the per the Law of Karma, what you give you get. The more you give and make others happy, the more you will receive and the more happier you will be.

## **NOTHING BELONGS TO US**

One of the biggest reasons to give is that nothing belongs to us. Such a simple truth, but we don't realize it. Although we see that we bring nothing with us when we come, and when we go, we take nothing, still we don't realize the simple truth - Nothing is ours! Everything that we get in this world is a trust. It comes into our hands and then it goes. It is a fact that we did not bring anything with us, just as it is true that we cannot take anything with us.

*Everything belongs to the Divine.  
I came with nothing and when I go,  
I cannot take anything.  
So why not give as I live!*

## PEOPLE WILL BURN WHAT WE EARN

Most people live as if they will never die. They behave as if their wealth and all that belongs to them is eternal and will last forever. Little do they realize that when the whistle of death does blow, and it's time to go, they can take nothing out of the show. In this show, or *Leela* of life, everything is ours only to use. Then, we have to move on. Unfortunately, what we don't realize is that everything that we collected during this show on earth, was ours to spend before our end. But if we did not do so, our hard-earned money will reach the hands of those who will not spend it the way we would want it to be spent. If we were alive, we would rage seeing them burn what we worked so hard to earn.

## **THE PURPOSE OF LIFE**

What is life? The acronym of the word 'Life' itself reveals what life is all about. LIFE is Liberation from Ignorance and Finding true Enlightenment. But how many of us understand that the journey of life is this: Liberation from ignorance and finding Enlightenment? We live and we die, we don't even know why.

The Purpose of Life is Liberation. It is to attain freedom from the cycle of death and rebirth. It is to escape from the triple suffering that we human beings experience on earth, the pain of the body, the misery of the mind and the agony of the ego. This freedom comes when we are Enlightened with the truth.

## WHY DON'T PEOPLE GIVE?

There are many reasons why people don't give. One primary reason is the fear of becoming poor. People are afraid – what if they give and then there is nobody to help them when there is a need? This fear of becoming poor paralyzes people when it comes to giving. Although they have a lot, fear stops them. What is fear? F E A R means a False Expectation Appearing Real. It is only a trick of their imagination, but their fear appears to be real and so, they are paranoid and paralyzed. They have so much that even if they give a little of what they have, it will make no difference. But Fear makes the wolf seem bigger than it is. It makes them insecure and they fear living on the street. Instead of living with faith, trust,

hope, courage, we submit to the mind and its thoughts. The mind constantly produces negative thoughts, creating fear, stress, worry, anxiety, and depression. These negative thoughts become the toxic energy that stops us from philanthropy. The negative thoughts steal our compassion and kindness and make us live with insecurity. Ultimately, toxic thoughts become toxic feelings and toxic actions. That is why we end up with a toxic destiny. We may have millions when it comes to money in the bank. But when it comes to kindness, compassion and charity, we are very poor. Our life has not only been wasted but the opportunity to achieve the ultimate purpose of life is lost. But those who give, why do they give?

Some people give because it is good to give. Others give because the more you give, the more you get. The most evolved ones give because they realize that nothing belongs to them. They must Give before they are Gone. Whatever be your state of thought, or your philosophy of life, it is good to give.

*Because we are ignorant,  
we don't learn to give.  
And being ignorant of this ignorance  
We just die after we live!*

## **MAYA AND LEELA**

Those who understand the terms, *Maya* and *Leela* are sure to Give before they are Gone. They realize that this world is *Maya*, it's just an illusion. Seekers of the Spiritual truth understand the concept of *Maya* or Cosmic Illusion. They realize that this world or *Jagat* is *Mithya*, unreal, temporary, transitory. They contemplate a gold ring. While everybody says it is a ring, they realize that without gold, there is nothing. Gold is the cause. The ring is just an effect. It is an appearance, a manifestation of gold. This world too appears to be, but in reality, everything is energy. Every molecule of matter in this world, as endorsed by science too, is nothing but energy. Energy appears as matter, and matter transmutes back

into energy. This constant transmutation of energy and matter is recorded by scientists as the 'Wave- Particle Duality'. This is spiritually termed as *Maya*.

Those who understand *Maya*, also understand *Leela*. This entire world appears real. But in reality, it is a projection. This world is a humongous stage. *Maya* is projecting life that is unfolding as per Karma, our past actions. We are all actors. We come and we go. This world is nothing but a show!

*This world is not real,  
it's just a Cosmic Illusion.  
This world is just a show.  
But we live in confusion.*

## **GIVE NOW!**

If you really want to live a life of bliss, peace, or happiness, then learn to give. This means you must get into action now. You must make giving a habit, just as some people have made storing a habit, they go on collecting, hoarding, and keeping, both what they need and what they don't need. They don't realize that whatever they try to keep, they will lose when they get into that state of endless sleep. At that moment of death, when they have no breath, whatever they have kept on storing, will be cleared in a flash, emptied, given away, because it is of no use to the dead body. Those valuables that we leave behind, will be snatched, grabbed or even stolen,

by those to whom we did not want to give. Isn't this the truth, and nothing but the truth?

*Make a vow,  
That you will give now.  
Find a reason,  
But give anyhow.*

## THE LAW OF KARMA

What is Karma? By itself, the word Karma means action. But today, Karma has become globally known as the Law of Action and Reaction. It is the law of the boomerang because they believe that what goes around, comes around. It is based on the principle, 'As you sow, so shall you reap.' Just as the seeds we plant, decide the fruits on the tree, so also, the deeds that we plant will decide our destiny. Therefore, to start with, we must do good deeds if we want a good destiny. But the ultimate goal of life is to transcend Karma. This is attained when we realize we are not the body, mind and ego, we are the Divine Soul. An enlightened being will give because he

has realized the truth, but everybody must give because giving is what life is all about.

*Karma is a Universal Law of this earth,  
It caused our birth and controls our rebirth.  
As per this Law, what we give, we will get.  
Nobody can escape from this Law,  
you can bet!*

## FROM KARMA TO *MOKSHA*

Giving is not a simple act of sharing what we have. Giving is a very profound way of expressing both our *Dharma* and our understanding of Karma. What is the connection between giving and *Dharma*? To some, it is like a cosmic law that defines the way we should live in a society with righteousness. *Dharma* to others is a collection of religious and moral duties that govern our conduct and philosophy of life. From *Dharma*, one picks up the Universal Law of Karma and tries to live with good action. This choice is based both on *Dharma*, our moral responsibility to give, help and serve, just as it is connected to Karma, the Law that states that whatever we give, is what we will get.

Giving, however, has a far more profound meaning for the one who is seeking the true purpose of life. The person may give because of Karma and *Dharma*. But it is *Moksha*, that makes one give away everything before they are gone. When one realizes that they are not the body, mind and ego, but the Divine Soul, and it is so obvious that nothing belongs to us, then they do not collect and hoard possessions that do not belong to them. The giver who gives with an attitude of Karma, is planting seeds through his deeds. He has to return to earth. However, the giver who gives, with the goal of *Moksha*, has no expectations. He not only gives, and forgives, but also forgets what he gives, so there is no thought of getting fruit of

his actions. Such a person is a *Karma Yogi*, one who lives as an instrument of the Divine, one who is free from *Dharma, Artha* and *Kama* – duty, wealth and lust and who only aspires for *Moksha*, liberation from this world and unification with the Divine.

Therefore, it is in giving as a *Karma Yogi* that one attains the true purpose of life, known to the world as *Moksha* or *Nirvana*, Liberation or Salvation. It is not only freedom from ignorance and freedom from the triple suffering of the body, mind and ego, it is also Liberation from rebirth and not returning to earth.

May you be inspired and enlightened to give as you live!

## ABOUT THE AUTHOR - AiR

AiR - *Atman* in Ravi, is a Realized Soul whose mission in life is to 'Help People Realize the Truth about Life and be Enlightened'. He was born in Bangalore on October 15, 1966 as Ravi V. Melwani. At a very young age, he mastered the craft of business and revolutionized retailing in India. After making millions, he realized that life is not just about making money. He shut down his business at the age of 40 and started making a difference doing H.I.S. work - Humanitarian, Inspirational and Spiritual work.

As a part of the Humanitarian initiative 3 charitable homes were set up to provide free medical treatment and care to over 600 suffering homeless

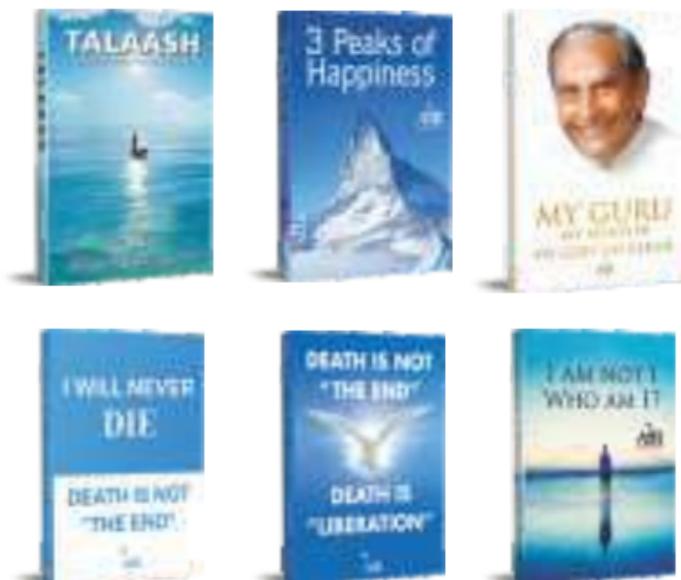
people. AiR also built Shivoham Shiva Temple in the year 1995 in Bangalore though AiR now believes that people should go beyond religion to truly realize God. Inspired by his Guru, Dada J.P. Vaswani, AiR went on a spiritual quest to attain Enlightenment.

After a few years of intense search in retreat, he realized that we are not this body. We are the Soul, the *Atman*. He metamorphosed to AiR - *Atman* in Ravi, gave up his entire life as Ravi V. Melwani and started living as an instrument of God doing His Divine Will. He lives his life with just one mission - to help people Ask, Investigate and Realize the Truth. Based on his realizations, AiR has published over 55 books, composed

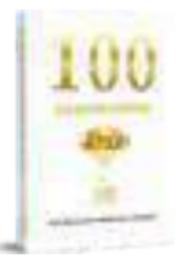
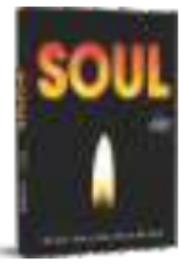
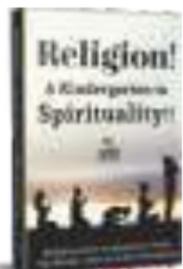
and sung about 1300 bhajans, written several blogs, quotes, and poems. He is a TEDx speaker and is also invited to speak at several organizations like YPO (Young Presidents' Organization), Rotary Club, Lions Club, and at many corporates, schools, and colleges. He conducts AiR Spiritual Retreats and webinars every week on Zoom and Facebook Live to help people realize the ultimate purpose of their life. Being blessed with everything, he seeks nothing except to fulfil this mission of life.

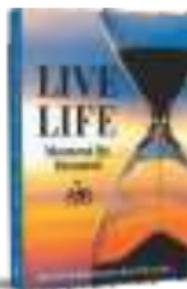
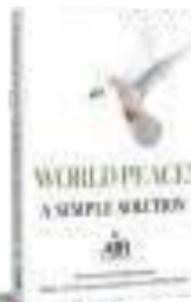
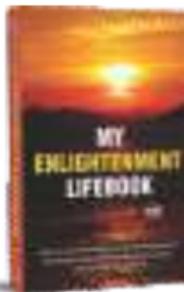
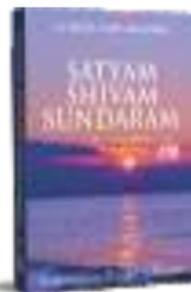
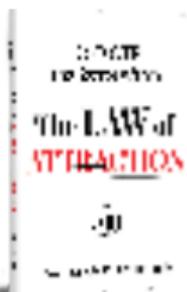
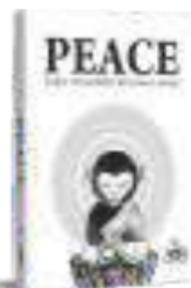
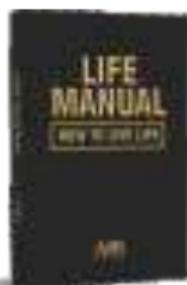
AiR has authored several books on various topics related to Life, Happiness, God, Spirituality, Karma and many of these books are also available as concise booklets.

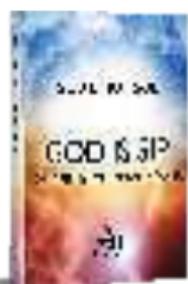
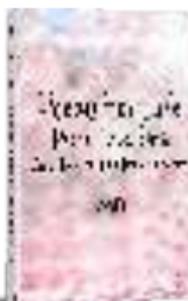
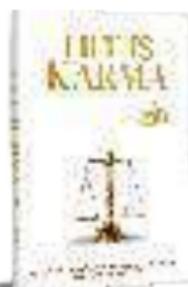
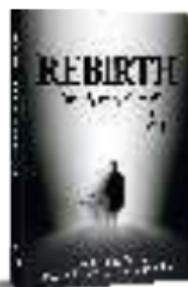
## BOOKS BY AiR











If you have any questions on Happiness,  
Suffering, Life, Death, Rebirth, *Karma*, Liberation,  
Enlightenment or anything related to Spirituality,  
**you can ask them directly on**

**Ask AiR**

at **8 pm** every day  
on  **zoom**

**Zoom Meeting ID: 85021104431**

# GIVE

BEFORE YOU ARE GONE

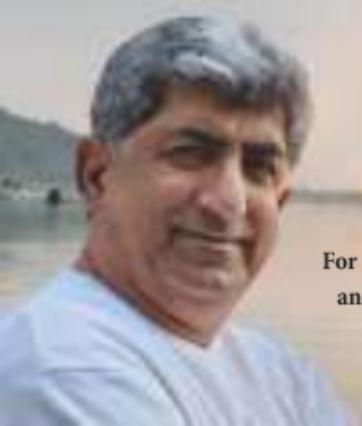
Why should I Give before I Go?' This is what most people ask. They earn and earn, only for others to burn what they earn. One day, when it is time to go, at the moment of death, everything will be snatched away. So, why not give as we live?

When will we realize that nothing belongs to us? We come with nothing, and we will go with nothing. So, why not spend before our end? Why not give as we live, so that when we die, the world will cry.

Unfortunately, most people live insecure lives. They have no faith, no courage to give. Ultimately, one day, they depart. They don't realize that they will lose everything, because they did not choose to give it away. The rare few who believe in Karma, Give before they are Gone, knowing that they will be rewarded when they are reborn.

**GIVE! GIVE! GIVE!**

May this book inspire you to Give before you are Gone!



For more information on AiR booklets  
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**A.i.R.**  
AiR Institute of Realization  
*Ask Investigate Realize*