

The TRUTH is GOD is BEAUTIFUL

SATYAM SHIVAM SUNDARAM

BY

AiR
Atman in Ravi

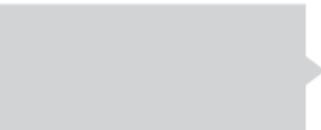
Experiencing Divinity in Beauty

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Preface

The whole world is seeking God. Every day we pray and try to connect with God. We go to a temple, a monastery, a church as we search for God in these religious places. We read scriptures and listen to religious discourses. We love God, but we don't find God.

We don't realize that God cannot be found! God-realization is a gift to a few blessed ones. They yearn for God beyond how a lover yearns for his beloved, more than a miser craves for gold and far more desperately than a child cries for its mother whom it has lost. When we seek God beyond anything else, then we experience God, we realize God.

We realize the truth that God is not somebody sitting high up in the clouds or on a distant star, somewhere in a place called heaven. God is with us all the time, in everything beautiful that surrounds us. A beautiful flower on a tree or a little butterfly that we see, are none other than God who appears as the beauty in you and me. Birds that fly and sing in the sky are the very God that we are searching for. Unfortunately, we see the beauty, but we don't experience Divinity in beauty. This is because we don't realize the truth.

Satyam Shivam Sundaram - the Truth is God is Beautiful. This chant of the ancient Indian sages was sung thousands of years ago in devotional

prayers. It was sung at a beautiful sunrise and a scintillating sunset. It was sung looking at the stars in the night sky, just as it was hummed as the dark clouds drifted. Everything beautiful invoked an ecstasy in the heart that created a spiritual 'Aha!' A cute dog wagging its tail, the white tuft of a baby rabbit, and a squeaking little chick that was just born - all these creatures exuded not just beauty, but Divinity that man could not comprehend.

We see so much beauty in human beings. But we don't realize the beauty that dwells within. This is because we do not realize that all the beauty is God, the Divine manifested in all its creations.

Those who go in quest of God are fortunate to discover this mantra - *Satyam Shivam Sundaram*. They Realize that all the beauty around them is God. The beauty appears because of God and when God departs, there is no breath, we call this death! The true seekers of God, realize the truth that beauty is Divinity. They understand that it is God who is beautiful. They discover that when God departs, even the beauty departs. They experience the bliss of *Satyam Shivam Sundaram*.

As they go in quest of the Divine and they realize that God is not a statue or a saint, they experience the Power of God as they realize God in the temple of their heart. They see Divinity in beauty. They see beyond the beautiful

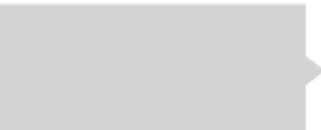
creation of God, the very manifestation of the Divine. They seem to be in a state of constant prayer that goes beyond the ordinary folding of hands to a God in a temple or church. This fulfilling prayer is loving God in everything beautiful around as they experience the Divine in everything that is so breathtaking and realize that it is God who is the wonder that appears everywhere.

This book will change the way you live. It will make you realize that beauty is Divinity. It will make you experience the Divine in everything beautiful. It will make you change the way you pray and what you say when you pray. If you truly love God, you will see God all the time, feel God wherever you are, and experience

Divine love in all the beauty that you see, hear, smell and touch, every moment that you live.

Begin a new life with God, as you discover *Satyam Shivam Sundaram*, 'the Truth is God is Beautiful' and experience Divinity in beauty.

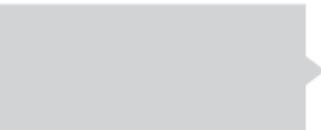
*Satyam Shivam Sundaram,
the Truth is God is Beautiful,
The 'Real' Truth is,
everything Beautiful is nothing but God.*



ARE YOU IN SEARCH OF GOD?

We are all in search of God. But we blindly follow our religion and scripture. Our love for God doesn't create a passion. We don't realize the truth about God. We just live and die, following the myth. If only we realize the truth about God, we will experience eternal bliss, peace and joy.

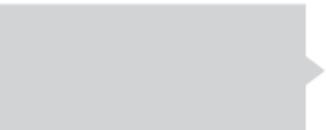
*Many of us are in
search of a God...
Without knowing who,
where and what God is!*



**Who is God,
Where is God,
What is God?**

While God exists, we don't know who, where, and what God is. Because we live following mythological stories, we don't realize the truth. God is not a statue or a saint, God is a Power. God is beyond religion. God is omnipotent - all-powerful, omniscient - knows everything and omnipresent - present everywhere. We cannot find God. We have to realize God. If we want to realize God, we must open our 'real' eyes by going on a quest and realizing the truth.

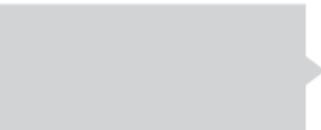
*God defined is God denied.
God is Omnipotent - all powerful,
Omnipresent - present everywhere,
Omniscient - knows everything.*



The Quest

If we want to find God, we must go on a quest. We cannot find God. God must be Realized. Realization is becoming aware of the Truth, just as it is overcoming the myth. When we realize we are not the body that dies, nor the mind, we realize we are the Divine Soul. The Soul in me and in you is a Power that is everywhere. This Power is God.

*It is not enough to believe
in God and have faith.
If we truly love God,
we must go on a quest.*



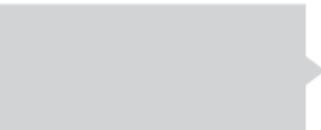
Where does Beauty come from?

We are amazed by everything so beautiful. However, we don't ponder to discover where this beauty comes from. Nature is so beautiful, but what causes it? The birds, the flowers, everything is wonderful! What causes the beauty to suddenly disappear? What Power, when it departs, takes the beauty away? We don't realize that it is the Power that is the beauty itself. We don't realize that beauty is caused by Divinity. We are unable to see the Divine in all the beauty that surrounds us. How can we realize that all this beauty is nothing but the Divine appearing as the beauty we see?



**Satyam
Shivam
Sundaram**

Satyam Shivam Sundaram, the Truth is God is Beautiful. The 'real' meaning of this is that everything beautiful is Divine. Beauty is caused by Divinity. Without Divinity, there would be no beauty. The Divine is the cause, the beauty is the effect. The moment the Divine leaves, life inside something beautiful departs, the beauty disappears. We are amazed by all the beauty, but don't realize it is a reflection of the Divine. Those who realize the truth of *Satyam Shivam Sundaram*, realize God's presence all around them. They experience God in all that is beautiful.



Discover The Truth About God

We search for God everywhere, although God is present right here and now. God is an Omnipresent Power, but we don't realize this. Why don't we experience Divinity in beauty? We are taught fairy tales about God and we are caught in the myth. Though we see beauty is the Divinity that departs at death, we don't realize the truth. The truth cannot be realized through knowledge. *Satyam Shivam Sundaram* can help us discover the truth about God. It starts with Self-realization and goes on to God-realization. Once we realize the truth, we will experience God in everything beautiful.

*God is here. God is present right now,
wherever we are, in everything that is around us.*



The Way to God-Realization

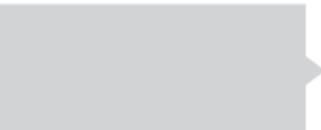
There is a way to God-realization. It starts with believing and praying but has to go beyond just loving God. If we truly love God, we will start seeing God in all the beautiful creation around us. We will experience God's Divine presence in the sun, the moon, the stars, the birds, the animals and the flowers. However, as long as we do not overcome the myth and continue to believe God to be a statue or one who is painted in a picture, we will never realize God. God is a Power that creates all the beauty around us. Unless there is Self-realization of the Power within, there will never be God-realization, realization of the Power that is everywhere, in all the beauty.



Manifestation, Not Creation

This universe must have a Creator, otherwise, how did it come about? Everything is made up of molecules which are broken down into atoms, and finally quarks. The smallest particle of matter, known as quark, is nothing but energy as agreed upon by science. Therefore, all of creation is actually nothing but energy. This energy is nothing but the Divine that manifests as all the beauty around us. All the beauty that appears is not the creation of a Creator, but rather a manifestation. The Divine manifests or appears as all the beauty that we see.

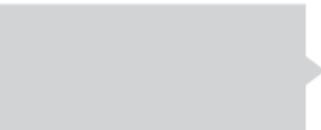
*When we Realize that Beauty is Divinity,
Then, we will see Beauty not as God's Creation,
But as God itself, God's Manifestation.*



Seeing Divinity Beyond Beauty

What causes beauty in everything alive? It is the life energy within. When the life energy departs at death, there is no beauty. We cremate a dead body because it is not the one who was alive. What happens at death? Where does the Soul go? We human beings are ignorant of the Truth. We don't realize that there is a Power within that creates all the beauty. Even scientists and doctors cannot make a dead man alive. The life within us is the presence of the Divine. It is Divinity that causes all beauty.

*When we see beyond the beauty of the skin,
We will Realize the Divinity that is within.*



Realization Creates Bliss

Realizing God in everything beautiful creates a state of *Ananda*. *Ananda* is eternal bliss and everlasting peace. This happens when one lives in a state of *SatChitAnanda*, becoming conscious of the truth. We become conscious of the truth only after the realization that beauty is Divinity. Realization liberates us from the triple suffering. The bliss that comes from realization and liberation is seamless eternal joy. For this, one has to overcome *Maya*, the cosmic illusion. The reward is experiencing the Divine within, and all around us. This leads to a life of ecstasy without any sign of negativity.

*The moment we Realize Divinity in Beauty,
We attain a state of eternal Joy.*

Living With God

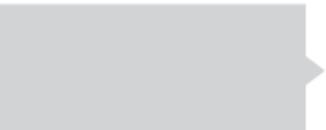
We have a choice. We can go on searching for God or realize God. Once we realize God, we live with God all the time. God is everywhere, in everything. Realization makes us conscious that only God is, there is nothing else. Everything is a manifestation of God. It is God-energy appearing as you and me. When we see beyond the skin, then we realize God who is within. This makes us live in the ever-presence of God. We continue to live in God's presence, till at death we are liberated and united with the Divine. This is our ultimate goal.

*Instead of searching for an unknown God,
Why not live with the God
who lives in the temple of our heart?*



The Purpose of Life

The ultimate purpose of life is to be liberated from this world and to unite with the Divine. Liberation comes from the realization of the truth. For this, we must be enlightened that God is everywhere, in everything. If we experience the Divine in everything beautiful, we start our journey of *Satyam Shivam Sundaram*. We then live a life of pure bliss, as we become conscious of the Divine and are ultimately united with God. This is the purpose of our life, to evolve from achievement to fulfilment and finally attain enlightenment, realizing God within and in all the beauty around us.



My Journey from Experiencing God to Realizing God

I too started my journey with God, praying in a temple. My faith and my love led me on a quest, to Realize the Truth about God. I realized that God is everywhere, in everything. Even science endorses that every atom in this universe is nothing but energy. What is this energy? It is God -energy! It is Divinity appearing as beauty in you, in me and in everything beautiful around us. I Realized *Satyam Shivam Sundaram*, the Truth is God is beautiful. Today, I live with God, experience God all around me, in everything beautiful! If only we realize the truth of *Satyam Shivam Sundaram*, we will experience God's Divine presence every moment that we live!

***I used to Pray to God as a statue,
And believed God could be a Saint,
till I Realized that God was in everything
beautiful that any artist could paint.***

ABOUT THE AUTHOR - AiR

AiR – *Atman* in Ravi, is an Embodied Soul whose only mission in life is to 'Help People Realize the Truth'. He was born in Bangalore on October 15, 1966 as Ravi V. Melwani. At a very young age, he mastered the craft of business and revolutionized retailing in India. After making millions, he realized that life is not just about making money. He shut down his business at the age of 40 and started making a difference doing H.I.S. work – Humanitarian, Inspirational and Spiritual work.

As a part of the Humanitarian initiative 3 charitable homes were set up to provide free medical treatment and

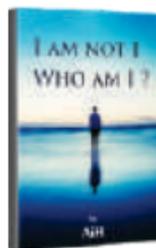
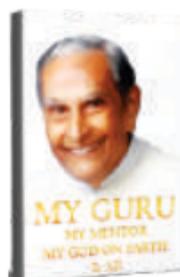
care to over 600 suffering homeless people. AiR also built Shivoham Shiva Temple in the year 1995 in Bangalore though AiR now believes that people should go beyond religion to truly realize God. Inspired by his Guru, Dada J.P. Vaswani, AiR went on a spiritual quest to attain Enlightenment.

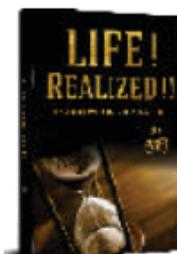
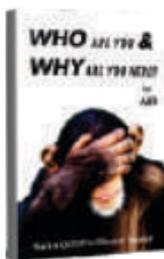
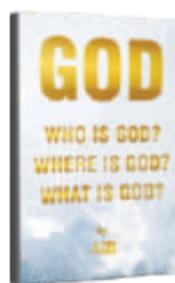
After a few years of intense search in retreat, he realized that we are not this body. We are the Soul, the *Atman*. He metamorphosed to AiR - *Atman* in Ravi, gave up his entire life as Ravi V. Melwani and started living as an instrument of God doing His Divine Will. He lives his life with just one mission - to help people Ask,

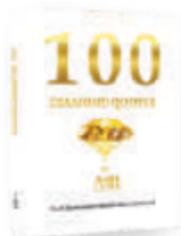
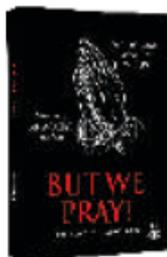
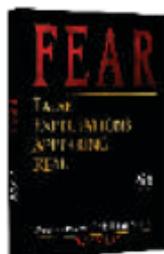
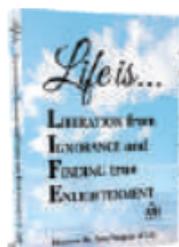
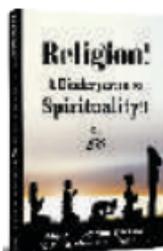
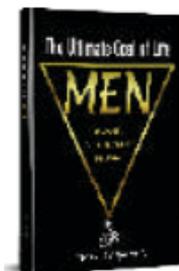
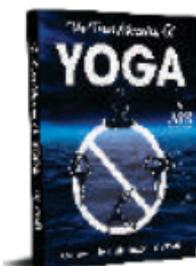
Investigate, and Realize the Truth. Based on his realizations, AiR has published over 32 books, composed and sung about 1115 bhajans, written several blogs, quotes, and poems. He is a TEDx speaker and is also invited to speak at several organizations like YPO (Young Presidents' Organization), Rotary Club, Lions Club, and at many corporates, schools, and colleges. He conducts AiR Spiritual Retreats and webinars every week on Zoom and Facebook Live to help people realize the ultimate purpose of their life. Being blessed with everything, he seeks nothing except to fulfil this mission of life.

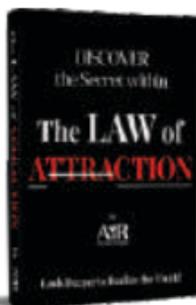
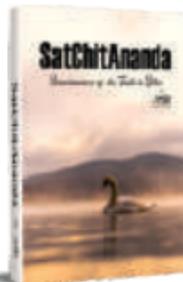
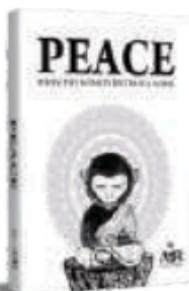
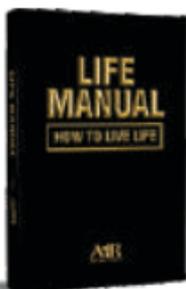
AiR has authored several books on various topics related to Life, Happiness, God, Spirituality, Karma and many of these books are also available as concise booklets.

BOOKS BY AiR



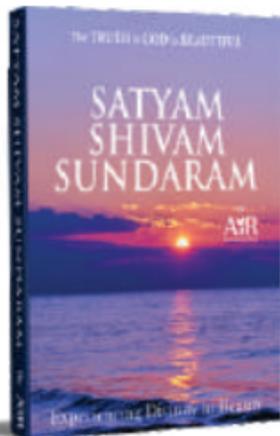






SATYAM SHIVAM SUNDARAM

This book, based on the ancient and beautiful chant *Satyam Shivam Sundaram* will help us realize a profound truth, that Beauty is Divinity. The book reveals the meaning of the powerful *mantra* - The Truth is God is Beautiful. It makes us experience and see God in everything beautiful. Everything that seems beautiful, is beautiful because of the Divine. The moment the Divine departs, the beauty also departs. This book will help us Realize the Divine in the very Temple of our heart. It will change the way we pray. It will help us build a closer connection with God and make us experience *Ananda*, Eternal Bliss and Everlasting Peace.



SATYAM SHIVAM SUNDARAM

Satyam Shivam Sundaram - This chant will transform your life. Whether you are in search of God, or in search of bliss and peace, or in search of the ultimate meaning and purpose of life, this book has the answer.

It will make you realize a profound truth; it will make you experience God all the time, all around you as you realize Divinity in all the beauty of this universe. This book will open your 'real' eyes and make you see God, experience God, and realize the Divine in the very temple of your heart. It will help you build a closer connection with your Lord and make you experience *Ananda*, eternal bliss and everlasting peace.

Come, start your journey to God. Discover the truth as you overcome the fairy tales you have been taught. Once you realize the truth that God is in everything beautiful, you will experience the Divine all the time. You will realize God within and everywhere, as you live a life of bliss, joy, and peace. You will discover the fountain of Divine love in all that is beautiful.

For more information on AiR booklets
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