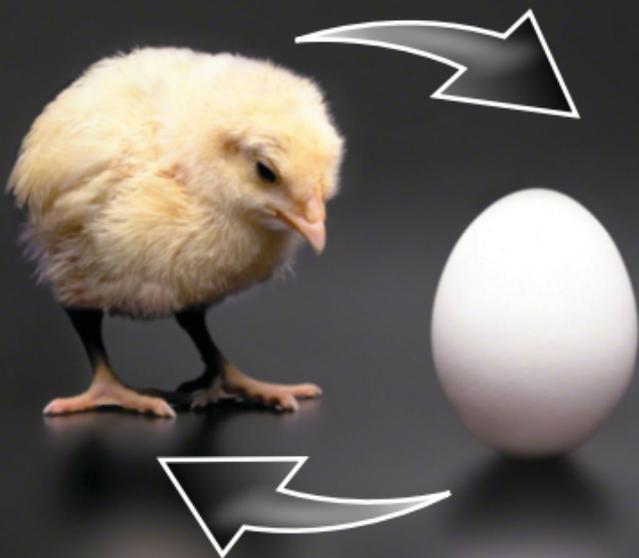


*What came first?*



*Chicken*

*or*

*Egg?*

*by*

**AiR**



*Chicken*   
*or*  
 *Egg?*

by  
**AiR**

# PREFACE

When people get into a casual discussion, they joke “What came first – chicken or egg?” and all kinds of jokes are cracked to confuse the question itself. The fact is that they do not have an answer! Nobody has an answer. Because to get an answer to this question, one has to realize the truth of life and the truth of who we are and who God is. And this is not something that comes about in a casual discussion as the common man does not have an answer. All discussions lead to a final statement

that “We don’t know what came first!” While we may state some smart analogies, it does not answer the spiritual question of what actually came first – the chicken or egg.

The answer to this question will lead one to the realization of truth about self and God, which can lead one to Liberation, Enlightenment, Moksha or Nirvana.



## Chicken or Egg What came first?

What came first – the chicken or the egg? If one says chicken, the next question would be “Where did the chicken come from?” Of course, the egg! But where did the egg come from? If the egg came first, then there must have been a chicken. Where did that chicken come from?

Do we have answers?

Similarly, the tree came from a seed, but the seed came from a tree. So what came first?

While this is an interesting question,

why should we ponder on it? By contemplating, we can understand the whole mystery of creation. It can be a great insight to the deep understanding of the relationship between an individual, the creation and the Divine.

How are we born? Where did we come from? Of course, we were born from our parents, but what about them? How did our forefathers come about? The process maybe known to us, but what gives life is still a mystery!

Scientist believes that the creation started with the “Big Bang”. But no

scientist is able to say how the Big Bang happened.

How could the whole universe appear as a Big Bang, without a Creator? Is it possible for the mountains and the trees, the rivers, the clouds, the birds and the animals, the plants and the trees, and the insects and the human beings, each unique in its own way to have appeared without a Creator or a Power?

It is said that once long ago, when a scientist was speaking to a spiritual leader, the scientist refused to accept from the spiritual leader that there was a God who created this amazing universe. As the scientist was leaving

the spiritual leader's house after one of the discussions, he saw a very interesting semi-precious globe kept on the table of the spiritual master.

So, he asked the spiritual master, "Sir, this ornate globe is so beautiful. Where did this come from?"

The spiritual master looked surprised and said, "Well, I don't know. Which globe are you talking about? This globe on my table just appeared on the table. I don't know where it came from!"

So, the scientist was quite annoyed and asked the spiritual master, "How can you say that you don't know

from where this beautiful globe came on your table? This is your house and this is your table. You should know where the globe came from.”

With a smile, the spiritual master replied, “Why should I know where this globe came from when you are refusing to accept that this whole globe of universe came from somewhere. You are questioning that this globe must have a manufacturer, or a creator or sender who got it to my table. But you are not ready to accept that the whole globe, which is the Earth, should also have a Creator. It could not come from nowhere.”

The scientist was humbled. He realized that something cannot be created out of nothing. Therefore, there must be a truth behind who is the Creator of this universe.

While science and mythology offer different explanations to support the stories of creation, the age-old ancient Hindu scriptures reveals the truth that the entire creation did not have a starting point; it is just a simultaneous manifestation of the Supreme Energy!

Just like bubbles in water that rise and disappear, the world appears from God and disappears back into

God. Nothing is created. Everything is a manifestation of God. The entire world of things and beings is only a mental projection. God appears as the entire universe, and therefore it is God that exists in everything.

It is said that God wanted to be manifested into various beautiful creative beings that led God to think “*Ekoham Bahusyam*”, which means “I am one; let me be many”, and so in a flash, the whole world appeared as a manifestation of God.

Therefore, God created the universe as a manifestation of Himself. God has manifested Himself into the

beautiful creation. If we believe that everything in the universe is a manifestation and the manifestation is from the Creator himself, then every part of this universe is a God particle manifested as a human being, a tree, a bird, a fish, the clouds, the mountains, the sun, the moon, and the stars. Hence, there is energy inside me, inside you, inside the flower, birds, trees, mountains and rivers, and inside every matter. This energy is nothing but God! The entire creation is the microcosm of the macrocosm that is God. Everything in the creation is united or connected with one energy or power called

consciousness.

So, as one of the Mahavakyas in the Upanishads state – Prajnanam Brahma – “Everything is Brahma”. It is because of this sacred belief that people worship the sun, the trees and the rivers.

Just like electricity comes from one source and gives light to the bulb and power to the air conditioner and other gadgets, whatever we see around us; animate or inanimate is powered by that one source manifesting in all. Without this power, none of these things would function or exist.

Those who go deep within to realize the truth understand that there is a Master, a Creator, who has created all these magnificent creations as a manifestation. For a realized soul, the creation becomes the Divine's play. He sees Divinity all around, in every being and in everything.

One who has realized the truth of Neti Neti (Not this Not this), Tat Twam Asi (Thou are that), it just follows like links in a chain – which means that one who realizes that one is not the body or the mind ultimately understands the truth that one is the Divine Soul. He no longer wonders what came first, the chicken

or the egg. He lives and rejoices in the truth that the whole world is a manifestation of God!

*“You are not a drop in the ocean. You are an entire ocean in a drop” – Rumi*

## About AiR

While the dictionary may define air as an invisible gaseous substance surrounding the Earth, AiR – the author of this booklet – is spiritual seeker who has set out to find the truth about life. The name AiR came about because AiR transformed from Ravi V. Melwani to RVM and then metamorphosed into “Atman in RVM”. The acronym of Atman in RVM is AiR, and thus he is called AiR.

Born as Ravi V. Melwani, he was a very successful businessman who revolutionized retailing in India with the stores – Kids Kemp, Big Kids Kemp and Kemp Fort. After making millions, he

realized that life is not just about making money. He shut down his business, transformed his life to RVM and started making a difference with H.I.S work – Humanitarian, Inspirational and Spiritual work.

His objective was to “Make a Difference” in this world before his journey was over. He was the happiest man on Earth living the RVM Philosophy of “To Rejoice, Value Life and Make a Difference”.

However, one day, several questions and thoughts flashed in his mind: What is the purpose of life? Is life just meant to seek happiness and to live and die without any purpose? What happens after death? Will

we be reborn? Where is God? Where is Heaven? Are we the Soul? What is Enlightenment? Several questions like these took him on a Talaash, or a search for the truth.

After a few years of intense search in silence, deep in the mountains, he realized that we are not this body, but we are the Atman, the Soul. Thus he changed his name for the second time from RVM to AiR – the Atman in RVM (the Soul in RVM) – as realization dawned upon him that we are not this physical body, but we are the Atman. He metamorphosed to AiR and gave up his entire life of RVM. He started the study of Atman, God and life. This led to several realizations that

formed the mission of life – to realize God and to help Seekers realize God.

As RVM, AiR had built a Shiva Temple in the year 1995, which attracts millions of visitors all around the year. As AiR, he now believes that Lord Shiva lives in the temple of our heart. The temple in Bangalore is now called Shivoham Shiva Temple. Being a devote believer in Lord Shiva for long, he now believes that religion is just a kindergarten of spirituality, and we all have to go beyond religion to truly realize God.

## AiR BOOKLETS

AiR booklets are small, easy-to-read booklets for Seekers who want to realize the truth about God, life and themselves.

Who are we? Where did we come from? What is the purpose of life? Where is God? Where is Heaven? Is Rebirth real? Does the Law of Karma exist? What about the Soul? What is Enlightenment?

These AiR booklets attempt to clear such doubts and answer questions about God and life that many people have in their mind and also help

Seekers to move forward on the path  
of self-realization.

This booklet is not about chicken or egg and what came first, but it will answer questions about life that remain unanswered to people throughout their entire life. This interesting booklet will help you realize the truth of who you are and how to realize God.

For more information on AiR booklets and AiR, please visit [www.air.ind.in](http://www.air.ind.in) or  9739522222.