

**God is Everywhere,
in Everything!**

POSIEMOM

**Particle Of SIP,
the Supreme Immortal Power,
In Every Molecule Of Matter**

By
AiR
Atman in Ravi

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PREFACE

What is POSIEMOM? It is an acronym that means Particle Of SIP, the Supreme Immortal Power, In Every Molecule Of Matter. To understand POSIEMOM, we must first understand SIP. SIP is the Supreme Immortal Power. SIP is God. Unfortunately, we do not realize the truth about God. We pray to a statue in a temple or a church. Very few of us go in search and realize God in the temple of our heart. When we realize we are not the body and mind, we are the Divine Soul, the Spark Of Unique Life that gives us breath from birth to death, it is then we realize that we are nothing but a manifestation of the Divine. We are all SIP, the SOUL, the Power within, not the person that appears to be in bone

and skin. SIP is not only within us, but also in other living beings. Not only is the Power of SIP in the animate but also in the inanimate.

That is why every molecule of dead matter when examined under a microscope, reveals the presence of energy, a Power. This is neither a secret, nor a mystical statement. It is the truth. Matter is nothing but energy and it is energy that becomes matter. Therefore, everything is energy. But what is this energy? This energy is SIP, the Supreme Immortal Power.

GOD – WHO, WHERE, WHAT?

Most of the world believes in a God. Some believe that God is *Jesus* and some believe that God is *Krishna*, *Shiva* or *Ganesha*. There are hundreds of religions and thousands, if not millions of Gods in the world. But is God, truly God? Are there so many Gods, in reality? If there is only one God, as many believe, then who is that one God? There are so many different theologies and philosophies that the subject of God is full of confusion. There is no conclusion! One thing is for sure that God exists. We may not know God or find God but we cannot deny the existence of God. This beautiful world and the laws of the universe, you and me, millions of creatures are proof that God exists!

GOD IS SIP

Why should we believe that God is SIP, a Power? First, we must use our common sense to realize that there is only one Supreme God that has created this entire universe. It is not possible for God of one religion to create earth and another religion's God to create the skies. All of creation is one amazing magic created by one God. We may call that God by different names and we may fight in the name of God and religion, but this is utter foolishness because the truth is that God is one. Many wise saints have said this over the centuries, but instead of understanding and believing it, we make that Saint a God after he dies and his followers start another religion. The truth is that

everything and every being is a manifestation of the Divine. Everything is beautiful because of the Divine. This is the truth enunciated by the chant, *Satyam Shivam Sundaram*.

*God is Not Just a Statue,
Who lives in a Temple or Church.
Who, Where and What is God?
When will we Start our Search?*

GOD IS POSIEMOM

Those who seek God, who yearn deeply for God and go on a quest, realize God. They realize that God is birthless and deathless. God is the Power in you and me. God is the very essence of all existence. Every molecule of matter appears to be matter, but in reality, it is the Power of God, SIP, the Supreme Immortal Power. This entire universe is a manifestation of the Divine. This is extremely difficult and practically impossible for any human being to understand and accept. But this is the truth. God is that Supreme Power that is the 'cause'. Everything else is just an 'effect'. God is the cause. Every molecule on this earth, every wave of the ocean, every particle in the atmosphere has the Supreme Immortal Power in it.

SCIENCE AND POSIEMOM

Recently, scientists conducted an experiment to find out what, in essence, is this universe made of. In one such experiment, they discovered that the tiniest particle of matter was actually, not matter. It was energy. But scientists do not understand that this energy is nothing but Power, the Power of the Supreme. They understand that a particle of matter is made up of energy, but they do not understand that it is SIP, the Supreme Immortal Power that is manifesting as this energy. The day science accepts energy as the Power of the Divine, science and spirituality will become one.

The world believes that everything is made up of five key elements – earth, water, air, fire and space. It is not difficult to understand what earth is. It is the solid

material that everything is made up of. Water is a liquid. Then, there is air that is invisible. These three elements are easy to comprehend. What is fire? Fire is the Power, the energy in every molecule, animate or inanimate. When a living creature that is made up of earth, water and air has fire or life in it, it becomes alive and occupies some space. Thus, all matter is said to be composed of these five basic elements. Everything on this planet is further broken down into molecules, atoms, electrons, neutrons, protons and science has discovered the smallest of all such particles called the 'quark'. This quark was converted from a particle of matter to a wave of energy in an experiment. At first, scientists were baffled as to how this could happen. Was it Divine intervention that the wave of energy returned to form the particle of

matter as they observed? Scientists called this the Wave-Particle Duality because the particle became a wave and then the wave became a particle again. What assisted the scientists was a scientific law on energy that we learned in school. The law states, 'Energy can neither be created or destroyed. It can only be transformed from one form to another.' Therefore, every molecule of matter, in reality, is nothing but energy. This scientific statement has developed into a huge branch of science known as Quantum Physics and Quantum Mechanics. Thousands of years ago, the sages of Sanatana Dharma, an ancient faith, which was in itself not religious, stated that everything in this universe is not what it appears to be - '*Neti Neti*' or everything that we see is energy, '*Tat Twam Asi*' or you are that energy in everything.

SIP AND THE SOUL

Most of us believe that there is a Power within us, the Power of life. We do not deny that this Power departs at death. Death is the departure of the Soul. What is the Soul? The SOUL is the Spark Of Unique Life. Where does the SOUL come from? The SOUL comes from SIP, the Supreme Immortal Power, just like the electricity that gives light to a bulb comes from a power station through our main switch. It is one electricity that gives power to the bulb, television, laptop, air conditioner and other gadgets. Just like the same electricity energizes different gadgets and appliances, individually and separately, SIP, the Supreme Immortal Power gives life to us individually as the SOUL, the

Spark Of Unique Life. We must not be confused that SIP manifests both as POSIEMOM and the SOUL.

At first, SIP appears in every molecule of matter. But these POSIEMOMs are not animate. They are not alive. When a bunch of molecules are put together and given life through the Power of SIP as the Soul, there is birth. Without the Soul, there cannot be birth. SOUL is the Spark Of Unique Life, the Power of SIP that is unique and different, in you and me, in the butterfly and the tree, the dog and the frog. Each living creature has a unique Soul, from birth to death. The Soul gets its Power from SIP. It is the same Power in every living creature, but as long as it is in one living being, it is 'unique' to that being. 'My SOUL is

different from your SOUL.' When 'my Soul' departs, my body will die. But you will continue to live till 'your Soul' gives you life. Our Souls may seem to be different as long as we are different bodies, but in essence, the Souls are all one, part of SIP, the Supreme Immortal Power. Animate beings have Soul, life energy that makes them come alive and then die. Animate beings are governed by the Law of Karma, though only human beings create Karma. Other beings like animals, birds, fish only seem to be redeeming Karma. Inanimate objects do not have Soul. But they are SIP too, they are POSIEMOM but they have 'no Soul'.

HUMAN SOULS AND OTHER SOULS

What differentiates the matter that seems to be dead and a living creature that seems to be alive? It is the Soul. SOUL is a Spark Of Unique Life, that causes a living organism to be born, breathe and grow, till it dies. There is a SOUL in every living creature. The living creature lives and dies. But the Soul does not. Most of us have not understood that the 'Soul in you' and the 'Soul in me' is the same Power. It comes from SIP, the Supreme Immortal Power. But as long as it is in us, it is a unique source of Power of our life. Each living creature is created in a way that it arrives and departs from the planet and remains here for a span of time that has been decided by SIP, the Supreme Immortal Power.

Is the Soul, therefore, different in you and me, in bee and a tree, in a dog and a frog? No, it is the same Soul. How does one become a human being, an animal, a bird or an insect? While there is no physical proof, but through inference, we realize that based on our Karma, our deeds, we are born as another species. The body dies, but the mind and ego, the ME, is powered by a Soul to settle its Karma, the deeds and ultimately, return to a life of a human being. It is only a human being that creates Karma. The other species are only redeeming or settling their past Karma. The other living creatures are not blessed with the intellect. They have no power to choose. They create no Karma. But they are alive. What gives them life? What is the

purpose of their existence? There are two possibilities - either there is no purpose to their existence and they are just special effects or paraphernalia created to decorate this planet or every living creature has been created to suffer its deeds.

*Is there a different Soul
in You and Me?
Is there One Soul
in the Bee and in the Tree?
Soul is a Power, it gives Life,
it causes Birth,
In Humans and Everything Alive
on this Earth.*

THE SOUL IS IMMORTAL

The Soul never dies. At death, only the body dies. Then either of the two things can happen. If we have realized the truth, if we have attained Enlightenment, then we are liberated from the Karmic cycle of death and rebirth and we become one with the Divine. If we are ignorant about the truth, the Mind and Ego is reborn to redeem unsettled Karma. Until we will realize the truth, we will be reborn. The Soul is immortal. When we realize that the Soul is immortal, we also realize that the Soul is SIP. Only SIP is immortal. No 'body' is immortal. Even though we clearly understand death and the departure of the Soul, we do not realize that we are that Soul, that breath, that life that departs and causes

death. This is ultimate secret of life – to realize we are the immortal Soul.

*The Soul is Immortal,
it Comes and it Goes.
It is with this Power that
a Human Grows,
We are Not the Mortal Body that
is Sure to Die,
Ignorant that we are the Immortal Soul,
at Death, we Cry.*

REALIZE GOD WITHIN

What is our ultimate goal? It is to realize God. It is to realize the truth that God is SIP, the Supreme Immortal Power. God is not somewhere far away in a distant heaven. God is within us. We have to realize this. Unfortunately, we have grown up believing in so many fairy tales about God. We have been told of the many Gods that exist, when in reality, God is one Power, a Power that is everywhere, in everything. Once we realize the truth that God is the SOUL, the Spark Of Unique Life that gives life to every living creature and once we realize that God is the Power in every molecule of matter, we reach that ultimate Realization that everything is God, everything is SIP and there is

nothing else. This world is an illusion, a *Maya*. Everything in this illusory world is a manifestation of the Divine. This is the ultimate truth and our goal is to realize this truth.

May this book help you realize God. May it take you closer to feeling the Divine presence everywhere, in everything and in every moment that you live.

*God is Not a Person
made of Bone and Skin,
God is the Soul in You and Me,
the Power that Beats Within,
God is in Every Particle,
the Sun, Moon and Stars,
God is in the Stones,
even as God is in the Flowers.*

ABOUT THE AUTHOR - AiR

AiR - *Atman* in Ravi, is a Realized Soul whose mission in life is to 'Help People Realize the Truth about Life and be Enlightened'. AiR's journey of material achievements lasted for a good 25 years, as he went from one peak of success to another. He had revolutionized retailing in India with the iconic megastores - KidsKemp, Big KidsKemp and Kemp Fort. But after making millions, he realized that life is not about making money, attaining fame and success. He shut down his business when he was 40 and started making a difference doing - Humanitarian, Inspirational and Spiritual work. AiR opened three destitute homes spread across Bengaluru, that today, take care of over 800 homeless and needy people - their

food, clothing, medicines and hospitalization. They are a part of the AiR family!

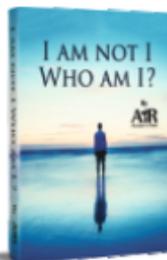
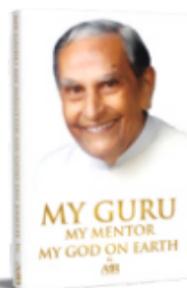
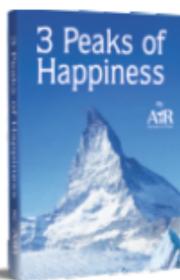
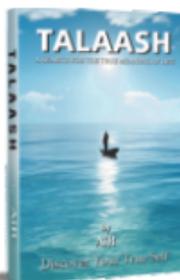
Like anybody else, AiR started his life being religious and he founded a Shiva temple in 1995. Subsequently, he realized that God lives in the temple of our heart and he changed the name of the temple to Shivoam Shiva temple. Now he doesn't pray TO Shiva, but prays THROUGH Shiva, to SIP, the Supreme Immortal Power that is nameless and formless, birthless and deathless. The Power of the Divine that is everywhere, in everything.

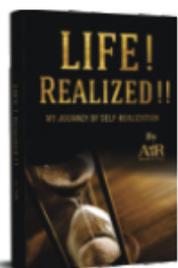
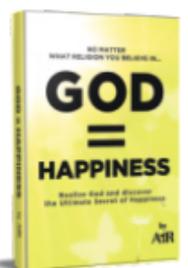
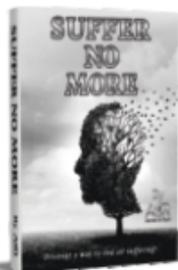
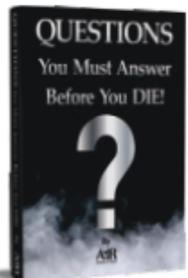
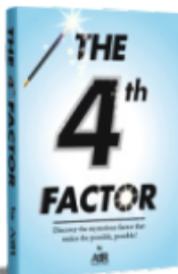
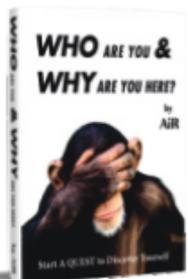
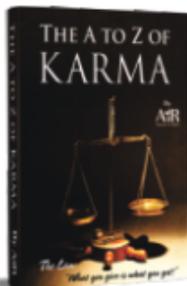
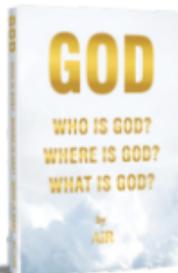
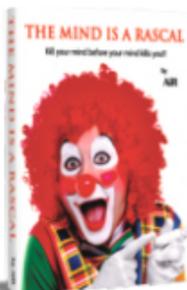
AiR has only one mission in life - to help people realize the truth, to be enlightened, by overcoming the ignorance that we all grow up with.

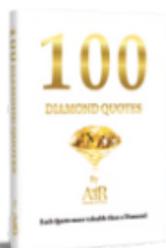
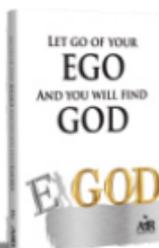
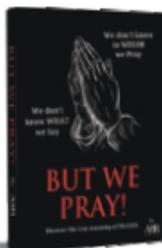
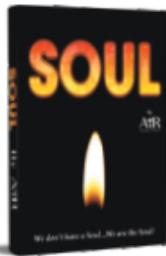
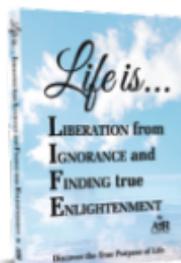
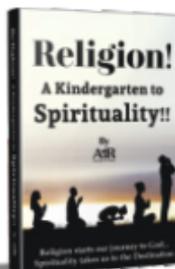
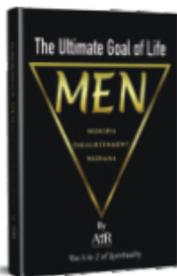
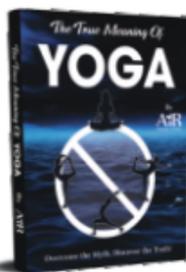
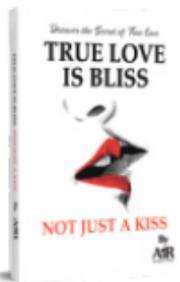
Based on his Realizations, AiR has written over 65 books, composed and sung about 1400 Bhajans, written several blogs, quotes and poems. AiR conducts Spiritual Retreats and organizes talks to help people evolve on their spiritual journey. He is a TEDx speaker, and is also invited to speak at several organizations, corporates and universities. He conducts webinars every day on Zoom, Facebook and Insta Live to help people realize the ultimate purpose of life. AiR talks about how success cannot lead to happiness; only happiness can lead to success. To him, happiness has three peaks – Achievement, Fulfilment and the ultimate peak of Enlightenment where one is liberated from all misery and sorrow. In AiR's own words,

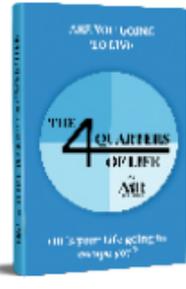
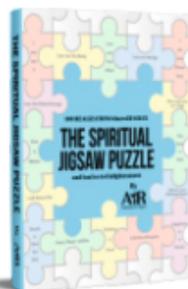
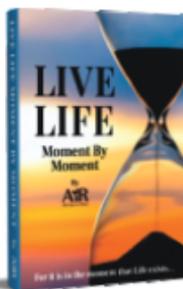
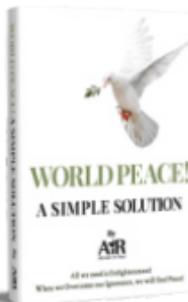
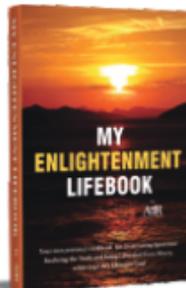
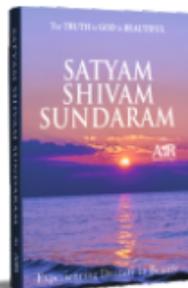
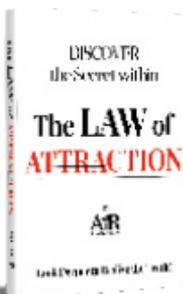
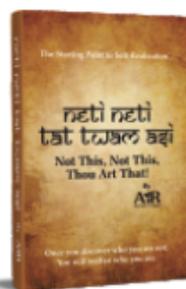
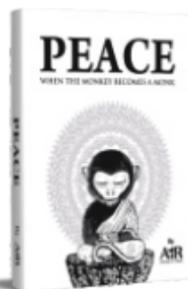
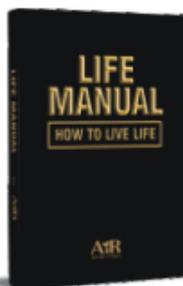
*Started with Nothing,
Became Something...
Achieved Everything,
Only to Realize
We are Nothing!*

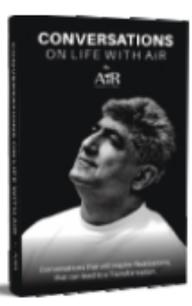
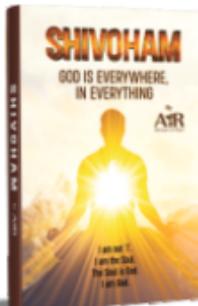
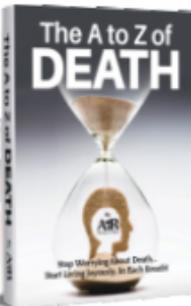
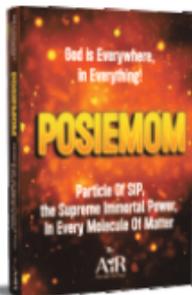
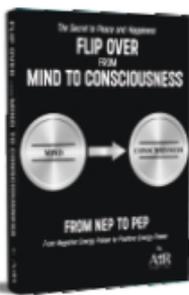
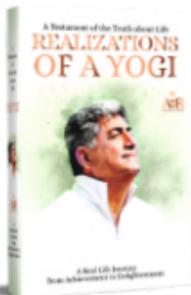
BOOKS BY AiR











If you have any questions on Happiness, Suffering, Life, Death, Rebirth, *Karma*, Liberation, Enlightenment or anything related to Spirituality, you can ask them directly on

Ask AAR

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ARE YOU IN SEARCH OF GOD? THIS BOOKLET HAS THE ANSWER. IT WILL HELP YOU REALIZE GOD.

While we struggle to understand who God is, where God is, what God is, most of us have no doubt that God is. We believe that there is a God, but who, where, what? We want to find God. But we cannot find God. God has to be realized. For this, we have to open our real eyes. We have to overcome ignorance and be enlightened with the truth. First, we will have Self- Realization, we will realize God as our SOUL, the Spark Of Unique Life. Then we will realize God is SIP, the Supreme Immortal Power that is POSIEMOM, the Particle Of SIP, the Supreme Immortal Power, In Every Molecule Of Matter. This book will take you step by step to God. You will realize God everywhere, in everything and you will live in the ever presence of the Divine.

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