

A person is walking away from the viewer down a long, straight path that stretches into the distance. The path is flanked by tall, thin trees on both sides, creating a tunnel-like effect. The lighting is warm and golden, with a very bright, glowing light source at the far end of the path, creating a strong lens flare and illuminating the scene. The overall mood is one of hope, journey, and seeking.

**Do you  
want to be a**  
*Seeker?*

by  
**AiR**



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# PREFACE

Who is a Seeker? In today's world, it is rare to find a Seeker. People are so busy in this world, or samsara, and its illusion, or maya, that you rarely find a Seeker. There are many people who believe in God, who go to temples, who perform poojas, who make offerings to God, who even give donations to God, and further those who create statues of God out of marble, silver, and gold. They are willing to do anything for God, but think about this – does God need

gold, diamonds, and ornaments from His devotees? No. God needs a true Seeker!

A Seeker is one who truly seeks God from the depth of his heart. A Seeker is one who truly loves and wants God. A Seeker is one who has no other desire, but God. With this deep love and longing for God, the Seeker tries to find the truth – Who is God? What is God? Where is God? A Seeker asks questions that leads him on the path of the truth and ultimately leads him to God.



# DO YOU WANT TO BE A SEEKER?

*“Whether one moves slowly or with speed, the one who is a Seeker will be a Finder” – Rumi*

How many people are Seekers? How many people are searching for answers? Who is a Seeker?

A Seeker is one who is not satisfied living with pleasure and momentary happiness and wants to understand the purpose of life. Such a person does not stop with what the world

offers. He wants to know - Where are we actually born from? What happens after death? Who is God? Where is God? What is the purpose of life? Is there life after death? Is there a Soul? What is Enlightenment? How should we live? What is good? What is bad?

A Seeker constantly seeks answers to such questions about life. Everybody is not a Seeker. In fact, most people are not. Most people live in their comfort zone. They are so comfortable living their life that they do not want to ask questions because asking questions is stressful. Because it starts the mind on a

turbulent journey, to find answers. Therefore most people prefer to do otherwise - just relax and live life. They just continue to live traditionally, as life has taught them to live. They do not want to ask questions; they do not want to seek answers. They just want to live, to exist till they die.

Our minds have been conditioned with many wrong things like God is a statue, and the mythological stories have given a picture of how God looks like. We are limited to the ways of worship and rituals and our prayers are either a way to achieve something or a result of fear. Spirituality in life

is mostly reserved to these set practices which we continue and pass on to generations. While a believer continues with the conventional ways, a Seeker is one who gets into self-inquiry.

When one wants to be a Seeker, one lives differently. One looks up to the sky and asks – Where do these planets come from? Where did the sun, moon and stars come from? What came first – the chicken or the egg? I was born from my mother but finally who gave birth to my forefathers? Such questions which do not have easy answers start the journey of a Seeker. A Seeker starts

seeking answers about God, heaven and the universe. They want to find the truth. They want to understand what life is, what God is.

It is the inquisitiveness about the basics of life that leads one to be a Seeker and to find a higher purpose in life. It is by asking questions and genuinely seeking the answers that can truly add value to one's life.

Many of the great spiritual masters cared to ask such simple yet profound questions about life and God. And due to their genuine search they progressed and dived into the depths of truth and reality. Hence, all masters have stressed the

importance of being a Seeker to start the journey of Self-realization and God-realization. Being a Seeker is the start of one's journey towards Enlightenment and Liberation.

One of the great saints of the past, Ramana Maharshi's teachings are based on the very intriguing question, "Who am I?" Once one realizes who they truly are, the rest of life's questions become more understandable and logical on the path. This is the principal way to self-inquiry to reach the pinnacle of knowledge. This is also called Jnana Yoga – Union with God through knowledge.

One often sets out as a Seeker when one goes through pain and suffering which is inevitable in life. Pain and suffering makes one seek the real purpose of life, the meaning of life and the existence of God. Whereas, a Seeker also can be born after leading a life of achievement and fulfillment and having understood the nature of temporary happiness gained out of the materialistic world. This leads to a search for everlasting happiness.

No matter how one becomes a Seeker, one undoubtedly requires the grace of God to find answers and also to understand the knowledge received as a result of self-inquiry.

This is the reason why we find that most of the people are stuck to the usual and traditional mode of life. It is said that to bear the seeds of inquiry about oneself, life and God, needs good Karmas and finally with the grace of God, the seeds sprouts into a tree of knowledge bearing fruits of ultimate joy and bliss!

Buddhism started with the royal prince Siddhartha Gautama giving up his royalty to seek the truth of human life. His story is of a king who was transformed to Buddha after taking the path of a sincere seeker which led him to Enlightenment. Buddha advised that one must search

for answers by going deep within oneself.

It is upon oneself that he lights his path towards Enlightenment by self-inquiry. No one can actually make one realize God or lead one to Enlightenment. It is a process of seeking and being steadfast on the path.

One must be open-minded to let life unfold the mysteries of this universe and to understand the importance of this life.

*“What you seek is seeking you.”-*  
Rumi

Along with open-mindedness, humility is also a pre-requisite for starting the path as a Seeker. A humble and sincere Seeker is not far from the Truth.

“The Seeker of Truth should be humbler than dust” – Mahatma Gandhi

The Seeker who can stop his mind from wandering, and is able to go deep within, will realize the truth. The mysteries of the universe and existence start unfolding to a genuine Seeker. They do not have to prove the truth to anyone. They might not be able to express the truth

in black and white. But they realize the truth deep within their heart, in their Soul. The Seeker finds the purpose of life and achieves his true purpose of existence in this world.

The Bible says, *“Ask, and you will receive. Search and you will find. Knock and the door will be opened for you.”*

The choice is yours - to be enclosed within the closed doors of life or to knock and find the truth that lies within!

## **About AiR**

While the dictionary may define air as an invisible gaseous substance surrounding the earth, AiR who is the author of this booklet, is spiritual seeker who has set out to find the truth about life. The name AiR came about because AiR transformed from Ravi V. Melwani to RVM and then metamorphosed into “Atman in RVM”. The acronym of Atman in RVM is AiR, and thus is he called AiR.

Born as Ravi V. Melwani, he was a very successful businessman who revolutionized retailing in India with

the stores – Kids Kemp, Big Kids Kemp and Kemp Fort. After making millions, he realized that life is not just about making money. He shut down his business, transformed his life to RVM and started making a difference with H.I.S work – Humanitarian, Inspirational and Spiritual work.

His objective was to “Make a Difference” in this world before his journey was over. He was the happiest man on Earth living the RVM Philosophy of “to Rejoice, Value Life and Make a Difference”.

However, one day, several questions

and thoughts flashed in his mind: What is the purpose of life? Is life just meant to seek happiness and to live and to die, without any purpose? What happens after death? Will we be reborn? Where is God? Where is Heaven? Are we the Soul? What is Enlightenment? Several questions like these took him on a Talaash, or a search for the truth.

After a few years of intense search in silence, deep in the mountains, he realized that we are not this body, but we are the Atman, the Soul. Thus he changed his name for the second time from RVM to AiR – the Atman in

RVM or (the Soul in RVM) – as realization dawned upon him that we are not this physical body, but we are the Atman. He metamorphosed to AiR and gave up his entire life as RVM. He started the study of Atman, God and Life. This led to several realizations that formed the mission of life – to realize God and to help Seekers realize God.

As RVM, AiR had built a Shiva Temple in the year 1995, which attracts millions of visitors all around the year. As AiR, he now believes that Lord Shiva lives in the temple of our heart. The temple in

Bangalore is now called Shivoham Shiva Temple. Being a devotee believer in Lord Shiva for long, he now believes that religion is just a kindergarten of spirituality, and we all have to go beyond religion to truly realize God.

## **Booklet**

AiR booklets are small, easy-to-read booklets for Seekers who want to realize the truth about God, life and themselves.

Who are we? Where did we come from? What is the purpose of life? Where is God? Where is Heaven? Is Rebirth real? Does the Law of Karma exist? What about the Soul? What is Enlightenment?

These AiR booklets attempt to clear such doubts and answer questions about God and life that many people have in their mind and also help Seekers to move forward on the path of self-realization.

Do you want to be a Seeker? Then, with humility in your heart and bhakti in your soul, bow down to Lord Shiva, surrender yourself to God, and ask for one gift – the gift of seeking – for if you seek, you shall find. If you truly love God, He will appear to you!

For more information on AiR booklets and AiR, please visit

[www.air.ind.in](http://www.air.ind.in)

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