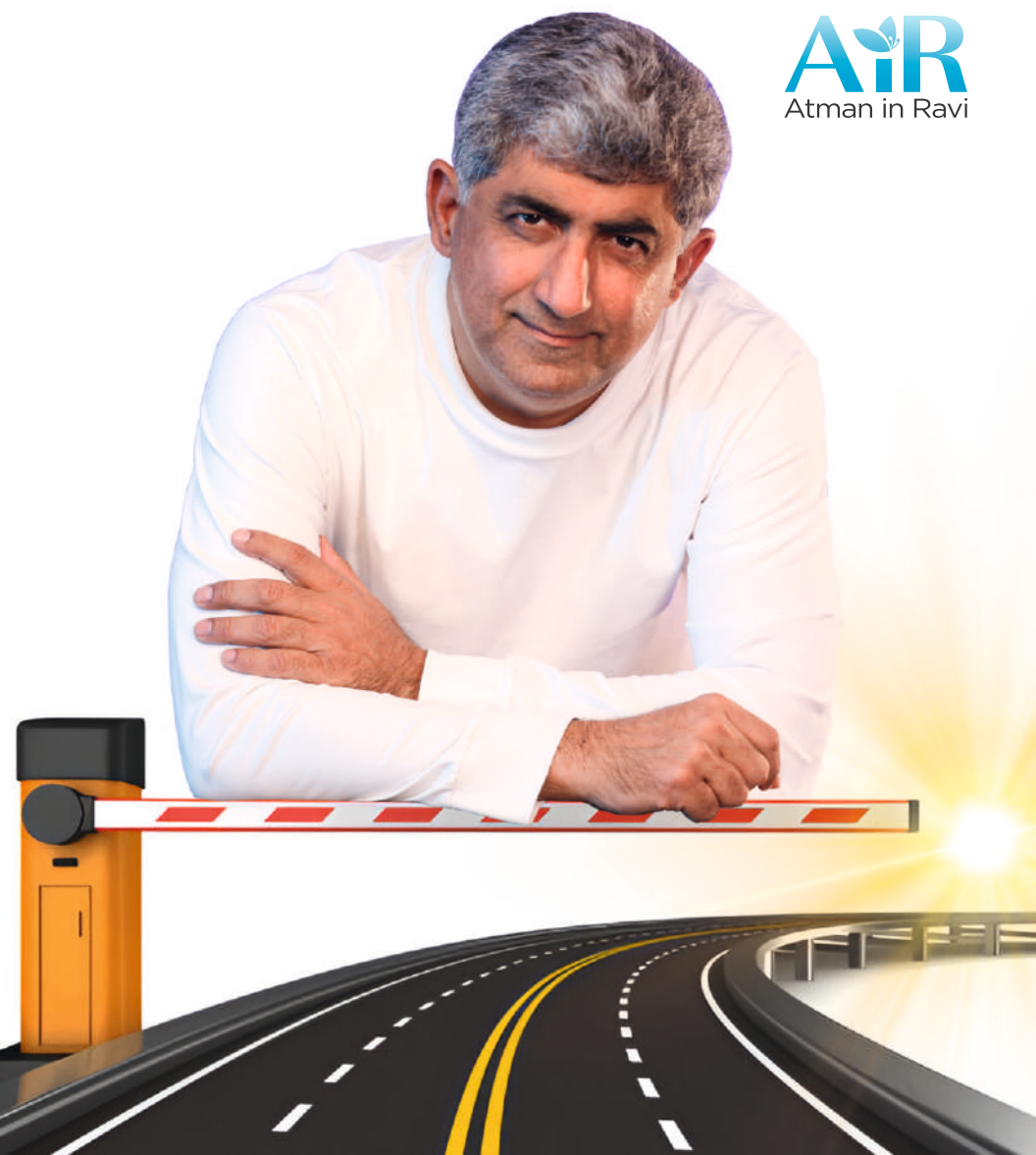


AiR - ATMAN IN RAVI

The 24 ROADBLOCKS to ENLIGHTENMENT

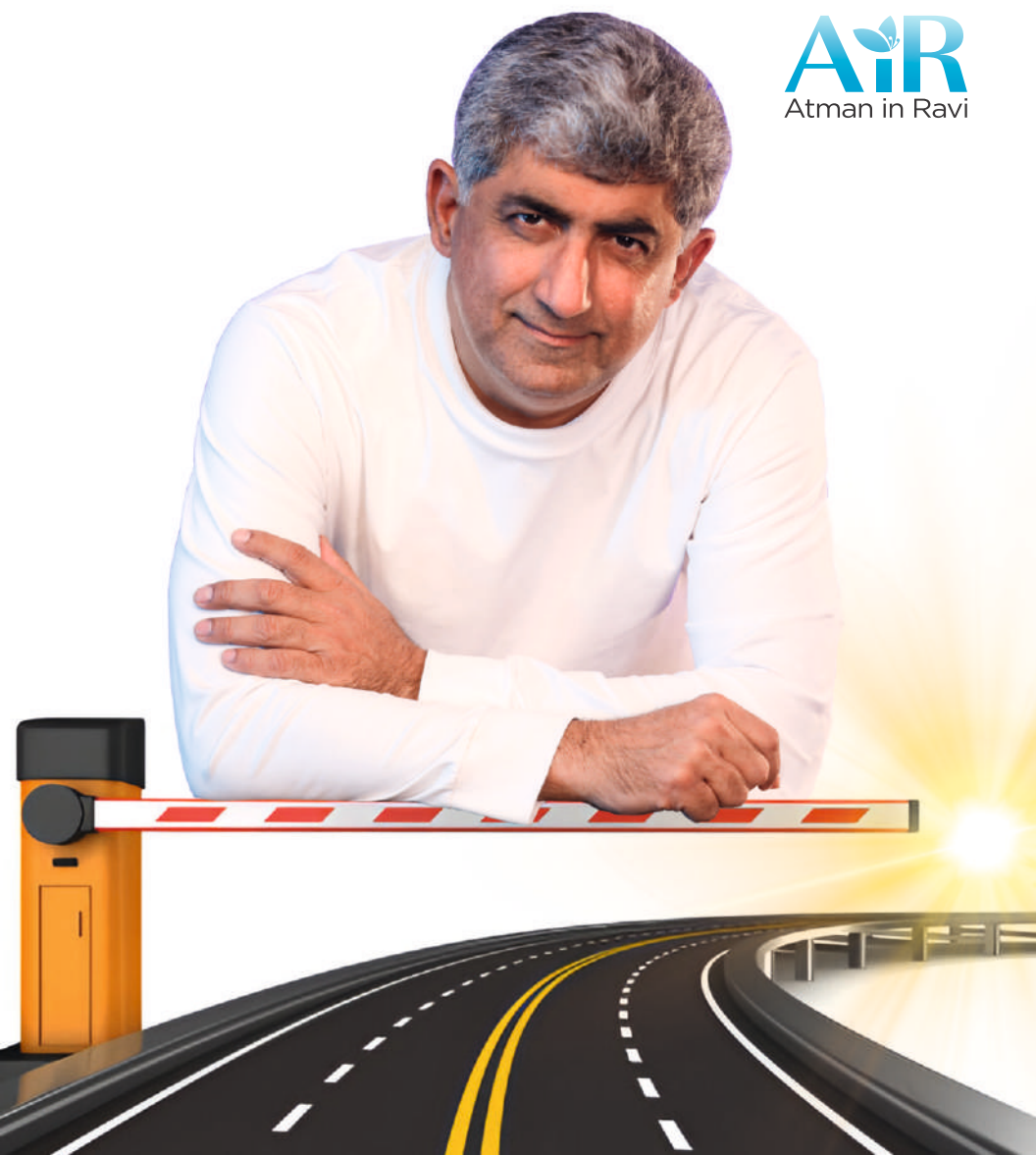
AiR
Atman in Ravi



AiR - ATMAN IN RAVI

The 24 ROADBLOCKS to ENLIGHTENMENT

AiR
Atman in Ravi



The 24 ROADBLOCKS to ENLIGHTENMENT

By



Copyright © AiR Institute of Realization 2024

AiR asserts the moral right to be identified as the author of this book.

ISBN 978-93-341-6571-5

All rights reserved.

No part of the content of this publication (except images) may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the publisher.

Printed by: The Safire Offset Printers

Publisher: AiR - *Atman in Ravi* (Ravi V. Melwani)

Kemp Fort Mall, No-97, Old Airport Road, Bangalore-560017

CONTENTS

ABOUT THE AUTHOR	1
PREFACE	3
INTRODUCTION	5

CHAPTERS

A. WHAT IS ENLIGHTENMENT?	7
B. WHY BE ENLIGHTENED?	9
C. WHAT ARE THE REWARDS OF ENLIGHTENMENT?	11
D. WHAT STOPS US FROM ENLIGHTENMENT?	13
E. THE 24 ROADBLOCKS TO ENLIGHTENMENT	15
1. IGNORANCE	16
Not Knowing The Meaning And Purpose Of Life	
2. DOUBT	19
Not Having The Faith That We Can Be Enlightened	
3. DESIRES	22
Wanting More Than We Need	
4. ACHIEVEMENT	25
Being Caught In The Success Race To Be An Ace	



5. ATTACHMENT	28
Clinging To Pleasures, Possessions And People	
6. THE MIND	31
Toxic Thoughts In Which We Are Caught	
7. THE EGO	34
That Makes Us Believe The Lie Of 'I'	
8. THE BODY	37
Senses That Crave And Make Us A Slave	
9. RELATIONSHIPS	40
People Who Stop Our Spiritual Journey	
10. SAMSARA	43
The Material World Which Makes Us Sink	
11. DUTY	46
Worldly Duty That Makes Us Miss Life's Real Beauty	
12. LUST	49
Passions That Create A Fire	
13. SHAME	52
Being Ashamed Of Being Spiritual	
14. MAYA	55
Lost In The Cosmic Illusion	
15. LEELA	58
Not Realizing That It Is Just A Show	
16. FEAR	61
The Fear Of Being Enlightened	



17. KNOWLEDGE	64
Too Much Or Wrong Knowledge Is Confusion, Not Realization	
18. RELIGION	67
Blind Faith In A Personal God	
19. KARMA	70
Past Actions That Create Obstacles	
20. LONGING	73
Intense Obsession For The World Rather Than Enlightenment	
21. GURU	76
A Wrong Master Can Be A Disaster	
22. PRIORITY	79
Not Making Enlightenment A Priority	
23. UNAWARE	82
Not Knowing That One Is Enlightened	
24. WHY ENLIGHTENMENT?	85
We Have Everything!	
F. WHAT AFTER CLEARING ALL THE ROADBLOCKS?	89
G.THE JOURNEY TO ENLIGHTENMENT AND THEREAFTER	91
AFTERWORD	94
POEM	96
ARE YOU SEEKING ENLIGHTENMENT?	100
OTHER BOOKS BY AiR	102



About The Author

AiR - Atman in Ravi



*Started with Nothing, Became Something...
Achieved Everything, Only to Realize, we are Nothing!*

AiR – Atman in Ravi, is an Awakened Soul, Transformational Author, Singer, Philanthropist, 'Happppiness' Ambassador and a Messenger of True Love. He is on a mission to help people discover the way to Eternal Happppiness through Enlightenment. AiR spells the words 'Happppy' and 'Happppiness' with 3 Ps, because he has realized that true happppiness is evolving from Pleasure from achievement, to Peace from fulfillment and ultimately to Purpose from Enlightenment. This is to Live a life of True Happppiness!

AiR was an iconic entrepreneur who transformed retailing in India, only to walk away from the mega retail empire he had created. He shut down his business when he was 40 and started making a difference doing - Humanitarian, Inspirational and Spiritual work. AiR opened destitute homes known as AiR Humanitarian Homes spread across Bengaluru, that today, care for over 600 homeless and needy people.

Like anybody else, AiR started his life being religious. He built a Shiva temple in 1995. Subsequently, inspired by his Guru, he realized that God lives in the temple of our heart and he changed the name of the temple to *Shivoham Shiva Temple*. Now, he doesn't pray to Shiva but prays *through* Shiva, to SIP, the Supreme Immortal Power that is nameless and formless,

birthless and deathless, the Divine Power that is everywhere, in everything. His Realizations resulted in his own metamorphosis as he realized that we are the Soul, the *Atman*, a part of the Supreme Immortal Power. He let go of his given name and called himself AiR – *Atman* in Ravi, which means, the Soul embodied as Ravi. AiR, now, lives as an instrument of the Divine, doing His Divine Will.

AiR has founded the AiR Institute of Realization to reach out to the global community of seekers. As a Happiness Ambassador, AiR teaches people the AiR Happiness Secret that reveals the way to Eternal Peace, Divine Love and Everlasting Bliss.

Based on his Realizations, AiR has authored over 80 books, composed and sung about 1450 *Bhajans* and written several blogs, quotes and poems. He conducts Spiritual Retreats and organizes talks to help people evolve on their Spiritual journey. He is a TEDx speaker and is often invited to speak at several organizations, corporates and universities. He conducts daily webinars on Zoom, Facebook and Instagram Live to help people realize the Ultimate Purpose of life – Enlightenment.

Connect with AiR - *Atman* in Ravi at:

- Website: air.ind.in/
- Speakingtree.in/air-atmaninravi/
- Linkedin.com/company/air-institute-of-realization/
- Instagram.com/airatmaninravi/
- Facebook.com/airatmaninravi/
- Youtube.com/channel/air-atmaninravi/
- In.pinterest.com/airatmaninravi/
- You can directly WhatsApp AiR on +91 98451 55555



AiR Linktree

PREFACE



More and more people in this world are becoming curious about Enlightenment, about Spiritual Awakening. But while the interest in the subject grows, not everybody knows what is stopping them from this ultimate peak of life.

We all want to be happy. We want to find meaning and purpose in life. But we just live, cry and die! We don't know why we have come to this world. We do not discover our true purpose. We are busy in this circus called life. Then one day, somebody tells us that we must be awakened, we must be Enlightened. We are taken by surprise. Immediately, we think of the Enlightened Master, Buddha and how he left his palace, his wife, his child and renounced the world to be Enlightened. We become afraid even at the thought of it and continue to live our mundane life.

Life has three peaks. The first peak is achievement. It gives us pleasure. The second peak is fulfillment, where we find peace. But the third and ultimate peak is Enlightenment. We discover our purpose and we are free from all misery and sorrow as we discover the magic of Eternal Peace, Divine Love and Everlasting Bliss. Is this not what everyone seeks? Then, what stops us from evolving from peak to peak? Little do we realize that there are many roadblocks on the Highway to Enlightenment.

To be Enlightened, we must find out what is stopping us from our goal. What is holding us back from realizing that we are the Divine Soul and not the body, the mind and the ego that suffers? What are the barriers, the limitations or the roadblocks to Enlightenment? I decided to dedicate this, my 84th book to highlight the roadblocks to Enlightenment. What is stopping the world from attaining that state of Eternal Bliss called Enlightenment? Each person may have a different barrier that stops them from being Spiritually Awakened. What is your roadblock?

Are you ignorant about the ultimate peak of Enlightenment? Or do you lack the faith and belief in becoming Awakened? What is holding you back? Are you not Enlightened because you have not made this as your priority? Or are you a prisoner of pleasures, possessions and people in the material world? Some people are blocked by duty, lust and shame. What about you? Are you free from all these or are you a slave of the mind that makes you blind? Do you have a Guru, a Spiritual Master, a guide or a mentor in this journey? Do you have that love and longing for the Divine? Are you curious to find out what is Karma, *Leela* and *Maya*, or are you so lost in toxic relationships that your desire and passion have lost direction? Are you racing down the path of Enlightenment or are you caught in the race, chase and maze of success? What are your limitations to Enlightenment?

***What is stopping you from Enlightenment, that Ultimate Peak?
What stops you as you seek? What is making you weak?***

INTRODUCTION



Only 1% of this world goes on a quest to realize the purpose of life. 99% of humanity is lost in the material world and does not even get a hint that success is not happiness, that achievement is not the ultimate peak. The ultimate peak is Enlightenment. Our mind makes us blind and the idea that there are roadblocks to Enlightenment lies behind the horizon of our life.

If you are reading this book, you are probably that 1%, who is seeking Spiritual Awakening. You are one among that blessed group that wants Self-Realization. This is the first step to start the journey of Awakening. 1% of the world is visually blind. 99% of people are spiritually blind. You must overcome the roadblocks. You have opened your eyes to Realize the Truth. Then, what is stopping you? What are the barriers that are holding you back from Enlightenment, from switching on the light within, overcoming the darkness of ignorance and being liberated from all suffering and sorrow?

Enlightenment is not a spiritual jargon. It means to switch on the light of the truth, so that we can overcome the myths that we have grown up with. It is not only discovering the reality of who am 'I' but also realizing that it is a lie that there is a God up in the sky. Enlightenment is the Realization of the several truths that will not only give our life meaning and purpose but stop this circus that has no direction and is full of confusion!

In this book, we will list the several roadblocks that stop people from being Spiritually Awakened, from being Enlightened. Not only will we list the roadblocks but also find solutions that can help us open the door to discover more about life. What are some of these roadblocks to Enlightenment?

What is stopping you? Is it because of your ignorance that you don't even know that Enlightenment is the ultimate peak? Or having started the quest, is it attachment to this illusory world of pleasures, possessions and people that is holding you back? Is it the mind that is making you a slave or your ego that is stopping you from your Awakening till you reach your grave? What are the limitations that are holding you back from the most important quest of your life? What are the fetters that are on your path to Enlightenment? Have you understood the aspects needed to progress in the journey of Enlightenment? What is missing?

It's time to reflect and introspect. It's time to remove those roadblocks that are stopping you from attaining Enlightenment!

***For Enlightenment, one by one, remove every roadblock.
It begins when you Enlighten the Ego and the Mind, you block.***



PART - A

WHAT IS ENLIGHTENMENT?

Before we begin the journey of Enlightenment, we must first understand - What is Enlightenment? Why do people think of it as something so mystical and magical? The world has made the subject of Enlightenment so difficult to comprehend and understand that people think, *'It's not my cup of tea!'* They do not even attempt to understand what it is and how can one be Enlightened.

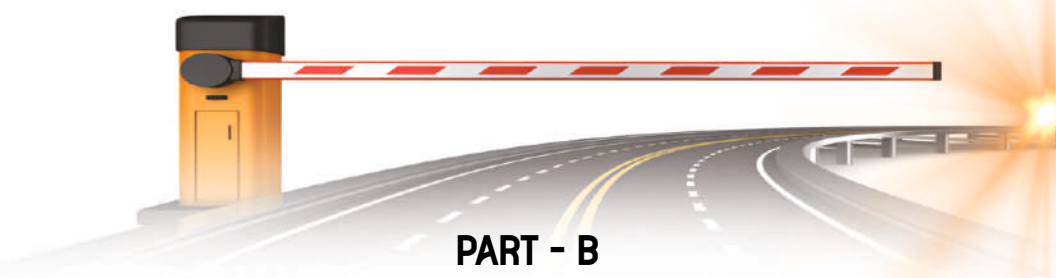
Enlightenment, as the word suggests, is to bring in light. Just like you have to switch on a light in a dark room, Enlightenment is to switch on the light within. If you enter a dark room, you will tumble and fall until you switch on a light. Only then, you can see. So also, you have to light the light within to be Enlightened and to realize, *'Who am I? I am neither this body nor the mind and ego that says, 'ME'.'* Just like we cannot sweep away the darkness from a room with a broom and we need light, so also, we cannot eliminate the darkness of ignorance within. We need the light of the truth to overcome the myth that we have grown up with. To eliminate the ignorance, we need an Awakened Master, otherwise, our life will end up in a disaster!

We remain a fool because of what we were taught in school. We believe the lie that God lives up in the sky and we never start a quest to discover, *'Who am 'I'?'* The first spark in Enlightenment is self-discovery or Self-Realization, *'Who am I?'*

Am I this body that will die? No, this body came later. I was conceived nine months earlier when two cells fertilized to become one and I was implanted in my mother's womb. The body formed from the embryo to a foetus. Then the body arrived on earth on a date we call the 'birthdate'. Enlightenment is realizing that our birthdate is fake but we still cut a cake! Those who are Enlightened, realize that they are not this body that will die. They are the immortal Soul. When they try to find the mind, they realize that there is no mind! Therefore, the ego that stands tall like a wall has a fall! Then, they realize that every human being is a Divine Soul and they see the Divine in one and all.

This is Enlightenment. It is as simple as this. First, it is to realize that I am not the body, mind and ego, I am the Soul. And then, it is to realize that every living being is a Soul. What is the Soul? The Soul is a Spark Of Unique Life. It is energy, the life energy that gives us breath from birth to death. Enlightenment makes us realize that we are all a part of SIP, the Supreme Immortal Power that the world calls, God. We are all manifestations of SIP. This is God-Realization. This is our ultimate goal - *'To realize that we are the Soul. We are all one energy appearing as different bodies. We come from one source, and we return to that source. We are all different effects of one Supreme cause, the immortal, omnipresent Power.'* Enlightenment is completed when we are able to free ourselves from all misery on earth and the cycle of rebirth. This is the purpose of life and every human being can achieve it.

***Enlightenment is the Realization, 'What is our Life Purpose?'
It is to Realize, we are Divine Souls and to be free from this circus.***



PART - B

WHY BE ENLIGHTENED?

While we might find Enlightenment to be an easy subject, the question that our mind will create is, '*Why be Enlightened? Why waste time on this mundane topic? Why not just live and have fun, till life is done?*' Those who are able to tame the monkey mind and use their intellect will discover that Enlightenment is the very purpose of life. If we are Enlightened and we realize that we are not the body, mind and ego, we become free from the triple suffering on earth and from the cycle of death and rebirth.

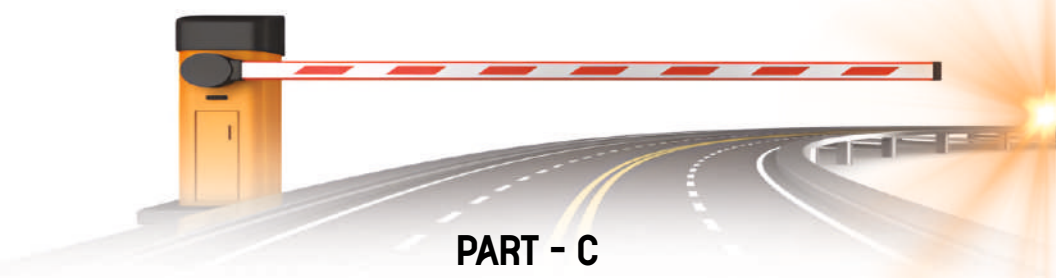
When we live a life without being Enlightened, we think that we are this body and suffer physical pain, again and again. When we are Enlightened, the body may have pain as we fall and grow tall but we realize that we are not the body. Therefore, we are able to overcome suffering, although there is pain. A more dramatic benefit is on the mind. As long as we are ignorant and do not Realize the Truth, we continue to be a slave of the mind. The mind continues to create fear, worry, stress, anxiety, regret, shame and guilt and makes us miserable. Enlightenment is realizing that there is no mind. The mind is just a bundle of toxic negative thoughts. When we switch on the light of Enlightenment, we become free from fear. We learn how not to worry. We eliminate stress that makes our life a mess and we replace anxiety with tranquillity. We stop the mind from jumping into the past and thus, overcome regret, shame and guilt, just as we stop it from going

to tomorrow, creating misery and sorrow. Enlightenment is living in the present moment, peacefully and blissfully, moment by moment. It is living positively by overcoming the negative toxic mind.

Once we are Enlightened, we realize, *'We are not the body that we adorn as a costume from birth to death. We are not the mind that we cannot find. We realize that we are not the false ego that says 'I'.'* In this moment of Enlightenment, we are free from anger, hate, revenge, jealousy, pride, greed and selfishness. Wow! Is this not an exciting enough reason for us to be Enlightened? Do we need any more reasons or benefits to motivate us? No! We will enumerate the several rewards beyond these that come with Enlightenment. But first, let us be convinced that we must be Enlightened. The purpose of our life is to overcome ignorance and Realize the Truth. The reason of our existence is to be Awakened, to become spiritually aware that we are the Divine Soul. This is our ultimate goal. If we do not attain this goal of realizing, *'Who am 'I' ?'* we will just live and die. Not only will we suffer on earth but will also return in a rebirth, only to suffer again and again.

We must be Enlightened. This is not an option. This is the very purpose of life. We must eliminate all roadblocks that stop us from Enlightenment. Once we have understood what Enlightenment is and realize its rewards, we can evolve from achievement to fulfillment and reach Enlightenment.

***The Purpose of Life is the Bliss and Peace of being Enlightened,
Not living with anger, hate, stress and being frightened!***



PART - C

WHAT ARE THE REWARDS OF ENLIGHTENMENT?

Enlightenment is the third and the ultimate peak of life. It is that state, where we evolve from the first peak of achievement, where we enjoy various pleasures and transit to the second peak of fulfillment, a state of contentment, where we experience peace, the very foundation of happiness. Then, ultimately, we reach the final peak of life - the peak of Enlightenment. It is a state where we are Awakened. It is the Realization that we are not the body that will die, not the mind we cannot find and not the ego that says, 'I'. Enlightenment is the Realization that we are a Spark Of Unique Life, a Soul. We are a part of SIP, the Supreme Immortal Power that the world calls God. Can there be anything greater than this?

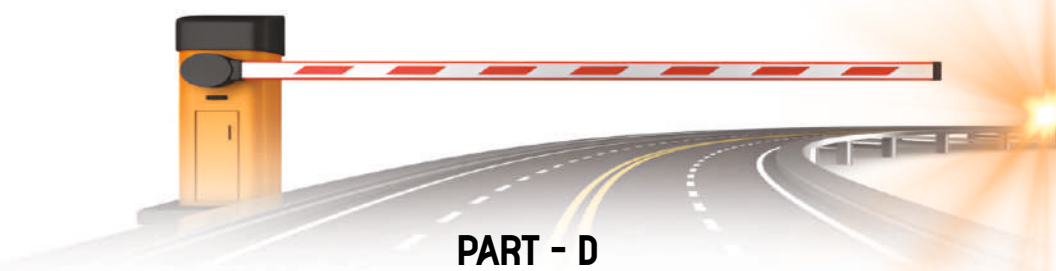
What then are the rewards of Enlightenment? It is not just Eternal Peace, Divine Love and Everlasting Bliss that flows from the 3Ps of Happiness – Pleasure, Peace and Purpose. An Enlightened person discovers, *'Who am I and why am I here? I am the Divine Soul and to be united with the Supreme Soul is my goal.'* The momentary reward of an Enlightened person is being free from all the misery on earth, the triple suffering of the body, mind and ego and ultimately, the biggest reward is being free from the cycle of death and rebirth. This is termed by the world as *Nirvana*, *Moksha* or Salvation. It starts with Illumination that comes after Purification, leading to Realization of the Truth and ultimately, Liberation and Unification with the Divine.

An Enlightened person realizes, '*I am God.*' Can there be any greater reward? An Enlightened person is free from all Karmic debts, all past actions — good and bad. In that moment of Spiritual Awakening, the Enlightened person is free from the seven miseries of the mind — fear, worry, stress, anxiety, regret, shame and guilt, just as there is freedom from the seven monsters of the ego — anger, hate, revenge, jealousy, pride, greed and selfishness. The Enlightened person lives in *SatChitAnanda*, Eternal Bliss in Truth Consciousness.

After Enlightenment, one doesn't seek any reward. One is free from all desires and passions because one has already reached that ultimate peak of happiness. The Realization that I am nothing makes the Enlightened person everything. The world becomes a *Leela*, a drama and there is no trauma. Enlightenment makes us live peacefully, blissfully, moment by moment, without any attachments or expectations. It creates a Divine connection called Yoga - union of one's Consciousness with Supreme Consciousness. It eliminates all fear of death as there is the Realization, '*I am an immortal Soul.*'

There can be no greater reward than Enlightenment. An Enlightened person discovers True, Divine and Eternal Love for all Souls who he realizes are none other than God, SIP, that manifests as every living being on the planet.

***The reward of Enlightenment is Peace, Love and Bliss.
Eternal Peace, Divine Love and Everlasting Happiness.***



PART - D

WHAT STOPS US FROM ENLIGHTENMENT?

While we may be one of the blessed few to reach the point where we understand the meaning and importance of Enlightenment, we may not be fortunate enough to be Enlightened. This is because there are many roadblocks on the road to Enlightenment. Taking an exit from the highway of achievement does not mean that we will automatically reach the ultimate peak of Enlightenment. There are so many potholes and limitations that can stop us from achieving that ultimate destination of Self-Realization.

To reach that state of Enlightenment, we need Purification and Illumination. But our own body, mind and ego become fetters. Even if we transcend these, we don't arrive at that point of Awakening because we may be caught in this world of illusions or our relationships could be binding us. We will go through all the possible roadblocks one by one because there are many.

Not all roadblocks appear in everybody's Enlightenment journey. Each of us has a unique journey and there will be some roadblocks or several of them that we may have to overcome. This is our biggest challenge because if we don't overcome these hurdles, we can never be free from all misery on earth and from the cycle of death and rebirth. *When the death whistle blows and a human being goes, then, if there is no Realization, there will be reincarnation.* We will be reborn and this will go on

and on. We must not miss the bus. We must find out what our roadblock to Enlightenment is and being in Consciousness and using our intellect, we must discriminate and eliminate that roadblock. Otherwise, the mind will lock us and block us from achieving our life purpose.

We are listing 24 common roadblocks here. Some of these may be relevant to you and some may not be your roadblocks. You must find out if you are stuck on the journey of Realization because of some limitation or if you are free to realize the Divine energy within and all around you. Go through each roadblock and ratify that it is not stopping you from going ahead. If it is, then find a way to pass the roadblock and progress on the journey. If you have the help of a Spiritual Master, this can happen faster. If you try to eliminate the roadblocks to Enlightenment alone, one lifetime is not enough.

Are you ready to start your journey to Enlightenment? If yes, become aware of the roadblocks that you may come across, create the passion and make it an obsession to uproot every roadblock that is trying to stop you from Enlightenment. Ultimately, nothing else matters. What matters is for you to be Enlightened with the truth that you are a manifestation of the Divine, you are God, and you want to reach that state of Truth Consciousness where there is Eternal Peace, Divine Love and Everlasting Bliss.

What is stopping your Enlightenment?

What is your roadblock?

Identify the roadblock and each block you must unlock!

PART - E

THE 24 ROADBLOCKS TO ENLIGHTENMENT

*Enlightenment is possible but we must remove every roadblock,
This must be the thought on the hand of our clock!*





Roadblock 1

IGNORANCE

Not Knowing The Meaning And Purpose Of Life

We live and we die but we don't know why. We come and go but don't understand the true meaning of this show. We believe the lie that God lives in the sky and because the ego fools us with the lie that I am 'I', we continue to be ignorant and unenlightened.

We think that we know everything but in reality, we know nothing! If we look at our identity card and think that it is our reality, that is our biggest ignorance. I always thought, '*I am Ravi. My date of birth is 15th October 1966. My gender is male. My permanent address is in Bangalore.*' Everything was wrong. But for decades, I thought that this was the right information! I was ignorant.

How is this connected to Enlightenment? Enlightenment is all about Realizing the Truth. It is about overcoming ignorance. It is discovering, '*Who am 'I'? Was I born on my birth date that is on my birth certificate? Of course not! I was alive and kicking in my mother's womb before that. I was conceived nine months before. This body came later.*' Aren't we ignorant of these facts?

Will we die? '*Of course, we will all die,*' is the common answer. Death is a reality and an eventuality that we all have to accept. But we are ignorant about the truth that we will never die. Only our body will die and people will say that we passed away. People are so sure that we have left the body and are not

alive that they either cremate or bury our dead body. However, throughout life, we look at the mirror and think, '*This is me.*'

The mind tells us, '*I am sick. I am worried,*' when in reality, there is no mind! If you try to find the mind, you can't! Nobody knows the colour or shape of the mind because it does not exist but our ignorance makes us believe that we have a mind. This is a roadblock to Enlightenment. Thinking, '*I am 'I'. I am the body that will die. I am the mind that I cannot find,*' is the ignorance that stops us from Enlightenment.

'One day, I will die and go up into the sky to meet my God, face to face.' All these are myths, ignorance that gets us lost in a maze. We need to overcome the darkness of ignorance. We need the light of truth. We need Enlightenment. Otherwise, we will experience the triple suffering of the body, mind and ego, which we are not. In toxic thought, we will be caught and then, we will rot! Then, we will be gone and we will be reborn. Nobody has taught us our life purpose. We live like a clown that jumps up and down in this circus. Very few amongst us overcome this roadblock of ignorance and reach the state of Awakening to the Truth known as Realization. They are the few blessed ones to discover the true meaning and purpose of life. They are the ones who overcome all strife, all misery on earth and are free from the cycle of death and rebirth. They do not live a life of fear, worry, stress, anxiety and depression. They live with inspiration and make life a celebration.



How To Overcome The Roadblock Of Ignorance?

You cannot overcome the darkness from a room with a broom! You need light. The only way to overcome ignorance is to switch on the light and to use the intellect to discriminate black from white, wrong from right. We have to question every myth that we grow up with. We need the right teacher, an Enlightened Master to help us Realize the Truth. But first of all, we must become aware of our ignorance. If we are ignorant of our ignorance, we will just live and die and never find out, 'Who am 'I' ?'

Victor believes in God. He lives ethically, doing good Karma and loves his family. To him, the purpose of life is to be happy and to make others happy. Unfortunately, he experiences the normal emotions of anger, pride, greed, stress and anxiety. He gets happy but never reaches the state of Eternal Peace and Tranquillity. He is ignorant about the truth of life. But he lives through his life. One day, Victor will die and he will be reborn. He knows that this cycle will go on and on. But because he is not Enlightened, he remains ignorant, lives with worry and is often frightened. He has not discovered that ignorance is a roadblock to Enlightenment, the very purpose of human life and existence.

***Like fools, we live with fear, worry, anger and arrogance!
We can be Enlightened and Blissful if we overcome ignorance.***



Roadblock 2 **DOUBT**

Not Having The Faith That We Can Be Enlightened

Those who commence a spiritual journey and seek Enlightenment or Self-Realization are stopped on the path of self-discovery by their own doubt. They lack the faith and belief that they can be Enlightened. Somehow, they listen to both, their inner voice and the outer noise and believe that Enlightenment is something magical and mystical that cannot be attained easily. They are convinced that it is not their cup of tea and so, they don't progress on the journey of self-discovery.

If we want to be Enlightened, we must eliminate the roadblock of doubt. First, we must throw this doubt out. Unless we eliminate doubt, we cannot live with faith. The prerequisite of Enlightenment is **FAITH** – Full Assurance In The Heart, which, along with **HOPE** – Having Only Positive Expectations, that throws the doubt out. Once we have put our doubt in the bin, we can win the battle of Enlightenment.

Every human being is blessed to be Enlightened because it is only a human being who is gifted with the faculty of intelligence. We can discriminate and use our willpower to choose the truth over the myth that we grow up with. But we have a choice. We can either be fooled by the mind and remain blind with ignorance that stops our vision of the truth or we can move from mind to Consciousness, activate our intellect, overcome ignorance and attain that state of Self-Realization or Enlightenment.

Not many people in this world are visually blind. But the majority are spiritually blind. The cataract of doubt stops us from seeing that we are not the body and not the Mind and Ego, ME. Unless we eliminate this cataract of doubt, we cannot see the truth. We cannot be Enlightened. We doubt it when we hear phrases, '*I am not 'I'.*' We question, '*How can I not be 'I' ? How can I never die?*' Even though we are able to read and gain knowledge, we are unable to go beyond knowledge. We understand the truth but don't realize it. If we remove the roadblock called doubt and ignorance, we can observe the path called life.

For decades, we have been praying to a God who lives in the sky and suddenly we hear that this is a lie. We are told that God lives in the temple of our heart. We begin to doubt, '*How can God be inside me? How can I be the very God that I prayed to for decades?*' When we live with doubt, we become paralysed. We cannot move forward in the journey of Enlightenment.

What is causing this doubt? It is the toxic thoughts of the mind that continue to shout inside our head, till we are dead! Because we are enveloped in that noise, we cannot hear the Divine voice within. If we still the mind and kill the mind, we can destroy doubt, the roadblock to Enlightenment. Each one of us is born with this life purpose - to attain Enlightenment. Unfortunately, nobody teaches us this. But the whole world teaches us to doubt the possibility of being Enlightened and so, we live and die, frightened of even starting the journey.



How To Overcome The Roadblock Of Doubt?

Doubt is created by the mind. As long as we are a slave of the mind, we will remain blind and doubt will rule. *Vivek was riding a horse and somebody asked him, 'Where are you going?' He replied, 'I don't know. Ask the horse!' If we let our mind ride our horse, we will be at a loss! Vivek had no confidence. He lived with doubt. Although he was on a horse, he did not control the reins and thus, the direction of his life. Vivek lived with doubt. He had no faith. He did not know why he was alive. He thought life was to have fun, till it is done! He often said, 'Enlightenment is not meant for me! Let me grow old. Then, I will see!'*

Are you living with doubt? Do you believe that to be Enlightened, you have to become like Gautam Buddha, who left his palace, his wife and child? Do you doubt the need for Enlightenment and the possibility to be Enlightened? Does your mind confuse you or do you realize that Enlightenment is our ultimate purpose? If you live with doubt, Enlightenment will be out! We have to choose one. If we want to Realize the Truth, we must march forward with faith, hope and trust.

***We don't achieve Enlightenment because we live with doubt,
We are captured by toxic thoughts of the mind that shout!***



Roadblock 3

DESIRES

Wanting More Than We Need

Life is not just about fulfilling our thirst for pleasures, possessions and people. These desires will ultimately make us burst. Although we are taught that success is happiness, this is a lie! Every achiever is taught to dream. Not just dream but dream big. This only means they must light a fire to their passion. Unfortunately, these desires create fires that burn our happiness. Ultimately, they stop us from the very purpose of our existence - Enlightenment.

Most of the world is trapped on the highway called achievement. We are moving from bumper to bumper, trying to speed through life to become champions. We think that winning the race and becoming an ace is what life is all about. We think that fulfilling desires will make us happy. But ultimately, are all desires fulfilled? There will be a time in life where whatever we touch will turn to gold. But will this happen forever? Desires are needed to fulfil our need but when desires lead us to greed, we become miserable indeed! Not only do we get trapped with disappointment, anxiety and stress but our life becomes a mess. We forget that achievement cannot be the ultimate goal of life. Every achiever ultimately, leaves everything behind. We desire pleasures and possessions but all these give us only momentary happiness.

Some people think that relationships are the greatest treasure in life and so, they are searching for friends and partners, who

can give them fulfillment. But even that is a myth. Ultimately, neither pleasure nor possessions nor people that we desire can give us Eternal Bliss. Eternal Bliss comes from Enlightenment, when we discover the purpose of our life. Living just with desires that give us pleasure is not only a shallow way to live but also a roadblock to Enlightenment.

When we are lost in our desires, be it for people or pleasures or possessions, we forget the most important need of life - Enlightenment. Desires take us in the opposite direction. They make us sink in a material world that is both illusory and ephemeral. Therefore, desire for the material world is one of the greatest enemies of Enlightenment. What should we do?

We have to switch our desire for the material world to desire for the spiritual world. We must become passionate for Enlightenment. Immediately, the mind will question, *'Isn't this also a desire?'* No, it is not. This is a desire to be desireless. This desire is to Realize the Truth. This desire is to overcome ignorance. Therefore, this is not a desire of the world that is a roadblock to Enlightenment. In fact, we must desire Enlightenment so much that it should become the only obsession of our life. If we do not switch over to desiring Enlightenment, our desires will remain only to satisfy our senses. The gratification of sense pleasures will supersede everything in our life and we will be lost, only to be gone and then, be reborn. It's time to stop and evaluate — *'Is desire for the material world, be it an addiction for pleasure, craving for possession or clinging to a relationship, my roadblock that is stopping me from being Enlightened?'* If yes, it is time to remove this roadblock and move forward.

An illustration of a road with a barrier gate on the left. The road curves into the distance towards a bright light on the horizon. The barrier gate is orange and black with a red and white striped arm.

How Can We Eliminate Desire And Switch Over To Desiring Enlightenment?

The solution is a two-step process. We must first, realize that success is not happiness, that achievement is not our ultimate peak. Enlightenment is the ultimate goal of life. If we don't realize the importance of Enlightenment, the fire of desire will continue to burn and we will be lost. The moment we realize that Enlightenment is key and our desire for the material world is a roadblock, we will automatically douse the fire of desire that imprisons us in the illusory material presence and start a new journey of desiring Enlightenment. This is one roadblock, which is not about removing the roadblock but transforming the roadblock from an emotion that destroys our life to one that transforms and liberates us from all misery on earth, Enlightens us and unites us with the Divine. Unfortunately, the mind fools us and we continue to believe that the desire to be rich, famous and successful is life. No! **LIFE** is about being **L**iberated from **I**gnorance and **F**inding true Enlightenment. Remember, the fire of desire can burn you to death or the fire of Enlightenment can elevate you to enjoy peace, love and bliss in every breath.

*Desire is a fire that can create a lifetime prison,
But when we desire Enlightenment, it becomes its very reason.*



Roadblock 4

ACHIEVEMENT

Being Caught In The Success Race To Be An Ace

As we grow up in life, what are we taught? We are taught that we should be successful, rich and famous. We are motivated to make a lot of money and be happy. So, we begin and end our life with one focus - to earn and earn. What we don't realize is that what we earn, others will burn. We are not Awakened to the simple Truth that we bring nothing to this world and we take nothing from this world. We are bitten by this success bug and so, we zoom from womb to tomb, seeking achievement. We go from peak to peak, trying to reach the ultimate peak of achievement, which does not even exist. It is an illusion.

Many of us stumble and fall on the roadblock of achievement and never reach Enlightenment. We never learn that life has three peaks. Achievement is just the first peak. It gives pleasure. But then, we get so caught in our treasure that we do not discover the true purpose of life that can give us far more happiness than what achievement gives us. We are programmed to become champions and so, our ego continues to thrive, becoming better and better. Ultimately, when we reach the end of our journey, that peak of achievement is nothing more than a cliff called death. In that moment, when we lose our breath, no achievement matters. What matters is Enlightenment. But the very achievement that was our motivation becomes a roadblock that limits us from reaching the true ultimate peak of life.

Most people are caught in this maze of trying to be an ace. They never learn to live with grace. What they don't realize is that even after achieving everything, they are still nothing! What is the use of achievement? This question has no space and time in their life. Why? Because the whole world is running the race and so, everybody is following the herd. We tie our wings with strings and do not fly like a bird to explore what life truly is.

Look around at all the achievers of the world. Are they truly happy? No doubt, they have all the money and are capable of buying any pleasure. But do they have peace of mind? More importantly, have they discovered their true purpose? What do most achievers do? They learn and earn, then, burn and return, only to continue another cycle. And this goes on and on. A real achiever is one who is able to overcome the roadblock called achievement that stops him from Enlightenment. True achievement is being able to live with contentment and fulfillment and then, evolving to the ultimate state of Awakening. Alas! We are so addicted and so drugged with the glitz and glamour of the material world that we forget to ask the questions, '*Who am I? Why am I here?*' We cling to pleasures and possessions and become prisoners of our own achievement. Though it seems that the achievers are sorted, they experience a lot of stress and anxiety and they continue to live with worry and the fear of losing their position of being an achiever. But can anybody be at number one position, forever? No. The reality is known but still, the roadblock of achievement stops us from the Realization of the Truth. Isn't it time that we discover that achievement is not the destination? It is, in fact, a roadblock on the journey to our ultimate goal. The ultimate goal is to realize that we are the Divine Soul. The ultimate goal is to realize that we are not the body, mind and ego that is caught in the race to be a champ.

A 3D rendering of a road with a closed barrier gate. The gate is orange and black, with a red and white striped bar across it. The road is grey with yellow and white dashed lines, curving into the distance under a bright, hazy sky.

How Can We Let Go Of Achievement And Move To Enlightenment?

The best way to overcome this roadblock of achievement and move to Enlightenment is to discover that peace is the foundation of happiness. We must realize that peace is far more important than all the pleasures that create happiness but peace does not come from achievement. It comes from contentment. We must learn to be fully satisfied and start the inner journey of fulfillment. We must replace our greed with fulfilling our need and find happiness not just in material pleasures but also in contentment and fulfillment.

If only we switch over from pleasure to peace, we will overcome the miseries of fear, worry, stress, anxiety, regret, shame and guilt that is caused by the mind. We will also be free from the monsters of anger, hate, revenge, jealousy, pride, greed and selfishness caused by the ego. But this is possible only when we take an exit from the highway called achievement, park ourselves on the plateau called fulfillment and continue the journey to Enlightenment, the ultimate peak of life.

***What stops us from Enlightenment is Success and Achievement.
It's time to be free and live with Contentment and Fulfillment.***



Roadblock 5

ATTACHMENT

Clinging To Pleasures, Possessions And People

Those on the journey to Enlightenment are free from the prison of this material world. They are not caged by pleasures, possessions and people. They are not attached. Unfortunately, most people in the world have this roadblock and this stops them from Spiritual Awakening.

What is attachment? It is thinking that this world is real, it is permanent. It is believing that we will be here forever, forgetting the essential truth that we are just travellers. We come with nothing and we go back with nothing. This is the truth. Unfortunately, as we live in this bewitching material world, we forget our essential truth and get lost.

We get attached to our possessions and say, '*My house, my car,*' just as we become addicted to the pleasures of this physical body and mind. Then, we are bound in our relationships, which are not permanent but somehow, we believe that they are the most important aspect of life. These attachments to people, possessions and pleasures become a roadblock in our progress to our ultimate destination. Our destination is the Realization of the Truth. Our ultimate purpose is self-discovery. But as long as we cling to this world, we will not be free to reach Enlightenment.

A spiritual leader was walking with his followers, when a man on top of a little tree was screaming for help, 'Save me! Save me!' The followers indicated to their leader that this man wanted help. But the Master smiled and replied, 'He is not seeking help. If he wanted, he could just let go of the tree and jump down. He is clinging to it. Let us move on.' Many people cling to the world and create their own suffering. Of course, the biggest suffering is that they will not be Enlightened and liberated.

What is life all about? Life is about being free, not being attached. Unfortunately, the world doesn't understand this. The world questions, *'How can we not be attached to our family, parents, siblings, friends or spouse? It is only natural to be attached! How can we not enjoy the beautiful pleasures of this amazing world? Why should we live in denial?'* What they don't realize is that the happiness that arises out of these is not the Eternal Bliss that comes from Enlightenment. These can create pleasure but they will not give us that Eternal Peace that is True Happiness. We will continue to be caught in misery and sorrow as long as we are attached.

So, what is the solution to this essential problem of mankind? How can humanity live in this world without being attached to near and dear ones? How can we be in this world that offers so much pleasure and not seek or enjoy that pleasure? Does Enlightenment mean that we have to give away all our possessions? Those who get trapped in the roadblock called attachment get imprisoned with these and get stuck in their journey of Awakening.



How Can We Be Free From Attachment?

The secret to overcoming this roadblock to Enlightenment - Attachment - is to learn the art of Detached Attachment. We don't have to be detached but our attachment must be detached. We don't have to let go of the world but we must not sink in the world. The lotus flower in a lake must remind us of how it lives on the dirty waters but does not sink in it.

One who overcomes this roadblock, realizes that his possessions are not *his* possessions. He can continue to have those possessions but live with the Realization that he is only a trustee of those. They do not belong to him. Then, he will not be attached. Such a person, who is free from attachment will love his near and dear ones on the outside but deep within, he will be detached. He will have no expectations and therefore, he will not experience disappointments. He will not cling and therefore, not suffer. If his loved ones come to him, he is happy. But if they don't, he will still remain happy. This is Detached Attachment.

One who overcomes this roadblock, does not have to give up the pleasures of this world. However, one does not crave for them either. Whatever pleasure comes their way, they accept it, provided their intellect does not reject such pleasure as being something that distracts them from their path of Enlightenment. This is Detached Attachment.

***One of the biggest roadblocks to Enlightenment is Attachment,
And the secret is, we don't need Detachment.***



Roadblock 6

THE MIND

Toxic Thoughts In Which We Are Caught

The most common roadblock to Enlightenment is the mind. It fools us into believing that it is our best friend but in reality, it is our biggest enemy when it comes to Enlightenment. What is most funny is that when we try to find the mind, where is the mind, we cannot find!

What is the mind? The mind is nothing but a bundle of toxic thoughts. It drills us and kills us. It bombards us with miserable thoughts and creates fear, worry, stress, anxiety and leads us into depression with regret, shame and guilt. While nobody has seen the mind, it appears to exist when we are caught in thought. However, when we try to still the mind, it disappears because when there are no toxic thoughts of the mind, then, there is no mind.

Since the mind is nothing but toxic thoughts, what really stops us from Enlightenment are the toxic thoughts. But thoughts by themselves are not roadblocks. When thoughts become the mind, they create a roadblock and limit us in our quest for the truth. We all know the dangers of AK-47, the weapon. Terrorists use it to kill people. But we are not familiar with a weapon that is even more dangerous than that. It is the MK-50, the Mind Killer-50. It shoots at us about 50 bullets of thoughts every minute. This can be up to 50,000 thoughts a day and

because of this continuous rain of thoughts, we get drenched in the miserable and toxic mind and the truth, we cannot find! The mind stops us from using our intellect to discriminate and be Enlightened. The intellect can only shine in Consciousness and Consciousness is attained when we still the mind. However, the mind is like a monkey. It does not remain still. It jumps to a 'yesterday' that is gone and then, to a 'tomorrow' that is not yet born. It steals our present moment and with it, our Enlightenment. If we want to be Enlightened, we have to still the mind and we have to kill the mind! Otherwise, we will be so busy dealing with a negative mind that Enlightenment will be left behind.

The **MIND** is **Misery, Ignorance, Negativity and Desires**. This is exactly what the mind does. It creates so much misery and stress that our life becomes a mess. It desires more than what we need and we get caught in greed. It envelops us in the darkness of ignorance and stops us from reaching the light of the truth. Therefore, one who is seeking Enlightenment must still the mind. If we do not kill the mind, the mind will kill us. We will live and die and not discover, '*Who am I?*' Then, we will be reborn and this will go on and on. All this will happen because of a mind that nobody can find! Is there hope? Is there any scope that we can get rid of the mind and reach that state called Enlightenment? Yes, there is. But as long as the mind is in charge of our life, we will continue to live with misery and strife and never be Enlightened because the mind will always make us frightened.



How Can We Still The Mind And Kill The Mind?

To be Enlightened, we have to become aware when our mind takes charge. It is simple. The moment we are bombarded with thoughts, we must stop. We must flip from a state of mind to a state of Consciousness. In that moment of stillness, we spend time in silence and separate ourselves from the mind. Then, just as we would snatch the arm of somebody trying to hit us, we can snatch the illusory mind and its toxic thoughts. The moment we have a toxic thought confronting us, we must use our intellect that shines in our Consciousness and stop the thought. Then we must crop it, chop it and drop it. The moment we have flushed the toxic thought away, the mind is weakened. Then, we must lock it and block it, as we tame the monkey mind and make it a monk. We must repeat this if there are any more toxic thoughts but thereafter, immediately fill our Consciousness with positive thoughts. Once we do this, we must lock the door so that the mind does not enter. The best way is to live in Yoga, in union with the Divine, so that our Divine Consciousness is peaceful and blissful. Then, we will have eliminated the mind as a roadblock and can move forward to that state of Spiritual Awakening or Enlightenment.

Many people will find this to be a difficult task. No doubt, it is. But with practice it is possible to still the mind, kill the mind and be Enlightened. When there is the mind, Enlightenment, we cannot find!

***When we live in a state of Mind, we cannot be Awakened.
But when we still the Mind and kill it, we can be Enlightened.***



Roadblock 7

THE EGO

That Makes Us Believe The Lie Of 'I'

On the journey of Enlightenment, as long as there is an 'I', we will be trapped in the lie of an identity, which is fake. Throughout life, we think, '*I am 'I'.*' Enlightenment is the Realization that I am not 'I'.

Enlightenment is the quest to find out, '*Who am I? Am I this body? No doubt, I have a body but this body will die and I will leave this body and pass away. My own family will destroy my body. Why? Because I am not the body.*' However, throughout life, we think, '*I am the body.*' The ego associates itself to be the one with the name, family, nationality and so on. This identity of the ego that thinks that I am the body and the Mind and Ego, ME, cannot be free to be Enlightened. The ego is a major roadblock. It brings our Enlightenment journey to a complete halt. So, what is the truth?

The truth is that I came alive much before the body. I was conceived nine months before, when there was no body. There was just one cell. The body was formed later. How can I be the body? Then we think, I am the mind. We say, '*I am happy. I am unhappy.*' No doubt, I feel happy or unhappy but I am not this body or mind. What am I? Unless there is Realization and we find the answer to, '*Who am I?*' we cannot be Enlightened.

Enlightenment is the Realization that we are the Soul, the Spark Of Unique Life, that Power, the energy that gives us breath from birth to death. But when we get trapped by the ego, we say, '*I*', '*me*' and '*mine*' and live with this false identity, till we die. Then, we carry Karma, the actions that we do through the body and return to earth in a rebirth. Being born, dying and being reborn, goes on and on because of the false ego that carries Karma along with the mind. The moment we realize that we are not the body that dies, nor the Mind and Ego, ME, we are Enlightened. But the ego stops us from this Realization. The false ego does not awaken to become the Enlightened Ego.

We all have an ego. Nobody can be without it! But the purpose of life is to transcend the false ego and evolve to the Enlightened one. We all have parents, friends, siblings. But ultimately, we must realize the truth about ourselves. What is our true self? Who are we, in reality? We are not this. We are that. We are not what we appear to be. We are the Divine energy. This is the truth and the ego stops us from realizing this. There is no doubt about this fact. But because of the mind, the ego continues to believe in the false identity, entangled by its possessions and relationships and gets lost in sense pleasures. Therefore, we do not realize that we are, in fact, manifestations of God. We are that Power, the Spark Of Unique Life that comes from **SIP**, the **Supreme Immortal Power**. We are the very life that is throbbing inside us and that makes us walk and talk. We look at our finger that moves and we think that we are the finger. But we don't realize that we are not the finger, we are the Power that makes the finger move. The false ego stops us from being Enlightened.



How Can The False Ego Become The Enlightened Ego?

We cannot kill the ego. Some people think that it must be annihilated or destroyed. Till we are alive, we cannot kill the ego. But we can move from the belief, '*I am 'I', ' to 'I am not 'I'.*' When the false ego realizes the truth, '*I am not the body and I am not the mind. But I am. Who am I?*', when this spark of Awakening shines, the ego is Awakened.

The '*I*' continues to exist but it is no more the ego. It is the Enlightened Ego. For the false ego to be Enlightened, we have to overcome the ignorance of the mind and realize that we are the Soul. This Realization will create a oneness with every Soul on the planet. We will feel a universal connection with every atom on earth and feel the presence of God as SIP, the Supreme Immortal Power, in each of the five elements that appears to be. Everything is a manifestation of Divine energy. This Realization is not easy but it is the ultimate truth and it happens when we meditate, contemplate and awaken to the truth that I am not '*I*'. Will I die? '*I*' will never die. No doubt, the body will die but that is not '*I*'. '*I will leave the body and become one with the Power that is everywhere.*' This is the Realization of an Enlightened Ego. This is self-discovery. This is Enlightenment.

***As long as I am ignorant, I will live and I will die.
But the Enlightened Ego is immortal, it realizes that I am not 'I'.***



Roadblock 8

THE BODY

Senses That Crave And Make Us A Slave

Enlightenment is freedom. As long as we continue to be a slave, we will reach our grave but never be free to be who we are meant to be. Enlightenment is to realize that we are not the mind. It doesn't exist. If you try to find the mind, you can't! It is to realize, '*I am not 'I'.*' But who stops us from this Realization that I am not the Mind and Ego, ME? It is the body! The body is primarily driven by the five senses, the eyes, nose, ears, tongue and skin. These five senses are like the five horses that drive us throughout our life.

No doubt, the body has critical organs like the heart, brain, lungs and kidneys but these are not directly connected with Enlightenment. Although they are important for the body to function, whether we are Enlightened or not, depends on our five senses. The five senses perceive the world. We see, listen, smell, touch and feel. This experience of the world is what matters. As long as we are trapped in the desires of these five senses, we live through life, trying to be happy with pleasures that lead to our sense gratification. The senses crave and we become a slave to pleasures, people and possessions. We become imprisoned by material thoughts that are triggered by these senses. The body and the mind, together, inflate the ego and we remain ignorant. We do not Realize the Truth of who we are and why we are here. We just live and die. Therefore, the body and the senses that crave are a major roadblock to

Enlightenment. Can we eliminate the body and senses to be Enlightened? Unfortunately, we can't.

Who is seeking Enlightenment? Without the body and its senses, the mind and its thoughts, and the ego and its identity, the seeker of Enlightenment himself disappears. We need the body to be Enlightened. The ego can be Enlightened but we don't need the mind. The mind is a bundle of toxic thoughts, triggered by the senses of the body. If only we can calm our senses, if we can tame the desires and passions of our eyes, ears, nose, tongue and skin, the monkey mind will become a monk and the false ego will become the Enlightened Ego. But unfortunately, our five senses are busy fishing in the ocean of the material world, seeking, wanting, desiring and even craving for material pleasures. Therefore, the senses of the body stop us from Awakening to the Truth that we are not the body or mind, we are the Soul. As long as we crave for things that will give us pleasure, we will never evolve to that state of peace that comes from contentment and fulfillment. Unfortunately, we all grow up in this world of sense pleasures, materialism and get lost. Enlightenment is to find the truth. It is that self-discovery or Self-Realization, which starts when we set aside the passion of the pleasures of our senses.

Therefore, the body is often considered to be like a donkey, a fool that has five senses that have no sense. Although we must use our intellect, the donkey body is led by the monkey mind, which jumps from thought to thought, desire to desire and traps us in ignorance. The ego, thus, does not get Enlightened.



How Can We Use Our Senses And Be Enlightened?

We all need senses to be Enlightened. The senses are like the five horses that drive the chariot of a body. The five horses are controlled by the reins, the mind. If we let loose the reins, the horses will go wild. The chariot of our life needs a charioteer. The charioteer is the Enlightened Ego, the 'I' that realizes that I am not this body. When the Enlightened Ego transcends the mind, it activates the intellect in a state of Consciousness and controls the five senses of the body. When the five senses, the five horses are controlled by our intellect in Consciousness, then the rotten thoughts of the mind do not make us a slave because we no more crave for the material world. Enlightenment is realizing that this material world is just a show. Nothing is ours. The pleasures that create sense gratifications are ephemeral. They are temporary. The Enlightened Ego shifts the attention of the senses from pleasure to peace. The body, no more seeks achievement through the senses. It is content with fulfillment. To be Enlightened, we must use the body and the senses to discover our true self by switching over from the outward roller coaster of the material world to an inner voyage of the spiritual world. Then, the senses can help us reach Enlightenment.

***Either we can be lost in the body's senses that are five,
Or we can use the senses for Enlightenment, to drive!***



Roadblock 9

RELATIONSHIPS

People Who Stop Our Spiritual Journey

In the journey of Enlightenment, it is strange but true that sometimes our own near and dear ones become roadblocks to our Enlightenment. Enlightenment is not for all and it is not necessary that our partners, spouses, friends or family will be on the same page. If our close circle is spiritual, we are very fortunate. But more often than not, we have relationships that are not inclined towards Spirituality. Enlightenment is a weird subject to them and this can often become a limitation in our spiritual journey.

Radha was spiritual and she used to meditate and contemplate important spiritual aspects of life. However, Girish, her husband was exactly the opposite. He was religious but not spiritual. Every time Radha wanted to pursue her Spirituality, Girish would stop her directly or indirectly. At first, he would mock her spiritual journey where there was no personal God. Then, when she would be contemplating Yoga and Moksha, he would supersede that with his Bhakti or devotion and thus, came in the way of Radha's spiritual progress. The biggest problem was that Radha loved Girish a lot and so, she was pulled in opposing directions. One, her love and longing for Liberation and the other, her love for Girish and the value of that relationship. It became obvious to her that she could not have both. Although, it looked like they had similar interests, they were poles apart in their beliefs. Therefore, the relationship became a roadblock. If she spoke to her partner on how there cannot be so many Gods, he would argue and fight. He was unwilling to listen. Radha was

evolved and advanced on the spiritual journey but she got stuck. She could not go to her Guru as Girish disliked it and thus, she could not progress on the path of Purification and Liberation.

There are many cases like this, where relationships become a hurdle in crossing over to the spiritual path. The fact is that only a minority of people are spiritually inclined. The rest may be religious, agnostics or even atheists. Therefore, to expect all people who are dear to us to be spiritual is not practical. But to give up Spirituality because the majority don't understand is a pity too. Spiritual aspirants are caught on the path of Enlightenment with people becoming limitations. Alas! The path of Spirituality is not easy. It needs passionate persistence to go and grow beyond the mundane beliefs and rise above the myth and the fairy tales that we have grown up with.

Spirituality does not ask us to renounce our dear ones. But it calls for us to be persistent on the path of Realization. There should be no interference in our self-discovery. If our precious relationships dilute our spiritual progress, we will never reach our destination.

It is rare to find a couple where both partners are deeply spiritual and synergized on the path of Enlightenment. Spirituality is an individual journey, a journey within. And relationships are a part of the material world. Relationships try to make 1+1 as 11, not just 2. But Spirituality is when 1+1 becomes 1. There is no duality. There is oneness. The Souls in a true relationship merge to become one. But when relationships go in the opposite directions, this is impossible.



How To Deal With Relationships That Stop Us?

It is a big challenge for Divine beings to be in relationships that become fetters in the spiritual journey. Most people try to find a way to foster both, the relationship and the spiritual growth. But this is not always possible. The first option is to try to make our partner, spiritual. It is trying to make them interested in the subject or inspiring them to join the spiritual journey. If this does not work, the second option is to respect each other's views and move on in life without it affecting the other's spiritual journey. If this is possible, our Enlightenment is blessed.

But what if our partner becomes the enemy of our Spiritual Awakening? What if our relationship with the Divine and our relationship with our earthly partner, not only become poles apart but also become impossible to synergize? When this happens, it becomes a challenge. We have to take a call. We can either give up the spiritual journey or move out of the relationship. Sometimes, if the relationship is not so strong or binding, it's possible. But there are times when the relationship cannot be touched. It's a tough choice then!

***When our life is such that we cling to people,
Then, our progress in Enlightenment becomes very feeble!***



Roadblock 10

SAMSARA

The Material World, Which Makes Us Sink

Very often, the material world of pleasures, people and possessions becomes a prison in which we are imprisoned. We cannot attain the freedom that liberates us from our body, mind and ego. We become puppets controlled by strings of the material world and thus, are unable to '*think about Spirituality*'. We blink and sink in the world of sense pleasures. We become slaves of our senses, our mind, our ego and the material world becomes our priority, happiness and life. As long as one is lost in *Samsara*, the world of pleasures and possessions, one cannot be Enlightened!

Enlightenment is a state of Eternal Bliss. It is evolving from the first level of happiness – pleasure - to the second stage of peace. Peace is the foundation of happiness. However, one has to go beyond peace and pleasure to reach the Ultimate Bliss that comes in Truth Consciousness. How does this happen? It happens when we discover our ultimate purpose and when we answer two important questions -

1. Who am I?
2. Why am I here?

When we realize we are not the body that dies and the mind and ego don't exist, we realize we are the Divine Soul. With this Realization, we go beyond this circus, this *Samsara*, to discover our true purpose. When we discover the true purpose of life,

we overcome all suffering in this world, in this *Samsara* — the triple suffering of the body, mind and ego. We become free from all misery and sorrow. But as long as we live in *Samsara*, we are lost in *Samsara*, we can never be Enlightened.

What happens in *Samsara*? We come to this world without understanding why. Then, we learn, we earn and get caught in this cycle. We want more and more. The material world expands our needs and we are filled with greed. One day, when we die, our body will burn and we will return to *Samsara* in a rebirth. This is the cycle of *Samsara*. Enlightenment is possible if after we learn and earn, we turn away from *Samsara* and yearn for the Divine and for Enlightenment. If we are trapped in *Samsara*, addicted to sense pleasures, how can we make the change to let go of *Samsara*? We live with ignorance, thinking that everything is mine, when in reality, we come with nothing and go with nothing. But this material world blocks us from realizing this simple truth.

If we look around, the majority of the world is lost in eating, drinking, shopping and celebrating. How many people pause to question life? Hardly anyone! The reason, *Samsara*. This bewitching world of material pleasures is only growing worse by the day. There are more attractions and distractions and we are sinking deeper in *Samsara*. Enlightenment is the ultimate goal but we are racing down the highway of achievement and don't find contentment and fulfillment. How will we ever be Enlightened?

Most of the world is lost in *Samsara*. We are worried only about the pleasure that we can extract out of this world. Little do we realize, what will happen when we are extracted out of this world.



How Can We Be In The World But Not Of The World?

Enlightenment is Realization of the Truth. It is freedom from the attachment to this material world. It is realizing that we come in this world just like we check-in at a hotel, where we have to ultimately, check-out. The hotel and all its possessions do not belong to us. However, we can use them temporarily and enjoy our holiday. So, we must enjoy our journey in this *Samsara* but not sink in it. We must realize that there is a purpose for us coming to earth and the purpose is not just doing good Karma and getting caught in this cycle of death and rebirth. We need Enlightenment.

We need to live like the lotus that blooms in a dirty lake but does not sink in it. It shines above the water towards the sun and similarly, we must be above the attractions of this material world. This world is like a flowing river and we need to cross this river. We need a boat and so, we have this body. But if the boat sinks in the river of life, we will not be able to cross over to our destination. Therefore, we must protect ourselves from sinking in *Samsara*. We can enjoy this beautiful world that we live in but we must not sink in it. We must be liberated.

***This Samsara is a beautiful world created by God.
But we must Awaken, be Liberated to be One with the Lord.***



Roadblock 11

DUTY

Worldly Duty That Makes Us Miss Life's Real Beauty

The moment we wake up in life, we are surrounded by duties and responsibilities. Once we finish learning, we start earning. First, our parents take care of us but as adults, we must take care of everything - our food, shelter, clothing and sometimes, also the needs of our near and dear ones. Even before we realize it, we get imprisoned in our own prison of duties. We live and die, without realizing, 'Why?' Why did we come to earth? What is the purpose of human birth? Is it just to earn, until one day, we finally burn? Is life just meant to provide for our body and mind? Is the purpose of life just to take care of the desires of our loved ones? This is a very shallow purpose and because we don't realize it, our life is nothing more than a circus. Just like a clown swinging on the trapeze in a circus, we get caught thinking that this is our life purpose. But is this the truth?

We have forgotten our most important duty. We have forgotten that the purpose of life is to find out who we are and why we are here. If we do not find out the purpose of life, our life is a waste. Only human beings are blessed with an intellect that can discriminate right from wrong. Only a human being can discover life's purpose. But instead, we exist and we depart without fulfilling this primary duty and we miss life's real beauty.

A man once went to the supermarket because there was no bread for dinner. Once he entered, he bought chocolates, biscuits and ice-

creams but forgot the bread. When he went back home, his wife asked him, 'What did you go to the supermarket for?' So also, we forget, why we came to this world. Because we think that we have to do our duty, we get caught in responsibilities and forget about Enlightenment.

Our biggest duty in life is Enlightenment, to be Spiritually Awakened. It is not achievement and pleasure. It is not even fulfillment and peace. Our main duty is to overcome ignorance and Realize the Truth. Instead, we are enveloped in ignorance and Enlightenment becomes a low priority.

How many people think that Enlightenment is our primary duty of life? Less than 1 %. Why? Because the other 99% are lost in their duties. Their duty becomes a roadblock to Enlightenment. Unless we wake up and examine our duties, prioritize our responsibilities, we will live through life, fulfilling our worldly duties and forgetting our duty to the Creator.

Many of us seek Enlightenment but we are stuck in our duties and don't realize that our duties are testing us. Our duties are stopping us from our primary duty of life. We have time for everything but we don't have time for God, for Self-Realization and God-Realization. As long as we remain a slave to our duty, the beauty of Enlightenment will not shine in our lives. Somehow, we believe that we have to take care of our worldly needs but we don't go deep within to discover our spiritual needs. Because we don't know the essence of who we are and why we are here, the duties of the body, the mind and ego, shadow the true existence of the Soul and we are lost in the material world without being Spiritually Awakened.



How Can We Be Free From Duties And Responsibilities?

We all have duties and we must fulfil them as much as possible. But our first responsibility is to make Enlightenment our first duty. If we can do this, we will find time to take care of our other duties too. Our biggest problem is that we put our duties on top and we are so stuck in them that there is no time for Enlightenment. We must change this. We must reverse it. We must make Enlightenment our most important responsibility. We must give more time to Spiritual Awakening than giving time to the gathering of material possessions. We must evolve from achievement and pleasure to Enlightenment and purpose. As long as we are stuck in material pursuits, we will not have any time for God that dwells in the temple of our heart.

Most of us pray but we don't know to whom we pray and what we say when we pray. We don't realize that God lives in the temple of our heart. We have not gone on a quest for God. We are so busy searching for material pleasures that we have not found time for the real treasure. Most of the people in this world are blocked from the quest of Enlightenment, without realizing that their own duties appear as roadblocks to reach the state of Self-Realization and God-Realization.

***Our Life is busy, we are caught in Duty,
Alas! Life escapes us, we miss the Real Beauty!***



Roadblock 12

LUST

Passions That Create A Fire

What is lust? It is a burning desire, a deep passion and even an obsession for worldly desires, primarily sex but even for success, money and anything that can attract our senses. When we have lust for the material world, we are completely lost. So lost that Enlightenment is overshadowed by complete darkness.

Lust and achievement go hand in hand. When we are blinded by success, money, name and fame, we are bound to the ground like a tree that is not free. We get stuck to our addiction for material pleasures. These addictions are passions, which when turned to lust, create a feeling that we must have them, no matter what! This is a roadblock to Enlightenment.

Enlightenment is an inner voyage. It is a journey of freedom and Liberation. Therefore, we cannot be imprisoned in desires that make us crave. When we develop lust for the world, we are lost in it. Then, success doesn't become the most important thing, rather, it becomes the only thing. We want nothing else but to create excitement for our lust. Can anything quench the thirst when there is lust? Impossible! Lust will only make us burst. It inadvertently eliminates the possibility of us being Spiritually Awakened. Lust makes people blind and Spirituality is left far behind. It creates an obsession to satiate our senses and this sense gratification overtakes everything else in life. A

person who is caught in lust becomes wild with desire. There is no right and wrong in their dictionary. Lust is an emotion where if you want something, you will have it, no matter what. If only this lust could switch over to a deep Divine longing, the power behind lust would surely lead us to Enlightenment. But unfortunately, lust is only for the skin and has nothing to do with the Divine that is within. We feast our eyes on something, just as our nose and ears can become a part of a lusty desire. Very often, it is the tongue and the skin that make us lust. Whatever it is, lust becomes a bottleneck for our spiritual evolution. It becomes a roadblock to Enlightenment.

What material possessions will we take with us, after we die? Nothing! Not even a pin. Then, why does lust create so much pandemonium when it comes to pleasure? Is it true that lust can create intense joy? On the contrary, lust can lead to a lot of pain for it creates stress and anxiety. But what concerns us is that lust can either be a stepping stone or a stumbling block when it comes to Enlightenment.

Enlightenment needs a deep longing and passion. But it should be for God and for Liberation from this material world. We need the power that is behind lust but we must reverse the direction and seek another destination - the destination of Realization. If only we switch the power of our lust to seek Illumination and Realization, the bottleneck to Enlightenment can open the door to our Spiritual Awakening.

An illustration of a road with a barrier gate on the left. The road curves into the distance towards a bright light on the horizon. The barrier gate is orange and black with a red and white striped arm.

How Must We Switch From Lust To Craving For Enlightenment?

We all have Power within us. But it is for us to realize that the power of lust is going to make us sink. When we crave for the material world, we are craving for an illusion that does not exist. All the things that we lust for are ephemeral and temporary. Our lust will not last forever.

However, if we use the fire, the passion created by lust in the right way, we can go on a journey of self-discovery and attain Enlightenment. Passion is a powerful tool but when it is the lust for either the skin or for money and fame, then we lose the game of life. The passion for the skin must switch to the passion for the Divine that is within. The lust for gold must change to become an obsession for God. The 'L' in Gold is the lust for the material world that blocks us from realizing God.

Lust is a powerful emotion but instead of it being a roadblock to Enlightenment, it should become a powerful stepping rock that can make us desire Enlightenment, round the clock. That is the Power of lust. It is passionate and persistent. But it seeks low and meaningless pleasures. The moment it is elevated, the Power can lead us to Enlightenment and Spiritual Awakening. Beware of lust! It can block you completely and eliminate the vision of Enlightenment from your life.

***Lust is a Power that creates a fire,
It can block Enlightenment, unless we reverse the Desire.***



Roadblock 13

SHAME

Being Ashamed Of Being Spiritual

People who are on the path of Enlightenment can get stuck if they feel ashamed of being spiritual. This is mainly because their near and dear ones make fun of them. They question the need of Spirituality and God. They dissuade a seeker from moving forward on the path of Awakening. If a seeker is strong, such dissuasions does not affect them. But a weak seeker can become ashamed and lose the spiritual journey to shame.

What is there to feel ashamed of? The path of Spirituality is the ultimate path of life. It is the very purpose of our existence. Those who are not spiritual should be ashamed. If being spiritual makes one feel embarrassed, then one has not understood the true meaning of Spirituality. Spirituality is the science of the spirit. It is not some religion or blind faith. It is a scientific logical discrimination of what is the myth and what is the truth. That is why only a few people, less than 1%, are on this path. It is obvious that the 99% who are not, will create this feeling of embarrassment for those who are seeking Spirituality. When somebody is meditating, contemplating and is lost in the wisdom of the Soul, that person is blessed. They need not feel shameful at all. It is not a sin to be spiritual. In fact, it is a sin to not be spiritual!

If there is no need of feeling ashamed in being spiritual, why should shame become a roadblock to Enlightenment? Why should shame choke somebody and create a bottleneck to

Spiritual Awakening? Over the last few years, every day we have a Zoom call at 8 pm and seekers from around the world attend the call with sincerity to be Spiritually Awakened. Many seekers attend the call every day without fail. But some seekers often express their honest feedback that when there are some frivolous and meaningless gatherings in their homes and they have to withdraw from the party to attend the call, the reaction of others makes them feel guilty and ashamed that they are missing the party. If one does not feel a strong urge to be on the Zoom call, it is due to some other roadblock to Enlightenment. But if the person is not attending the Zoom call because of the shame of missing out on the 'fun' although their heart and Soul seek Enlightenment, then shame becomes a roadblock to Enlightenment.

Enlightenment is not an easy task. It needs persistence and many more qualities. That is why even from the 1%, who seek Enlightenment, only 1% are Awakened. That is 0.01%. Why? Because one must have the courage and the conviction to follow the path. One must be absolutely clear that the purpose of life is to be Enlightened. One must not get easily carried away by the ephemeral material world of pleasures. Therefore, one must eliminate the roadblocks to Enlightenment, one by one.

My Spiritual Master once told me that many people get stuck in the three main limitations to Spiritual Awakening. He said that they were duty, lust and shame. Anybody who gets caught in these three, cannot be Enlightened. Therefore, one must be cautious about getting stuck in duty, becoming passionate with lust and getting embarrassed in shame if one wants Enlightenment.



How Can We Overcome The Embarrassment, The Shame Of Seeking Enlightenment?

While pride is generally a negative emotion, it becomes a positive emotion if we are proud of seeking Enlightenment. We should feel that we are blessed. We are the rare minority that have been chosen to seek God, to seek Ultimate Happiness and the real purpose of life. Therefore, this feeling of being blessed will eliminate the embarrassment or shame created by the world.

Normally, there is no neutral feeling. Either one is held back by the embarrassment or the shame of seeking Enlightenment or one is propelled and inspired to give it their all. Those who seek Enlightenment, express the Divine journey boldly without any shame. They don't hide the fact that they are on a spiritual path. They are not embarrassed to meditate and contemplate. They are not ashamed to seek God or love God. Those who continue to be embarrassed, will be imprisoned in the jail of shame. Enlightenment is not for them. It is meant only for those, who are bold and brave. Only they will achieve Spiritual Awakening before they reach their grave.

***You cannot be Enlightened, if you live with Shame,
You need to be Brave and Bold to Win this Game!***



Roadblock 14

MAYA

Lost In The Cosmic Illusion

Many people do not reach the state of Spiritual Awakening called Enlightenment because they are lost in *Maya*. They don't realize the simple truth that this world that appears to be is, in reality, nothing but Divine energy. While people think that *Maya* means Cosmic Illusion and we may call it so but in reality, *Maya* is Divine manifestation.

What is manifestation? It is something that appears to be. Just like a gold ring appears to be a ring but in reality, it is only gold. If you remove the gold, there will be no ring. So also, a wave appears to be a wave but it is only the water of the ocean. Unfortunately, we see the ring and the wave and believe that they are the ring and the wave. But the truth is something else. The truth is that these are only the effects. The cause is different. So also, this world is *Maya*. Everything that appears to be, the mountain and the sea, the butterfly and the tree, you and me, we are all nothing but Divine energy. This is Enlightenment. But *Maya* stops us from being Enlightened.

What is *Maya*? *Maya* is a game of the Creator. *Maya* has two Powers. First, it conceals the truth and second, it projects the myth. Those who don't understand the reality of *Maya*, can never be Enlightened. Therefore, *Maya* becomes a limitation. As long as we live with ignorance and do not Realize the Truth about *Maya*, we will live and die. We will never realize, '*Who am I?*' and will never get Enlightened.

A villager, once, came to a town and his friend took him for a movie. They were both spiritually inclined and the villager wanted to learn from his friend. So, the friend asked him, 'What do you see?' It was a war movie. The villager replied, 'I can see horses and elephants.' 'What else do you see?' asked the friend. Looking deeper, the villager said, 'I can see the dust rising up in the sky.' 'What else?' again the friend asked. The villager replied, 'Nothing!' Soon, there was a break and during the intermission, the friend asked him, 'Now what do you see?' The villager said, 'Nothing! Just a blank screen.' And so, the friend explained, 'This entire world is Maya. It is a projection of energy. And like we see a movie in 3D, in 7D or even virtual reality, we get lost in the movie and its special effects. This world is all Maya, a projection.' The Power of Maya stops us from realizing that this world is nothing more than a projection.

Today, even science has discovered, through its branch of Quantum Physics, what scientists call the Wave-Particle Duality. Science confirms that every particle of matter that is in every element of this world, is ultimately nothing but energy. This whole universe is energy and scientists call it the dark matter or the dark energy. In reality, this is *Maya*.

As long as we don't realize that this world is *Maya* and it is a manifestation of the Divine, we will be born and we will be gone and this will go, on and on! We will think that we are the body, mind and ego, we will perform Karma and experience joy and trauma as we experience the drama of life. It is only those who are Enlightened, who are free from all misery and sorrow, who live in the present moment and do not shuttle into yesterday and tomorrow. They meditate, contemplate and Realize the Truth. But first, they overcome *Maya*.



What Is The Way To Eliminate *Maya* And Be Enlightened?

We cannot eliminate *Maya*. *Maya* is the very essence of existence. But we can realize that this world is *Maya*. The moment we realize that this world is not real, it is a projection, we are Spiritually Awakened. We realize that we are not this body that will die. Every cell of our body, each of the 35 trillion cells is nothing but energy, as endorsed by science. We must realize this. How? We must open our real eyes. We must overcome ignorance.

The ignorance in us human beings is so deep-rooted that very often, we cannot overcome the ignorance and be Enlightened even in several lifetimes. Many seekers have been seeking the truth for decades but they are caught in the rut of their beliefs. To eliminate the illusion of *Maya* and to realize that it is all a Divine manifestation, we need the help of an Enlightened Master, a Guru.

***We don't get Enlightened as we are trapped in Maya, Illusion.
Only a Guru can make us Realize that it's a Manifestation.***



Roadblock 15

LEELA

Not Realizing That It Is Just A Show

Most of us do not pursue the journey of Spiritual Awakening because we are caught in ignorance. We enter this world and think it to be real. It appears so. And so, we think, '*This is my house, my parents, my children.*' Most of the world thinks so but is this true?

What is the difference between life and a drama? Life is life. It is real. A drama is just a show. In a drama, the actors come and go. An actor may perform as Spiderman or Batman but he does not become that. He is just performing that role. After the show, he goes back home to his real life. Therefore, we understand this to be the difference between life and a drama. But this becomes a roadblock to Enlightenment. We don't realize that life is a drama. It is a Divine show. It is called *Leela*. It is produced and directed by a Supreme Immortal Power, SIP. We are actors, who come to the earth stage, a humongous stage, which accommodates 8 billion people and trillions of other creatures. As per our Karma, we come into the show and one day, we go. We don't realize what the purpose of this *Leela* is.

This show, our coming to earth and our unique human birth has a specific purpose. It is to be Enlightened. It is to be Spiritually Awakened. It is to realize, '*Who am I and why am I here?*' We come to earth because there is an account to settle. This Karmic account could be positive or negative. But as long

as we have Karma, we will return to earth to play a role in this drama or *Leela*. If we do not discover that our life is part of the *Leela*, we will finish our role and return for another show. What is our goal? It is to realize that we are the Divine Soul, to be free from Karma and ultimately, to be free from this drama, this *Leela*.

Because we don't realize that life is a drama unfolding as per Karma, we experience trauma. Every being suffers. Every being experiences both pleasure and pain. The purpose of life is Enlightenment, it is to Realize the Truth. We have the opportunity of coming into this world, to Realize the Truth of life and to realize that everything is a *Leela*. But because we don't realize this, the *Leela* becomes a roadblock to Enlightenment. The majority of humanity thinks that this *Leela* is real. They know what a movie is, what a drama is but they don't realize that life is a drama, a *Leela*. Therefore, most people in the world consider their costume, the human body, to be them and live and die in this ignorance. Their Mind and Ego becomes ME and they are lost in this life drama, not just for one lifetime but for several lifetimes.

Just imagine an actor who acts as the husband or the prince of a princess, refusing to go back home to his wife. In the drama, the princess was his wife. After the show, would he go home to his wife or go with the princess, who played the role of his wife in the drama? Isn't this a ridiculous question? Of course, he will go back to his own wife. But this *Leela*, this Divine drama is such that it creates a curtain and hides the truth and we don't return home to our source, to where we came from. We are manifestations of the Divine, of SIP, the Supreme Immortal Power. But alas, we get lost in the body, mind and ego and think that this life is real, when in reality, it is just a *Leela*, a show.



How Can We Live In This *Leela* And Be Awakened?

Seekers of Spiritual Awakening learn and realize that life is just a show. We come and go. It is the Guru who plays an instrumental role in making us realize that nothing is ours. People and possessions are all a part of the *Leela*, the show. We bring nothing into the show and when we exit the drama, the *Leela*, we can take nothing. Clinging to pleasures, possessions and people, only creates more suffering and all this becomes a roadblock to Enlightenment.

If we want to get that spark of Enlightenment, we must overcome all that is dark. We must go beyond the special effects of the show and realize that we are actors, who come and go. We are not the body, mind and ego — this is just a costume. We play our role from birth to death, based on Karma and if we are not Enlightened and we don't realize that this is just a *Leela*, then based on our Karma, we will come back to the earth stage to write another page in the book of our life. The solution is to be Enlightened — to wake up to the truth that life is a show. Before we go, we must grow in our Realization. We are like a wave and we must become one with the ocean. We are manifestations of the Divine. Realizing that all this is just a *Leela* will Enlighten us and liberate us.

***Because of this Leela, this humungous Drama, this Show,
As ignorant puppets, in Realization, we do not grow.***



Roadblock 16

FEAR

The Fear Of Being Enlightened

Many people, strangely, are afraid of being Enlightened. They are frightened. *'What will happen to me if I become spiritual? What will happen to my life, work, family and loved ones? Will I have to leave them all and go to the forest? Will I have to renounce my favourite food and entertainment for the sake of Enlightenment?'* They are paranoid at the thought of being Enlightened!

Although Enlightenment is the ultimate peak of happiness and being Spiritually Awakened is the very essence and purpose of life, we are, by and large, ignorant about what Enlightenment is and therefore, it is not rare for fear to become a roadblock to reach the spiritual peak.

Many people are religious and they pray to God. Some love God and seek God. It is easy to do some rituals and follow some religious dogmas. But Enlightenment confuses them. Because people don't know what it is and there are hundreds of diktats and opinions on the subject, they become sceptical about pursuing it.

The moment they think of Enlightenment, a picture of a monk comes to their mind. Would they have to shave their head? Do they have to stop wearing good clothes? Do they have to take a begging bowl and beg for their food? It's a pity that we have this image of being Enlightened. To add to the confusion, there is the story of Gautama Buddha, a rich prince with a beautiful

wife and child, who renounced everything and went to the forest, that scares people beyond limits. Is this needed to be Enlightened?

Enlightenment is not about giving up the world. There is no other way to live a spiritual life — we have to live in this world and be spiritual. It is neither about living without food and clothes nor is it about becoming a beggar. We must take these precepts out of our head. Enlightenment is overcoming ignorance and Realizing the Truth. Enlightenment is being free from the triple suffering of the body, mind and ego. Enlightenment is living a life of Eternal Peace, Divine Love and Everlasting Bliss. Are we scared of this? Don't we want to experience the pinnacle of bliss and peace? Don't we want to experience the ecstasy of True Love? This is what Enlightenment is. But why does fear become a roadblock to Enlightenment?

FEAR is a False Expectation Appearing Real. Fear is not a real danger. All fears destroy people and their aspirations. Recently, the world experienced COVID-19 and while COVID was indeed a problem, the entire world shut down because of a cold and cough! Why? It was due to fear. The fear of COVID killed more people than the virus itself. So, the fear of Enlightenment or being Spiritually Awakened becomes a roadblock to achieving the ultimate goal of realizing that we are the Soul. Although people respect Enlightened Masters and aspire to have the peace that is experienced by the Spiritually Awakened ones, the fear of the consequences of Enlightenment paralyzes many seekers from taking simple steps that lead to Enlightenment. Every human being has the right to be Enlightened. But alas, because of the several roadblocks like fear, we pause and this becomes the very cause of our remaining ignorant and not being Enlightened.



How Can We Not Be Frightened And Be Enlightened?

We must have the courage to explore the journey of Spirituality. Spirituality is the science of the spirit. It is a very practical way of living life. We live not as the body that we are not, not the mind that we cannot find and not the ego that says 'I'. Once Enlightened, we will realize that we will never die. We are the Immortal Soul. Don't we live with the fear of death, the fear of the loss of all that we own, all that is known and the fear of the unknown that lies beyond death? Enlightenment overcomes these fears.

Enlightenment overcomes the mind which is the very machine that produces fearful thoughts. Imagine eliminating all fears from your life. This is the result of Enlightenment, being free from fear, worry, stress, anxiety, regret, shame and guilt. Imagine transcending the ego and with it, transcending anger, hate, revenge, jealousy, pride, greed and selfishness. Is it not the best thing to happen to us in life? We must be Enlightened. We must not be frightened. We must eliminate the roadblock of fear of Enlightenment and march towards overcoming ignorance and realizing the truth. Destroy fear, before fear destroys you!

***The fear of Spiritual Awakening makes us frightened.
It's time we Realize the Truth and we are Enlightened.***



Roadblock 17

KNOWLEDGE

Too Much Or Wrong Knowledge Is Confusion, Not Realization

Enlightenment is the Realization of the Truth. It is overcoming ignorance. We have to open our real eyes to realize and for this, we need knowledge. But knowledge by itself is not Realization. We may know but if we don't do, then we have not realized. Knowledge must go through a process of crystallization for Realization. *Just like water in a refrigerator must experience sub-zero temperatures to freeze into ice, knowledge must be converted to wisdom for us to realize.*

Therefore, knowledge is key. It is the basic essential ingredient of Enlightenment. But what happens when we get too much knowledge? Then, instead of reaching a conclusion, we land up in confusion. Thus, knowledge itself can also become a roadblock to Enlightenment.

Reshma was very intelligent and she had all the knowledge that one needed to be Enlightened. She had not only read all the scriptures but she could also recite many of them by-heart. As an avid reader, she had read all the philosophies and the theologies available and thus, had more knowledge than she needed. But she could not reach that state of Spiritual Awakening. She was not able to get that spark because it was her knowledge that created layers of confusion and made her remain in the dark. When she went to a Guru, an Enlightened Master, she carried with her, conflicting belief systems and tried to get the wisdom from the Guru. But before one Guru's

guidance could be absorbed, her mind would lead her to another Guru. Therefore, she was bombarded with too much information, too much guidance and too much knowledge. As a result, she was not able to Realize the Truth.

Therefore, knowledge can be a roadblock to Enlightenment. Just as food is essential for us to live but too much food can be a disaster, so also, we need knowledge but too much of it cannot get us to Enlightenment faster. We need only the right knowledge. Unnecessary learning is detrimental to the path of Spiritual Awakening.

There may be a way to achieve weight loss. There may be many ways, in fact but each way is unique. You cannot mix two ways or methods to get a better result in weight loss. Just like a perfect recipe is an excellent tool for cooking a good meal but imagine using three recipes to make a blueberry cheesecake. You can understand what the result would be.

While there are many ways to reach the state of Enlightenment, Enlightenment is about Awakening and Realizing the Truth. And the truth is one. The paths may be many but the destination is one. It is to realize that we are all manifestations of that one Divine, that one Supreme Immortal Power, SIP. To realize this, we need the basic ingredients of religion to start with and then, a Master to guide us. But if we overfill our efforts, we cannot attain Enlightenment. We must be cautious about what knowledge we are collecting and remove this myth from our head that the more knowledge we have, the more Enlightened we will get.



How Can We Have Enough Knowledge And Not Too Much Knowledge?

This roadblock is tricky. We need knowledge but too much of it will become a fetter on our path. It is just like sunshine. Too much of it can make us burn. We need enough knowledge to reach the destination. An overdose will only create confusion.

The best way to get to the point of enough knowledge is to have the right spiritual guide, an Enlightened Master or an Awakened Guru. The Guru can easily discriminate what is good for us and what is not. If we have the right Master, we will be guided on how much knowledge we need and what all we must learn. I was blessed to have a simple, humble, intelligent and an Awakened Guru. We used to call him, Dada. He was an epitome of simplicity. He always guided me and encouraged me to complete my quest for the truth. At one point, he told me to stop reading any more books because that would not help in enriching my outlook, in my quest for Enlightenment. For a moment, we may doubt, how can knowledge be a roadblock to Enlightenment? It is not, but too much of it will clearly confuse us and stop us from our ultimate goal of becoming Enlightened.

*We can get as much knowledge as we want from a college,
But knowledge can only give information, not Realization.*



Roadblock 18

RELIGION

Blind Faith In A Personal God

For 40 years, I believed in Lord *Shiva*. My faith and devotion were unparalleled. To me, Lord *Shiva* was God. There was nothing beyond him. I did not ponder other Gods. Even though Lord *Ganesha* was a famous God and the son of Lord *Shiva*, it hardly mattered to me. '*Om Namah Shivaya*' was my life *Mantra* for 40 years.

One day, my devotion, my love and my seeking for Lord *Shiva* became so intense that I started searching for Lord *Shiva*. I wanted to find out where *Shiva* was. I wanted to meet my God. Then, I realized the truth that God was not God. God was SIP, the Supreme Immortal Power. But now, when I reflect, I realize that my own religion and blind faith in my personal God had stopped me from being Awakened for 40 years! My faith had been unconditional. I had never asked a question and today, I realize that my faith and my religion had been a roadblock to my Enlightenment. The moment I pushed my religion and my personal God away from me, I could see very clearly that God was SIP, the Supreme Immortal Power. I was Spiritually Awakened.

Billions of people around the world live with blind faith. The fact is that faith is blind. If it is not blind, it is not faith. And there are several religions that do a wonderful job of taking us through the kindergarten of life. We pray to a personal God, believe in that God, have faith, hope and enthusiasm. But most

religions are full of followers who are fanatics. Each religion believes that only their God is the real God and their scriptures are the word of God. That is the essence of religion. The question is - if every religion believes that its scripture is God's word and there are hundreds of religions and innumerable scriptures, then what is the Ultimate Truth?

The Ultimate Truth is that there is only one God, one Power and one Creator, who is referred to by all religions, with each religion giving its God a different name. In reality, all these Gods are one Power. This is basic common sense. There cannot be hundreds of Gods sitting in some distant planet, controlling the universe. Because we are warned that it is blasphemous to question our religion and scripture, we live life in ignorance, led by our blind faith and ultimately die, only to believe that after we die, we will go to a distant heaven or hell and meet our God face to face. Who will go? The body is destroyed here on earth! Where will we go, and how will we go? These questions are answered by Enlightenment.

However, if our religion becomes a roadblock and it does not let us go on a quest in search of God, we will never be Enlightened. The problem is that we feel that it is unethical to set aside our personal God and rightfully so. But then, by being caught in this trap of religious ignorance, we will never realize God. The idea is not to disobey our religion or disrespect God. The purpose of Enlightenment is to realize God, attain God and become one with God. And as long as we are trapped in this roadblock of religion and blind faith, we will be stuck and never be Enlightened.



How Can We Respect Our Religion And Be Enlightened?

We all go to a kindergarten but do we remain in kindergarten throughout our life? No. From kindergarten, we go to school and then, to a college and university. While we are clear on the learning process, we are unclear on the believing process. We need religion to start our faith. But then, after developing faith in God and praying, if we really love God, we will seek God. The only way to seek God is through Spirituality. It is through Spirituality that we will attain that ultimate state of God-Realization and this happens after achieving Self-Realization.

Religion is needed as a foundation but when we evolve to Spirituality, the science of the Spirit, we realize that God is nameless, formless, birthless, deathless, beginningless and endless. God is the Supreme Immortal Power, SIP.

The Power of SIP appears in every Soul as a Spark Of Unique Life. The moment SIP leaves us, the Soul departs and we are dead. Therefore, we are all manifestations of God. But unless we evolve from religion to Spirituality, we will not question, 'Who am I?' and we will never realize, 'I am nothing! Not the body, mind and ego. I am the Soul. The Soul is God.'

***As long as we have blind faith in our Lord,
We will be stuck, we will never Realize God.***



Roadblock 19

KARMA

Past Actions That Create Obstacles

One of the most common obstacles in the journey of Enlightenment is our Karma. If our Karma is not right, we cannot be Enlightened. Therefore, this roadblock is like a dead-end. We cannot go beyond it. But we don't have to remove the roadblock of Karma. We have to transcend it. We have to be liberated from Karma and be free from all Karmic debt.

What is Karma? By itself, the word means action. But action, by itself, is not a roadblock to Enlightenment. The roadblock is the Law of Karma, the Law of Action and Reaction or the Law of Cause and Effect. This Universal Law of Karma that governs our life in this universe is the very cause of our birth on earth. It is based on Karma that we are born. If there was no Karma, we would not be here.

From the moment we are born, till the moment we are gone, we perform actions. These actions may be good or bad. These are called Karma. They are recorded in our personal account and we must settle every deed, good or bad. Just like the seeds we plant decide the fruits on the tree, the deeds we plant, decide our destiny. Life is based on the principle, '*As you sow, so shall you reap.*'

Who is performing the Karma? Is it the body that acts or is it the mind and ego that directs all actions? It is both. As long as we

are bound by Karma, the cycle of death and rebirth continues. There can be no Enlightenment which leads to Liberation from death and returning to earth.

How is Karma then, a roadblock to Enlightenment? We all have a Karmic debt, positive or negative. It may be the Karma that we brought to earth or the Karma that we did after our birth. Both these Karma merge like two tributaries of a river and become one entity – our twin Karma. This is what is unfolding in our life. If our twin Karma is a very high negative Karmic debt, it will interfere through negative thoughts, negative circumstances and become a serious roadblock to Enlightenment. Therefore, Karma, if negative, is a huge fetter. It ties our wings with strings and we cannot be Awakened. But there is hope.

Since Karma depends not only on our past Karma but also includes our present actions, we can change our present Karma and remove this roadblock. Unfortunately, many people have a huge Karmic debt and that becomes a predetermined destiny that cannot be changed. Therefore, their chance of being Spiritually Awakened, of being Enlightened is very remote.

We cannot underestimate the power and importance of Karma. However, we must not be fooled by the myth that doing good Karma is a shortcut to Enlightenment. It is not! Even those who do good Karma will get caught in the web of action and reaction. They will be reborn as they have to be rewarded. What then is the way to eliminate Karma from being a roadblock to Enlightenment?



How Can We Transcend Karma To Reach Enlightenment?

Enlightenment is the Realization, '*I am not 'I'.*' It is Awakening to the Truth, '*I am not the body that will die.*' It is going on a quest for the mind, only to realize that there is no mind. The mind is just a bundle of toxic thoughts. Enlightenment is thus, the evolving of the false ego that says, '*I am 'I',*' to the Enlightened Ego that realizes, '*I am not 'I'.*'

The way to transcend Karma is to reach the state of Self-Realization. Once there is the Illumination of, '*I am not the body, mind and ego,*' then, the Karma will not belong to me. If the Karma does not belong to me, then I have no Karma. I am free from all Karmic debt and I am eligible to be Enlightened. However, just knowing this is not enough eligibility. It has to appear in our actions. If we live as the Divine Soul, a Spark Of Unique Life, not as the body, mind and ego, not only are we free from the roadblock to Enlightenment but we also become Spiritually Awakened. Therefore, we have to work hard to transcend Karma. The whole world is talking about doing good Karma. No doubt, it is important and it will eliminate the roadblock but it will also create the next roadblock and we will have to return to earth in a rebirth to reap the rewards of our good Karma.

***As long as there is a Karmic debt, we are in a jail.
Unless we transcend Karma, in Enlightenment, we will fail.***



Roadblock 20

LONGING

Intense Obsession For The World Rather Than Enlightenment

When there is so much longing for this material world, how can we achieve Enlightenment? If somebody is marching towards the North Pole, obviously, he cannot reach the South Pole. Therefore, unless we switch our longing and it is directed towards Enlightenment, towards becoming one with the Divine, the Supreme, we will be locked in this material world, a world of *Bhoga*, when what is needed to be Enlightened is Yoga, not *Bhoga*.

Bhoga is a deep passion for the material world and Yoga comes from the word 'Yuj', being in union with the Divine. Therefore, when there is a longing for material pleasures, there is passion for possessions and our pleasures are based on the people we are with, we will remain in the shallow waters of the material world. We will run after achievement, success, name, fame, money and wealth but we will never reach that state of contentment and fulfillment, enroute destination Enlightenment.

Enlightenment is not an easy journey. The journey of Spiritual Awakening is an inner voyage and when the longing is not going within but is going outside, we think, blink and sink in the ocean of the material world. It is explained very beautifully that a human being has nine doors. These nine openings – two eyes, two ears, two nostrils, one mouth, one organ for excretion and one for reproduction - open the door to the outside world.

We must open our tenth door that looks within. It is not a physical door as some people imagine it to be. It is a virtual, an inner vision that comes when we develop the triple yearning for Enlightenment and the Divine.

What is this triple yearning? It is yearning that is more than a miser's yearning for gold, a lover's yearning for the beloved, and a child's yearning for its mother who is lost. When we develop a triple yearning that encompasses the above, then this becomes a passion, an intense obsession that will lead us to Enlightenment. As long as there is no love and longing for our source, for the Divine, the Supreme that we call SIP, the Supreme Immortal Power instead of God, we will just sink in this world. One day, we will be gone, only to be reborn and this will go on and on! To be free from this cycle of death and rebirth, we must realize that we are the Divine Soul and the Soul, with its longing for the Supreme Soul, becomes unstoppable in the inner voyage to Enlightenment. However, if there is an intense obsession for the outside world, rather than for inner Awakening, this will remain a roadblock and we will go round and round in circles and never be Enlightened!

What is the cause of this intense obsession for the material world? It is ignorance. It is living as the body, mind and ego. It is not realizing the several truths of life. All these are roadblocks that we should have crossed by now. Then, we must go beyond longing for the world. But that is also not enough. This roadblock is cleared only when the longing transforms to a different type of a longing. Then, it will catapult us into the orbit of spiritual seeking and Awakening.

An illustration of a road with a barrier gate on the left. The road curves into the distance towards a bright light on the horizon. The barrier gate is orange and black with a red and white striped arm.

How Can We Transform Our Longing From Seeking The Material World To Being Enlightened?

If we want to eliminate this obstacle to Enlightenment, the method is simple. We must start loving our God so much that the yearning creates an intense passion for the Lord. Not just faith, belief and prayer, we should seek God and search for God. This quest for God will push us forward towards our spiritual goal.

Many people are confused! They think that longing for the material world must be renounced to attain God. This is not the ultimate key to open the door to Enlightenment. We don't have to give up our standard of living that we currently enjoy. We need to pause and find the cause of our happiness. It is not money, wealth or material pleasures. When we realize that it is peace, we have already come halfway in this chapter of longing for the Divine. When our longing for God becomes a quest for self-discovery, then that magical combination leads us to Self-Realization. Longing for God, longing for self-discovery and seeking the ultimate purpose of life can transcend the longing for material pleasures and lead us to Enlightenment.

***Longing for the material world will make us earn, then burn.
To be Enlightened, we must turn and for the Divine, yearn.***



Roadblock 21

GURU

A Wrong Master Can Be A Disaster

The one seeking Enlightenment must be very cautious about the Mentor because the right Mentor, Spiritual Master, Awakened Guru can take us to Enlightenment faster. But a wrong Master can be a disaster!

Enlightenment is not an easy subject. Since only 1% of us seek Enlightenment and out of that 1%, 1% is Enlightened, the number of Enlightened Masters are very few. Those who are truly Awakened, who have spiritually realized the self and God, are not easily available. There are many, who might be Masters or Philosophers. But they cannot help us reach the destination of Self-Realization. Therefore, we have to be very cautious in selecting the right Master.

It is like using a GPS when driving. The GPS, Global Positioning System, should have the right Wi-Fi, we must punch in the right address and there should be no miss. Otherwise, we may follow the directions but reach a wrong destination. So also, the Guru's Powerful Signal, the GPS from our Guru, our Master is crucial to reach the state of Spiritual Awakening. If we get a wrong Guru, misunderstand the directions or disobey the instructions, we are going to reach nowhere. Therefore, if we are sincere seekers of Enlightenment, eliminating this roadblock is profoundly important.

There are too many self-styled Gurus who claim that they can initiate us and take us to the state of *Nirvana* or *Moksha*. This is a myth. Nobody can take us anywhere. We have to walk the path ourselves. But no doubt, if we have the right Guru, have appropriate guidance and if we follow our Guru with trust and obedience, we will attain Enlightenment. But this has one caveat. The Guru must be Enlightened.

If the Guru is just a motivational speaker or a passionate theologian, he can powerfully motivate us and convince us to waste our life by going in the opposite direction. Isn't this nothing less than disaster? Our journey of life is just one opportunity to be Spiritually Awakened. If we lose this opportunity, we will be gone, only to be reborn. I myself met many so-called Gurus, who tried to pull me towards them. I could easily make out how wrong their intentions were. But I was blessed to have found a Guru, who guided me for 25 years, who selflessly and humbly, with simplicity and humility, guided me intelligently to overcome my ignorance. Thus, I Realized the Truth. A chill goes down my spine with just the thought – *What would have happened if I had a wrong Master? My life would have been a disaster!*

Therefore, people who are seeking Enlightenment must ensure that a wrong Guru should not be a stumbling block that steals Enlightenment away. The right Guru must be a stepping stone, one who helps us climb the ladder to Enlightenment. The Guru can either be a roadblock or the key to our Spiritual Awakening. *The right Guru can surely take us to Enlightenment. The wrong one is nothing more than an entertainment!*



How Can We Find The Right Guru And Be Enlightened?

If we are sincere seekers, we will not have to put in a great amount of effort to find the right Guru. It is said that when the disciple is ready, the Master will appear. If we are sincerely seeking Liberation, Enlightenment and Unification with the Divine, then on our path of seeking, we will already find the Guru, waiting. If we are not true seekers, we will be on the wrong path. If we are sincere, then first, we will pursue the right path and on that path, we will find our Master. Then, with the guidance of the Master and our own discipline and obedience, we will get to Enlightenment faster.

Imagine a situation where we have a wrong Master, where the Master is not Enlightened. The Master may be religious, even a very good human being but if he is not Enlightened himself, unfortunately, he will not know the path to Enlightenment and he obviously, cannot lead us to a state of Spiritual Awakening.

The journey of Enlightenment seeks that we be Awakened to the Truth. We should use our intelligence, not our mind, when searching for the right Guru, the right Master. If this goes wrong, our life will be a disaster!

***The right Master can take us to our destination faster.
But the wrong Master can make our life a disaster.***



Roadblock 22

PRIORITY

Not Making Enlightenment A Priority

Is Enlightenment our priority or is it just one of the things that we are seeking? If we are seeking Enlightenment just as one of the items in our wish list, we will never attain it.

Not making Enlightenment the priority is a big roadblock to Enlightenment. We have to make Enlightenment not just a priority but *the* priority of our life. Nothing else should be more important. When we have such a priority, we remove all other priorities in our life that stop us from Spiritual Awakening.

Can we sail on two boats? Can we drive on two roads? Can we ride on two goats? No, this is not possible! Because we are foolish, we try to do this and lose our focus. Because we do not make the Divine our priority, we descend. This becomes a roadblock to Enlightenment. We want the world — we want pleasure, possessions and people but we also want Enlightenment. Enlightenment can't happen unless we give it our full attention. It does not mean that we have to stop living life. It does not mean that we have to give up all our pleasures, possessions and people but we can't run after them. We have to seek Enlightenment and focus on it if we really want it.

What is the meaning of making Enlightenment, the priority? It means that our focus, concentration and awareness must be on Enlightenment, not on achievement. If we are running after

success and achievement, it is like going towards the south pole, when Enlightenment is the north pole. Therefore, while we remain in the material world, our goal, our focus, our priority must be spiritual.

The journey of life is like sailing on a river. The material world is the river and everything that we have in our life is the boat. We need the boat to sail across the river but we cannot fill our boat so much that it sinks. We have to sail to our destination which is Self-Realization. Then, we have no option but to let go of our boat. We can't go across with the boat. So, we have to let go of this material world. People worry about this. They don't realize that on the other shore, there is far more peace, love and bliss than the pleasure and happiness of the material world. Those who realize it, eliminate the material world from being a priority and make Enlightenment their only priority.

Enlightenment needs consistency and persistence. We cannot flipflop. It is like trying to boil water. It has to continuously boil to the boiling point. So also, a seeker of Enlightenment must continuously seek till that point of Spiritual Awakening called Enlightenment. Once Enlightened, we are free. We can live in the world with a new paradigm. But till that 'Aha!' moment of Spiritual Awakening, there will be a short period of time in life, where we will have to sacrifice other priorities and make Enlightenment our only priority. Otherwise, although there will be smaller priorities in our life, they will become fetters and these chains will tie us and stop us from walking to Enlightenment.



How Can We Make Enlightenment Our ONLY Priority?

Those who are truly seeking Enlightenment must resolve and commit to attaining this state by making it their only priority. There is no other way! The Awakening moment cannot happen when we are launching a new business or celebrating an achievement. The Awakening moment needs meditation and contemplation and only then there will be Realization. For this, one has to find a way to temporarily set aside their duties and responsibilities and make Enlightenment their only priority.

One needs time to read and reflect. One needs time to discuss with their Guru or Master. All these should become the priority of our life. More importantly, nothing should distract us and take us away from our focus. Do you remember the science experiment in school where we focussed the sun's rays through a convex mirror and created fire on a paper? How did that happen? It needed focus and concentration. Those who were playing could never see the fire. So also, to be Enlightened, we have to let go of every other desire. We must wire ourselves completely on the path of seeking, with our Guru or Spiritual Master and with nothing that can distract us.

***If we seek Enlightenment but don't make it a Priority,
We will run helter-skelter and only create anxiety!***



Roadblock 23

UNAWARE

Not Knowing That One Is Enlightened

A strange roadblock to Enlightenment is that we are unaware that we are Enlightened or just about to be. Some people are very close to that mark of Enlightenment. They are very close to getting the spark of Spiritual Awakening. They have overcome all that is dark and their ignorance. Now, it's just about being in Consciousness and experiencing the state of Eternal Bliss in Truth Consciousness, *SatChitAnanda*.

The roadblock is, '*We are unaware.*' Therefore, it is very important to have an Enlightened Master, a right Guru, who can throw light on that dark spot of ignorance, where we don't realize that we are already Awakened.

When we wake up from our bed, don't we know that we are no more asleep? Still, sometimes, we ask for a few more minutes to sleep and then, we keep on snoozing. We are already awake but we don't make an effort to get out of our bed. So also, sometimes people are already Enlightened but they don't press the button for some reason. They don't execute that final push. They don't get their feet on the street and walk forward on that path. What causes this hesitation, although there is Realization? Any other roadblock or a combination of roadblocks may paralyze us and then we may remain in that state of Spiritual Awakening, not knowing that we are Enlightened.

But this roadblock cannot last long. If a genuine seeker continues seeking, although they have attained Self-Realization, it is only a matter of time that the bell will ring and they will see the Divine in everything.

We often boil water and sometimes, though the water has already boiled, we are unaware. We continue to boil it. Modern gadgets have an auto switch to tell us that the water has reached the boiling point. Many seekers get that spark in a particular moment, that '*Aha!*' moment of Enlightenment. But some don't. Ultimately, we need the spark of Enlightenment. We need the glow of Realization.

Spiritual Awakening is a transformation, a metamorphosis. Ultimately, the caterpillar will get to know that it has transformed into a butterfly. The '*Aha!*' moment is when it opens its wings and for the first time, is able to fly in the sky. So also, an Enlightened person is no more tied with strings. They can open their wings and fly over the triple suffering of the body, mind and ego as the Soul. The ultimate goal is this Realization and the fact is, we are already the Soul. We just have to discover it. The entire journey is about us being unaware, being ignorant. But often, after overcoming ignorance, after eliminating all roadblocks, we reach a state, where we can clearly see that we are not the body, not the Mind and Ego that says, '*ME*' and we know for sure that we are the Divine energy. Still, this knowing does not crystallize into living and doing what an Enlightened person does. Enlightenment is about action. A person who thinks that he is Enlightened or presumes that he is Enlightened but does not act as an Awakened Soul, may stop at this roadblock – being unaware that he is Enlightened. We have to push this out of our way.



How Can We Become Aware That We Are Enlightened?

Enlightenment needs courage. It needs faith. We must believe that we have the wings to fly. Otherwise, we will continue to crawl on the ground and never go up in the sky. We may have wings and there may be no strings that tie our wings but unless we are in Consciousness to realize that we are Enlightened, we will just lie low and suffer.

Birds fly because they think that they can. Imagine, if birds thought that they could not fly, they would be just walking on earth. They must open their wings to fly in the sky. Once we have eliminated all roadblocks, we must walk down the path of Enlightenment. We must take that first step. Haven't you heard of the metaphor, '*Even eagles need a push*'? What does it mean? When a tiny eagle is born, it lays in its nest till the time its parent, from high up in the mountains, pushes its little offspring out of its nest. The little baby has the capability to fly but it does not know how, till it opens its wings. Let us become aware that we are Spiritually Awakened, we are Enlightened.

***Even eagles need a push to know that they can fly.
The roadblock that we are unaware of,
we must clear to reach the sky.***



Roadblock 24

WHY ENLIGHTENMENT?

We Have Everything!

The whole world is blanketed in this ignorance, '*Why do I need Enlightenment? I have everything!*' And those who are on the other side, ask a similar question, '*Why should I seek Enlightenment? Because I have nothing.*'

If we look around the world, people are running a race. Everybody is trying to be an ace and we are caught in a maze. Very few people live with grace. The achievers of this world, the rich and the famous, think of Enlightenment as something that is unnecessary. They are blinded by their chase for material possessions. They are zooming down the highway of achievement and they zoom from womb to tomb. When they are confronted with Spiritual Awakening or Enlightenment, they just set it aside to reflect upon, on a future date. To them, it is not a priority. They don't even know what Enlightenment is. They do not pause to understand the reason for their passion for success. They think that success and achievement is happiness and all that they are seeking is material pleasure, without realizing that the true treasure is Enlightenment.

This roadblock, '*Why seek Enlightenment?*' is like a mountain that hides that peak of Eternal Bliss from their vision. They live and die without even discovering, '*Who am 'I'?*' They are so busy in their life circus that they forget that life has a meaning and a purpose. They enjoy pleasure and pain, and loss and

gain but they don't realize that there is a way to be happy, again and again. Sometimes, they are blessed to meet somebody who talks of Enlightenment. They watch a video of a spiritual speaker. They read a book on Awakening. Still, they do not take a step forward because they are blocked by this limiting thought, '*Why Enlightenment? We have everything!*'

Isn't it sad that the people who have material wealth that can buy temporary pleasure, get lost in this world? They miss finding the very essence and meaning of their life. Ultimately, they live with stress and anxiety and don't discover that state of peace and tranquillity, that is in essence, the very foundation of happiness. They live and die and once gone, they are reborn, only to repeat the cycle again. But everybody does not have this roadblock, '*We have everything.*' Some are unfortunate to have a slightly different roadblock – '*We have nothing!*' For them, they can't afford Enlightenment. They are so busy aspiring to be an achiever that there is no time for anything else. They just want a better home, better things, luxuries, a better car, some holidays and the like. Ultimately, both the haves and the have-nots are missing the real treasure of life because they are running after mundane pleasures, which can give only happiness that comes and goes. Alas, they miss the Eternal Bliss that with Enlightenment, forever flows.

Isn't it sad that both the achievers and those who fail have a roadblock to Enlightenment? The achievers think that Enlightenment is unnecessary because they have everything and the ones who fail don't seek Enlightenment because they think that other things are more necessary! Who, then, are the ones that seek Enlightenment? They are the blessed ones.



How Will The World Realize That They Need Enlightenment?

There comes a time in life when we are shaken in our skin. Either we or our loved ones face a fatal disease or somebody dies in a sudden accident or there is a financial ruin. Something shakes us so badly that we seek God and seek answers. Then we start a quest, a search. It is not easy for anybody to just start a search. Some are blessed because of their past Karma or the Divine grace that they meet a person who is instrumental in their transformation. But those who have kept Enlightenment in the back seat, forget about Spirituality.

When we see a child born blind or physically or mentally challenged, it can Awaken us to think. If we see somebody die suddenly, this too can be a trigger. Enlightenment needs some trigger. The trigger should be strong enough to overcome the roadblock that we don't need Enlightenment. It hardly matters whether we have everything or nothing. What matters is that we must achieve that one thing, which is the very purpose of every human being's existence. Otherwise, we will just come and go without understanding the meaning of this show.

***One of the roadblocks that stops us is entertainment,
We seek so much pleasure that we forget Enlightenment!***

**AFTER CLEARING
ALL THE ROADBLOCKS,**

WHAT NEXT?

*After all the roadblocks of Enlightenment disappear,
We can be Liberated from Samsara, our path is clear!*

A 3D rendering of a road with a barrier gate on the left. The road curves into the distance towards a bright light on the horizon. The barrier gate is orange and black with a red and white striped arm.

PART - F

WHAT AFTER CLEARING ALL THE ROADBLOCKS?

The journey of Enlightenment is like climbing a mountain. As long as we are going up the mountain, we can't afford to slip. If we do, we will fall! The 24 Roadblocks are the fetters that limit us in our climb to the peak of Enlightenment. We seek Enlightenment. We want it. But there are so many things that come in the way of our Spiritual Awakening. When we transcend the body, mind and ego, when we throw doubt out and wipe out the darkness of ignorance, then we are ready to be Awakened. Of course, to move from achievement to Enlightenment, we have to transcend desires, duties, lust and shame. Then, there will be no fear. We will realize that the world is *Maya*, a *Leela* and with the guidance of the Guru, we will focus on that one priority of Enlightenment.

If any of the roadblocks still remain, we are at risk of being stuck in a jail and then, we will fail! But if we are free from all the fetters, then, after we reach the peak, we will flow down the slopes of Spiritual Awakening and move from the state of Self-Realization to God-Realization. First, it's about understanding Enlightenment and thereafter, clearing all roadblocks. Chances are that once we eliminate all that is dark, all the roadblocks, we will see the Divine spark. If there is still a cloud that is stopping the vision of Realization, we have to push ahead. The '*Aha!*' moment is the moment of the Realization of the Truth.

It is just like the sun shining in the skies. The sun is always there. But can we always see the sunshine? No, we can't see the sun shining when there are clouds in the sky. The moment the clouds drift away, the sun will shine. The moment the roadblocks are cleared within us, we will experience the Divine. If we do not, it only means that some roadblock is still there. We must not lose hope. We must hold on to our seeking with a tight rope. There is no doubt that clearing all the roadblocks will reveal the light of truth that is Enlightenment.

Enlightenment is to switch on the light and the roadblocks stop us from seeing the light. Spiritual Awakening doesn't call for any construction, rather, it calls for an intelligent destruction of our ignorance. As we start to shoot down the 24 roadblocks, one by one, the truth will shine and we will be Awakened. There is no element of doubt. The only thing that is needed, is to realize that there are 8 stages to Enlightenment and the roadblocks will only take us to stage 5. Thereafter, we have to be committed to live as an Awakened Soul. There are 4 doors that will take us from Realization to Liberation and there is a process that starts with Purification and ends with Unification. All this is important after we experience the 'Aha!' moment, when the roadblocks are cleared. Then, with complete discipline and obedience, we can slowly but steadily reach that state of living in Eternal Bliss in Truth Consciousness. Let us continue the journey that is the most precious voyage of our life.

***Once we set aside every Enlightenment roadblock,
That spark of Spiritual Awakening will unlock!***



PART - G

THE JOURNEY TO ENLIGHTENMENT AND THEREAFTER

The journey to Enlightenment is, by no means, an easy one. However, it is possible for every sincere seeker to be Spiritually Awakened. We have covered the 24 Roadblocks to Enlightenment that can stop us from seeing that spark. But as we eliminate all that is dark, we need to evolve on the journey to reach the spiritual peak.

To be Enlightened, there are 8 stages. The first is called *Mumukshu* - one who has a deep love and longing for the Divine. The second is called *Jigyasu* - one who is sincerely and passionately seeking the truth. The third stage is a *Gyani* - one who accumulates all the knowledge and wisdom. The fourth stage is a *Yogi* - one who lives in Yoga or union with the Divine. As one finishes these four stages and clears the roadblocks, they will reach the fifth stage and become a *Buddh* - an Awakened or Enlightened one. The journey doesn't end here. The challenge is to remain in this state of Consciousness with the intellect steadily shining. This sixth stage is *Sthitpragya*. The seventh stage is living free from the body, mind and ego and is known as *Jivanmukta*. This leads us to the ultimate and the eighth stage - living as a Divine Soul in Eternal Bliss in Truth Consciousness. This is known as *SatChitAnanda Atman*.

Both the 24 Roadblocks to Enlightenment and the 8 stages of Spiritual Awakening go hand in hand for a genuine seeker to be Enlightened.

Enlightenment needs us to cross the four doors, before we arrive at destination Liberation. What are these four doors? The first door is of Discrimination or *Vivek*. It means that we should constantly discriminate everything that we do in life. Otherwise, we will fail. The next door that we must pass is called Dispassion or *Vairagya*. It is about being detached from pleasures, possessions and people. The third door is of Discipline or *Shatsampat*. We need discipline of the body and mind, just as we must withdraw into our shell like a tortoise, when we are attacked by sense pleasures. The fourth door is of the Desire for Liberation and for the Divine called *Mumukshutva*. Unless we pass these four doors, we will not complete the journey of Enlightenment.

The Enlightenment process is also an important aspect that seekers must be aware of. The journey starts with Purification. To purify means to eliminate the myth that we grow up with. This works side by side, along with removing the roadblocks of ignorance, doubt, desire, attachment, the mind and the ego. After Purification, there is Illumination. Every Illumination is a tiny Realization, tiny sparks that will ultimately become the glow of Enlightenment. Both Purification and Illumination lead to Realization, when all the roadblocks are cleared. Thereafter, the *Buddh*, the Awakened one must live as a *Sthitpragya*, with a steady intellect and as a *SatChitAnanda Atman*, till the moment of death. In that moment of death, when we lose our breath, there will be Liberation and Unification with the Divine. This whole process is called

PIRLU and it ensures that we attain the state of Self-Realization and God-Realization.

What is the key that we must not forget on this journey? We can call it '*TODD your Master*'. What is this? TODD means Trust-Obey-Don't Disobey. In the journey of Spirituality, a Guru plays a key role. Without the Master, Enlightenment will be a disaster. But just having a Guru is not enough. We must trust the Guru. But trust doesn't work when it is 99%. It has to be 100%. We can question our Guru but not doubt our Guru. We must obey everything that we are taught and finally, remember, '*Don't Disobey your Master*.' Sometimes, it seems that whatever the Master is saying is not right. But we must not fight. We have to find the light, which is at that moment, out of our sight. The Master is Awakened. The Master can see what we are meant to be. But we are imprisoned by the body and the Mind and Ego, ME. When we '*TODD our Master*' and eliminate the roadblocks, we will experience the '*Aha!*' moment.

Enlightenment is all about that '*Aha!*' moment. That is why it is called Realization. It is that spark that comes, when we are out of the dark. When we sweep away all roadblocks, then we unlock the door and lo and behold, we realize, '*I am not this, I am that!*' We realize that we are nothing and in that moment, we become everything. Ultimately, this journey is about realizing that we are all manifestations of the Divine, of the Supreme Immortal Power, SIP, that we call, God. And when we remove all roadblocks, we become one with the Lord.

***After removing roadblocks in the journey, what is thereafter?
Realization, Liberation and Unification with our Divine Master.***

AFTERWORD



As I look back and reflect upon my own life journey, I realize that I was cornered by so many roadblocks to Enlightenment. Till I was 46, I did not truly understand the meaning of Enlightenment. I had heard of the term before but had never bothered to explore it. I was so lost in my race to be an ace, in my success and achievements that I never paid attention to peace and fulfillment. Today, in hindsight, I can see all the roadblocks.

I was ignorant. I did not know what the meaning of life was. I was trapped in desires and was attached to pleasures, possessions and people. I was a slave of the mind and my ego was my boss, riding my horse! To me, I was the body and happiness was all about sense gratifications. Spirituality and Enlightenment were weird terms for me. I gave a great deal of importance to relationships that were paramount to me. And all these became fetters. These were the limitations that made me sink in *Samsara*.

I thought I had to do my duty and my responsibilities were my priority. What shame I would feel if I lost my material world! I was passionate and full of lust. My longing for name and fame and material wealth was making me run like a mad man, making money. All these were a part of my life structure.

What was *Maya*, the Cosmic Illusion? What was *Leela*, the Divine show? I had heard my Guru speaking about these terms but I had never paid attention to them. I only learned from him a little bit on Karma and how to overcome fear and live with humility. But probably, deep within, all his goodness was filling my Consciousness.

Somewhere, I was blessed for I was doing charitable work and I had a compassionate heart. Probably, three decades of serving humanity, along with faith in God and the guidance of my Guru had transformed my life. One day in 2012, when I was not even 46, my Guru told me to go on a *Talaash*, a quest to find out the true purpose of life. This was after he freed me five years prior, by motivating me to shut down my business. If I had not done that, I would have never been Spiritually Awakened, let alone becoming a guide to thousands of people. But a Master can make us reach our destination faster. Without a Guru, it seems to me that it is impossible to be Enlightened. All glory goes to the Guru.

My life changed and I cleared all the roadblocks. I realized my true self – I am not 'I'. I am not Ravi. I am the Soul, the *Atman* in Ravi. I became AiR. I moved from Self-Realization to God-Realization. What would have happened if I had not cleared all the roadblocks to Enlightenment? I would have just lived, died and returned in a rebirth. This thought grips me and urges me to help the world realize that Enlightenment is our goal, and we must eliminate all the roadblocks and realize that we are the Soul.

*I too was lost in a life that zoomed so fast,
Till I discovered Enlightenment and all roadblocks, I passed.*

POEM



The 24 ROADBLOCKS to ENLIGHTENMENT

*The Purpose of our Life is Enlightenment
But we are all trapped in Achievement
We run a race trying to be an ace
Lost in this maze, we don't live with grace
And all we end up is with entertainment*

*What is Enlightenment, this Truth, do we know?
It is overcoming Ignorance within, a spark is lit, aglow
It is overcoming the lie that God lives in the sky
Going on a Quest, Realizing, 'Who am I'
And ultimately, being free from this show*

*Many of us ask the question, 'Why be Enlightened?'
To be Spiritually Awakened, we are frightened!
We live and die, we don't find out, 'Who am I?'
We look at the sky and cry and ask, 'Why?'
And get caught in Roadblocks and don't get Awakened*

*What are the Roadblocks that lock the door?
There are many fetters, more and more
Ignorance and desires, the Ego and the Mind
Achievement and Attachment leave us far behind
Let us discover the Roadblocks, twenty-four*

*Ignorance is a Roadblock caused by the Mind
We can't see Enlightenment, we become blind!
We want Enlightenment but we are in doubt
We need to remove these, throw them out
When we clear these blocks, the Goal, we will find!*

*Desires make us burn, desires create greed
We don't get Enlightened, fulfilled in our need
We run after Achievement, seeking Success
We don't get Enlightened, we land up in a mess!
But when we clear the roadblocks, we find Happiness!*

*What is Attachment? It is clinging
It is the cause of all suffering
All this is caused by the rascal, the Mind
Kill the Mind or you will be dead, you'll find!
We must clear these Roadblocks for our Awakening*

*Enlighten the Ego that stands tall as a wall
We can't Awaken unless the Ego has a fall
The Body too blocks us with the senses, five
In desires and passions, we sink as we dive
To be Enlightened, we must remove Roadblocks, all*

*Then, relationships stop us, our own dear people
They create limitations, they make us feeble
In this Samsara, we are lost, we sink
The world makes us weak, we think and we blink!
We don't reach the peak, we are stopped at the steeple*

*Responsibilities limit us, yes, our worldly duty
It stops us from Enlightenment, the real beauty
With passion we live, we are caught in lust
We must remove this, it is a must
Otherwise, we'll suffer and not realize that we are Divinity.*

*Many of us are caught in shame
Living in regret, we lose the game
We don't understand Maya, it's a Cosmic Illusion
Nothing is real, we are lost in the confusion
To clear all these Roadblocks, must be our aim*

*This world is a Leela, it's a Divine Show
We are just actors, we come and we go
We are afraid to be Awakened, we live with fear
We miss the Bliss, the cheer that is so near
Clearing the roadblocks, we must grow*

*Sometimes knowledge becomes a limitation
Too much of it, stops our Realization
We pray to God and believe in our Religion
But Religion can never lead to God-Realization
When will we be free from these and have Illumination?*

*Everything in Life is Karma, the Law of Action
We get trapped in our Action and Reaction
Instead of having Love and Longing for God
We get stuck and go far from our Lord
We must clear Roadblocks and reach our Destination*

*To be Enlightened, we need a Guru, a Master
Without a Guru, Life is a disaster!
Another Roadblock in our Life is our Priority
We seek the material world and lose our Tranquillity
If we remove these Roadblocks, we will get there faster*

*Many of us are unaware of Enlightenment
This becomes the Roadblock, we are stuck in Achievement
We have everything, then why be Enlightened?
This is a roadblock that stops us from being Awakened
What a pity, this is such an embarrassment*

*We have listed Roadblocks, twenty-four
What these do, they lock the door
We must clear them, one by one
Then, the war of Enlightenment will be won
Discover that Life is more than what we know*

*The Journey of Life is all about Enlightenment
It's not about achieving Success, living in Achievement
Unless the Roadblocks, we wipe out and clear
To attain God, we will not even get near
And we will miss living a Life of Fulfillment!*

ARE YOU SEEKING ENLIGHTENMENT?



If your eyes have seen this page, then you are blessed, destined and fortunate to be Enlightened. For whatever reason, you have reached here. May be, you have read this book or by chance, by flipping pages randomly, you have landed on this page. Whatever be the reason, you can be Enlightened! You can reach the state of Eternal Happiness. You can overcome ignorance and Realize the Truth. You can discover the true meaning of life. You can be liberated from the triple suffering on earth and the cycle of rebirth. You can discover a life of Eternal Peace, Divine Love and Everlasting Bliss.

How you can do these is already in this book. There are 24 roadblocks and you must clear these roadblocks to be Enlightened. Once you eliminate all that is dark, you will be Spiritually Awakened with a spark, an '*Aha!*' moment.

To make this happen, the key is to be part of a discussion of several Masters, who are seeking Enlightenment. They debate and discuss all aspects of life and happiness and ultimately, talk about what our purpose is. All this happens on a Zoom call, every evening at 8. It is called '*Ask AiR!*'. You can click the invite button and join in, free of cost and get answers to all your questions. Remember, it is 8 pm IST, every day, and it's the way to Enlightenment. Don't miss a day! Join Zoom – ID number 85021104431. It's free and it will lead you to realize that you are neither the body nor the Mind and Ego, ME. You are, in fact, Divine Energy.

Join Ask AiR Zoom Call, Every Day at 8 pm IST

Up to 100 people can join this call every day and ask questions and discuss:

1. Life
2. Happiness
3. Peace
4. Problems
5. Success
6. God
7. Religion
8. Spirituality
9. Nirvana
10. Moksha
11. Love
12. Peace
13. Mind
14. Consciousness
15. Fear
16. Worry
17. Stress
18. Anxiety
19. Anger
20. Hate
21. Revenge
22. Jealousy
23. Ego

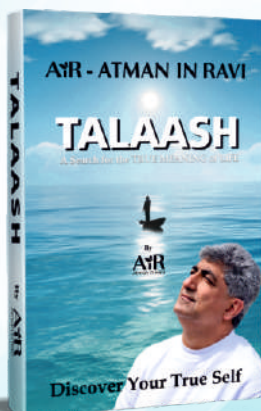


ZOOM CALL QR CODE

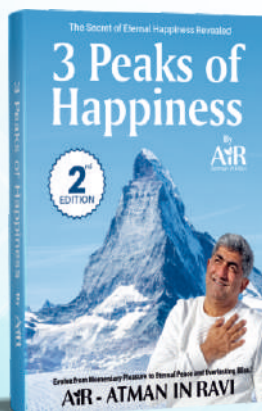
.... And many more topics.

If you want to discover the Purpose of life, join this call for a few days and your life will be transformed!

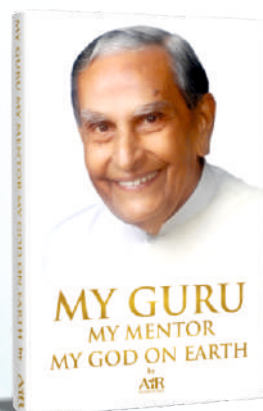
OTHER BOOKS BY AiR



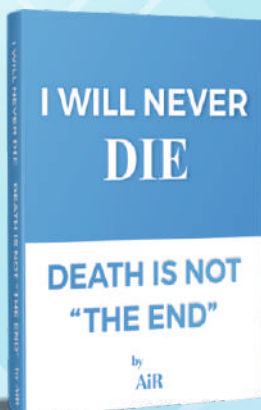
1



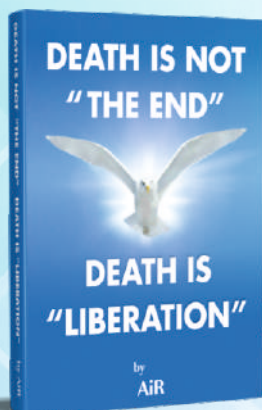
2



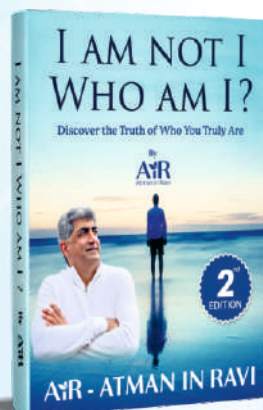
3



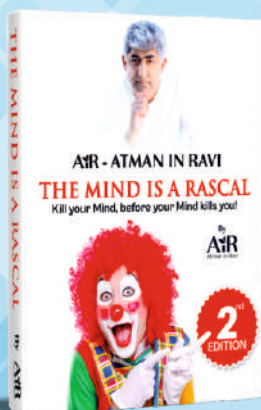
4



5



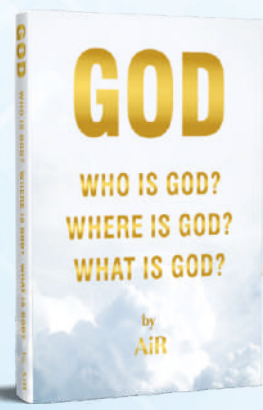
6



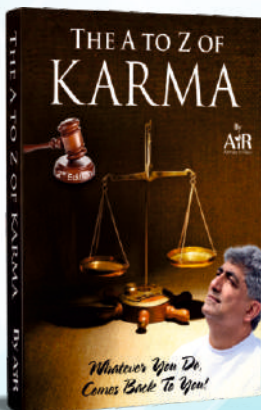
7



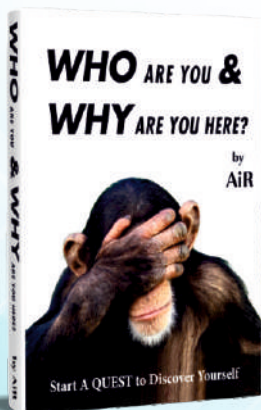
8



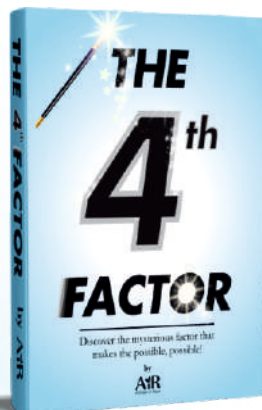
9



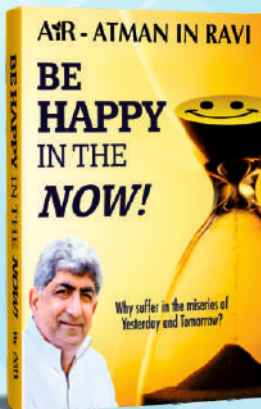
10



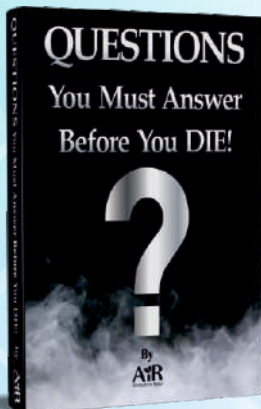
11



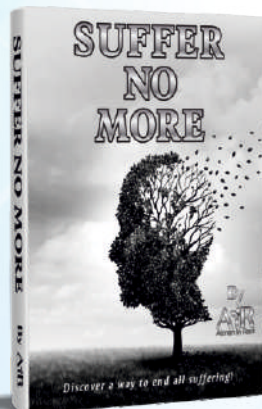
12



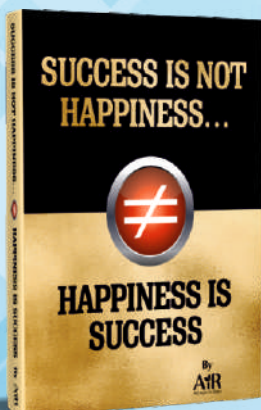
13



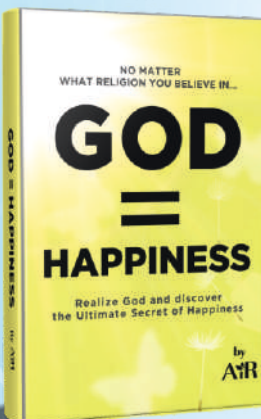
14



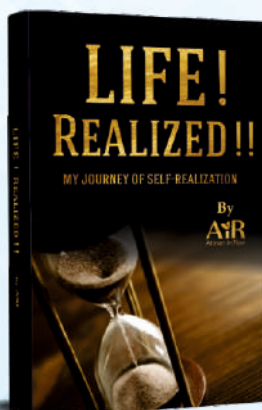
15



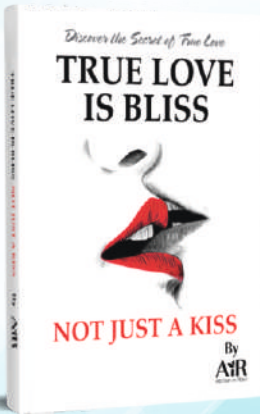
16



17



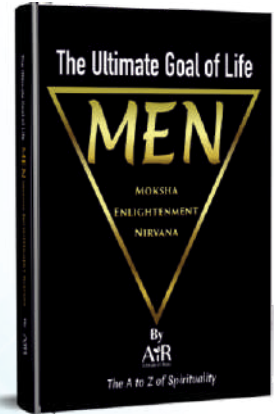
18



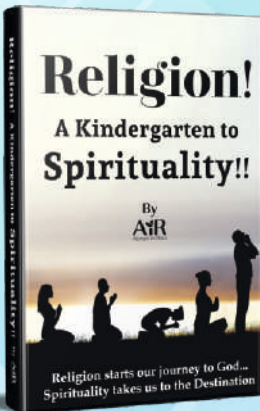
19



20



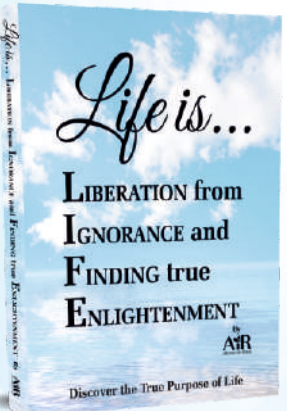
21



22



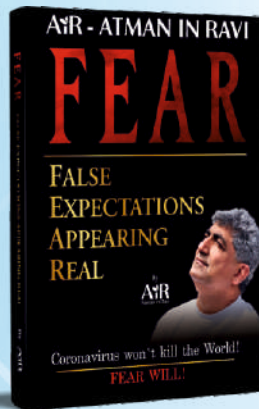
23



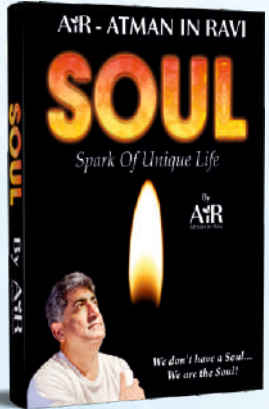
24



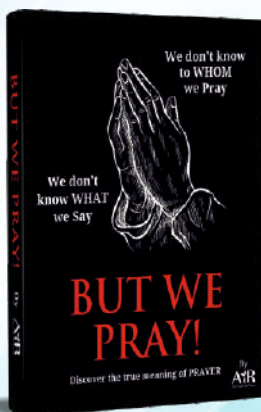
25



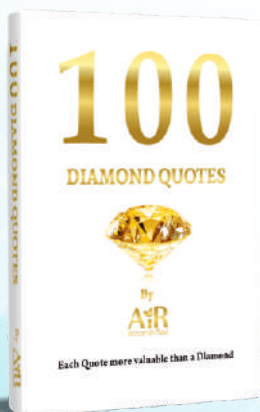
26



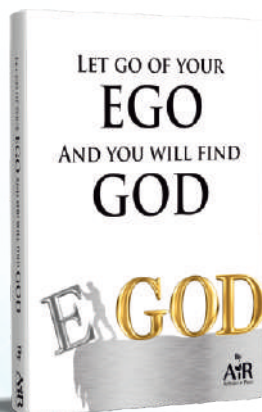
27



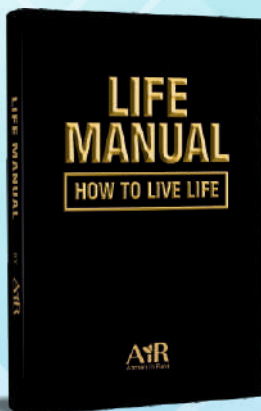
28



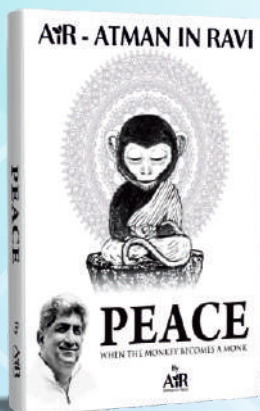
29



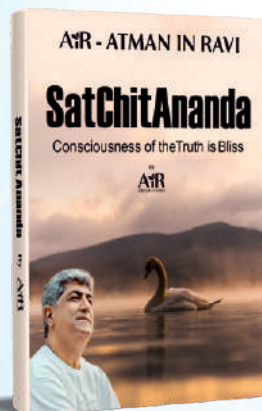
30



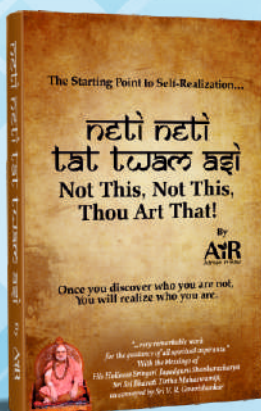
31



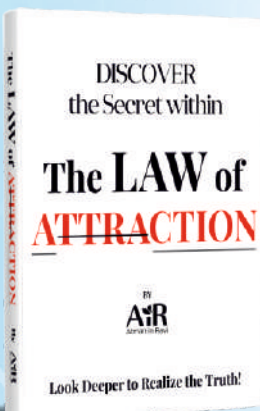
32



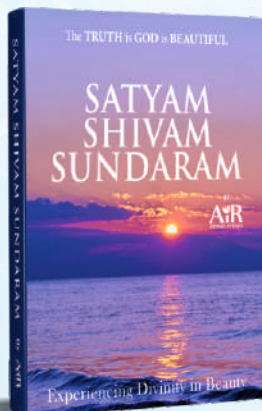
33



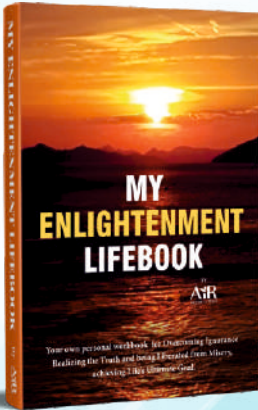
34



35



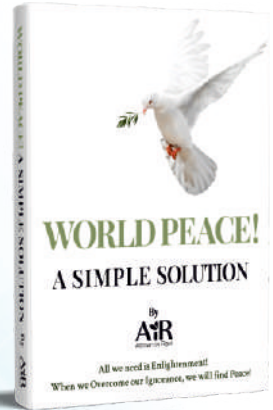
36



37



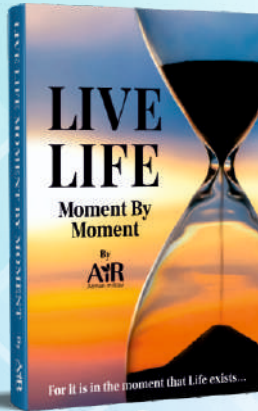
38



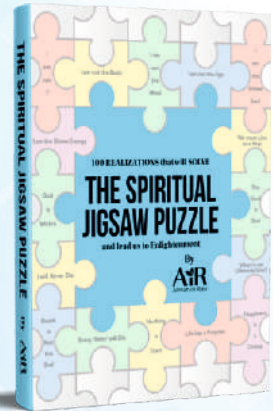
39



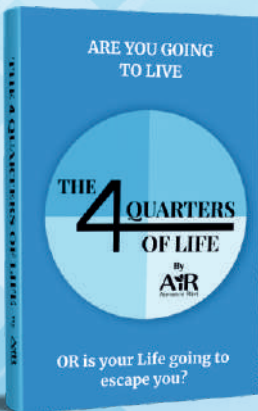
40



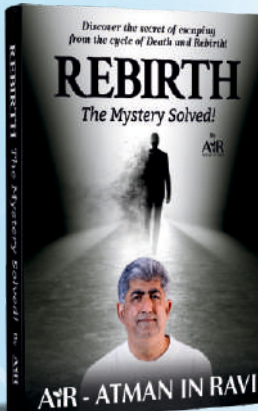
41



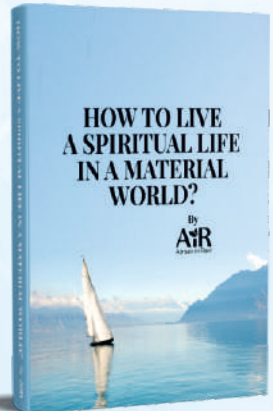
42



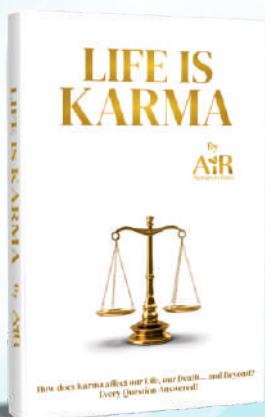
43



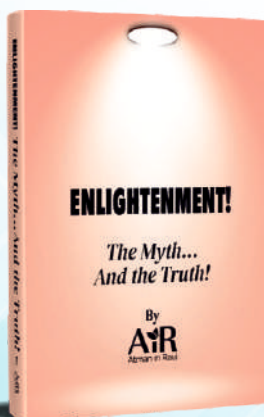
44



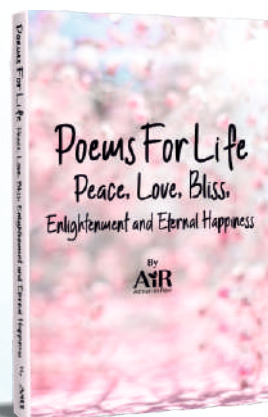
45



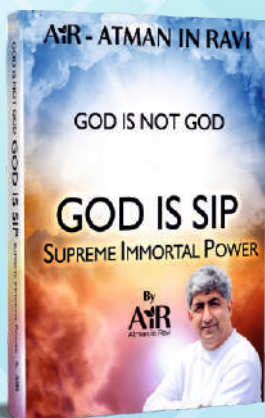
46



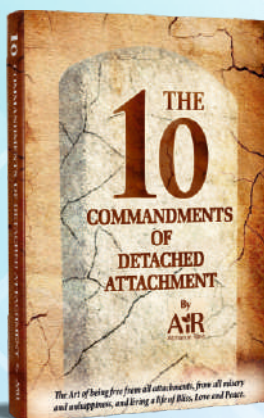
47



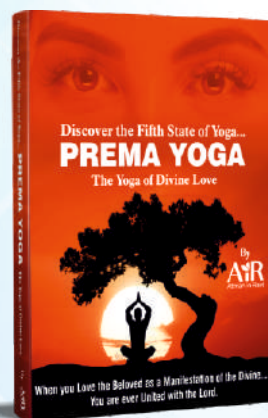
48



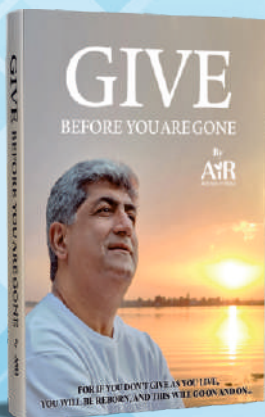
49



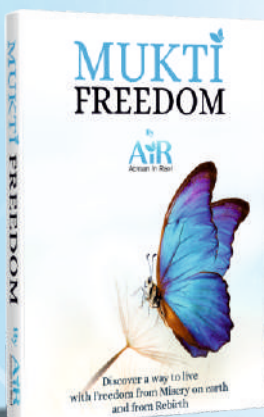
50



51



52



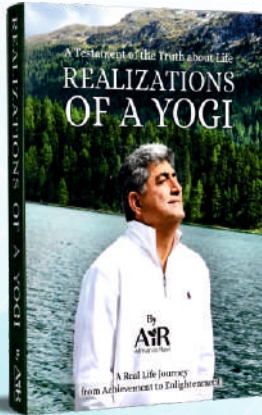
53



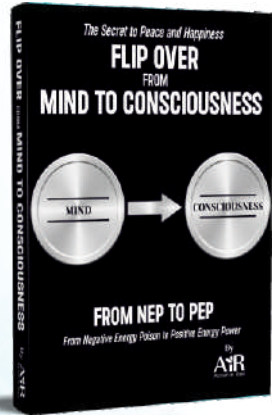
54



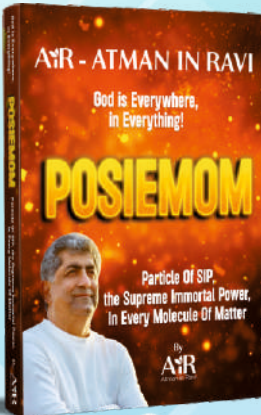
55



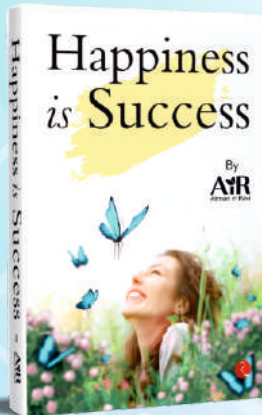
56



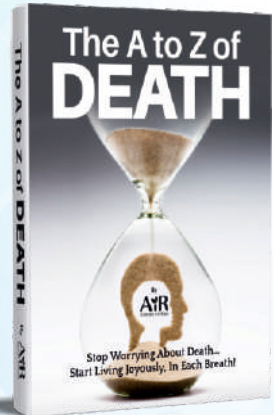
57



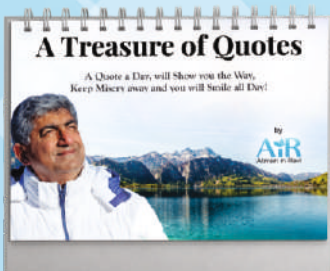
58



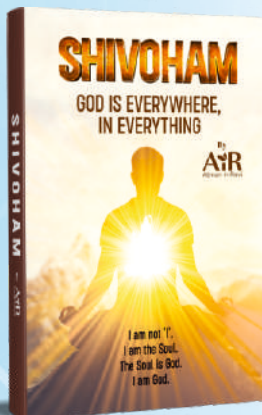
59



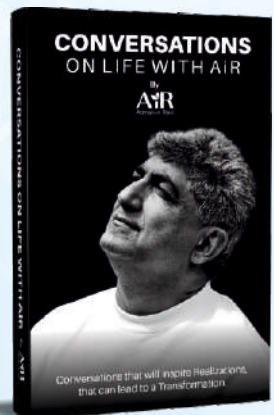
60



61



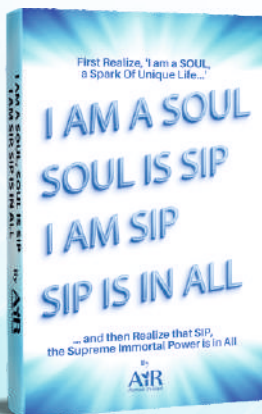
62



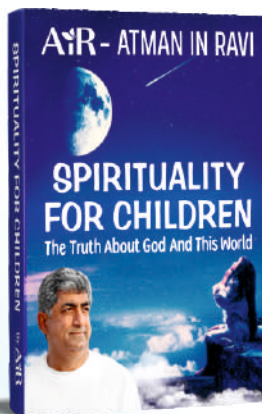
63



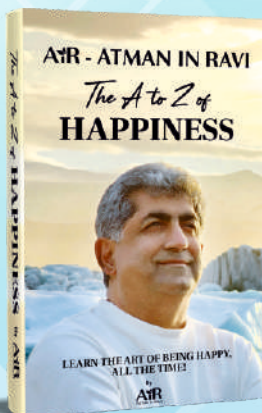
64



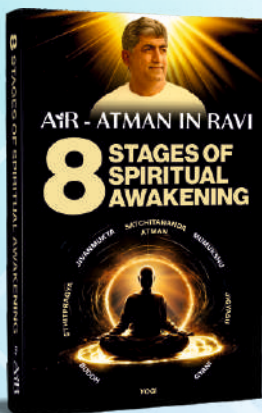
65



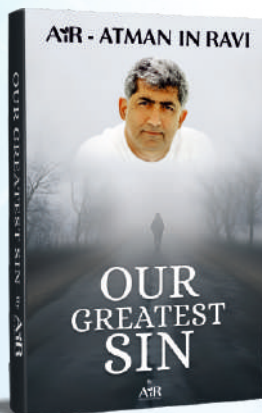
66



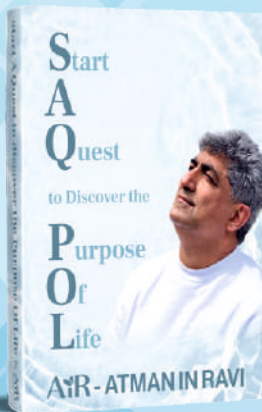
67



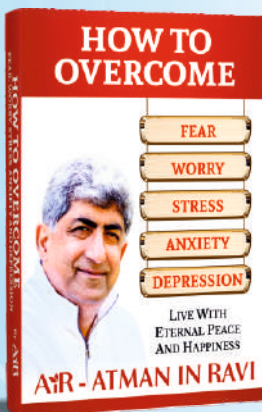
68



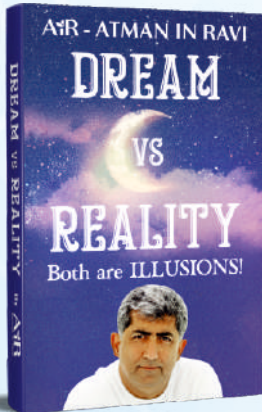
69



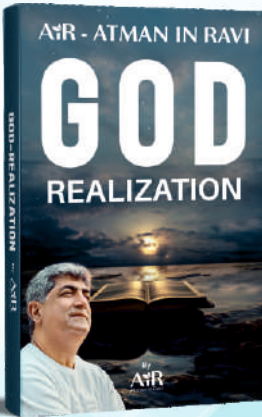
70



71



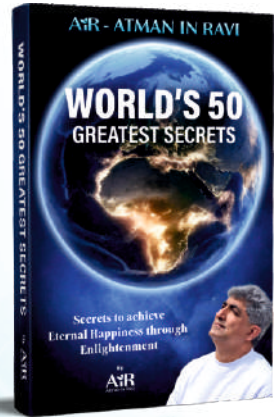
72



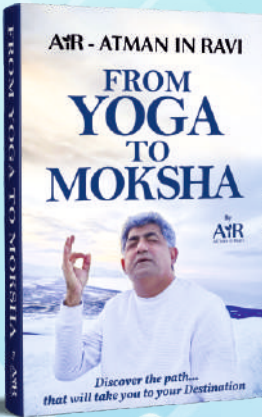
73



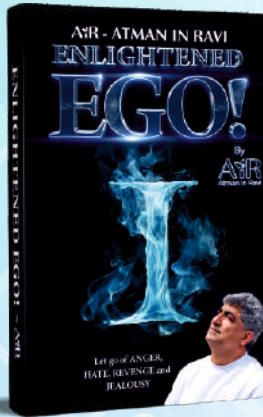
74



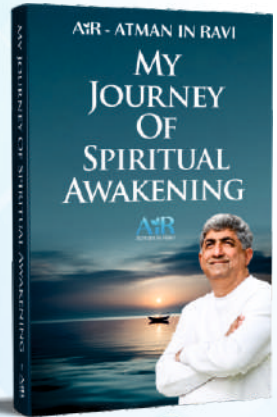
75



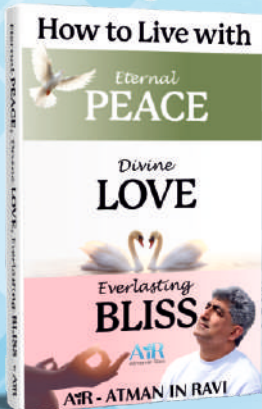
76



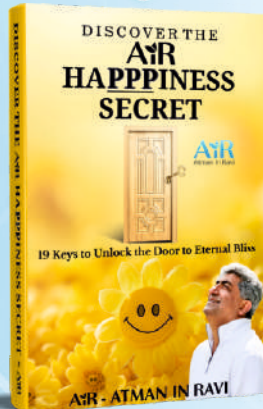
77



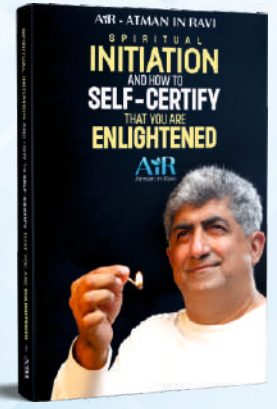
78



79



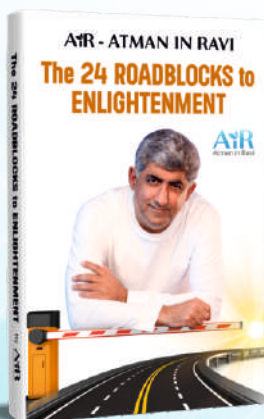
80



81



82



83

*If you have any questions on
Happiness, Suffering, Life, Death,
Rebirth, Karma, Liberation, Enlightenment
or anything related to Spirituality,*

YOU CAN DIRECTLY

?
Ask • AiR
at 8 pm every day
on  zoom



ZOOM CALL QR CODE

Meeting ID: 85021104431

Invest minutes
ELEVEN.
Get 1440 minutes in
HEAVEN.
Come on Insta every day at
SEVEN!

AIR
Atman in Ravi
Eternal Happiness
Through Enlightenment



7:00 PM

EVERY DAY



+91 98451 55555



www.air.ind.in



@AIRHAPPPINESSECRET



INSTA LIVE

AiR - ATMAN IN RAVI

The 24 ROADBLOCKS to ENLIGHTENMENT

'What is Enlightenment? Why should I be Enlightened? Spirituality is meant for Saints and Sages, not for me! I want achievement, success and happiness!'

Most of us don't realize what life is and how to reach a state of Eternal Peace, Divine Love and Everlasting Happiness. There is only one way. It is Enlightenment, the ultimate peak of life.

While Enlightenment is our goal, 99% people of the world are seeking achievement. People are lost in entertainment. Nobody has told them the secret of life and happiness. Nobody has told or guided them about the many roadblocks to Enlightenment that are stopping them from living a life of Peace, Love and Bliss.

This book will transform your life! It will open the door to Enlightenment and show you the way to evolve from pleasure to peace to purpose. It will make you discover that success and achievement are nothing. It will show you the way to Enlightenment through fulfillment. You have a treasure in your hand that is greater than all the pleasure that you have ever enjoyed!



AiR Linktree



AiR Institute of Realization

AiR
Atman in Ravi
Eternal Happiness
Through Enlightenment



Kemp Fort Mall,

#97, Old Airport Road, Bangalore - 560017

+91 98451 55555 | www.air.ind.in | air@air.ind.in