

AiR Books

*Transform your life
with AiR books*

By
AiR
Atman in Ravi





3 PEAKS OF HAPPINESS

This book talks about the universal quest of humanity – Happiness. It explains the ways through which people can reach the third peak of Happiness – Enlightenment which lies beyond the two peaks of Happiness – Achievement and Fulfilment. The third peak liberates us from the prisons of misery and sorrow and gives us eternal joy and bliss.



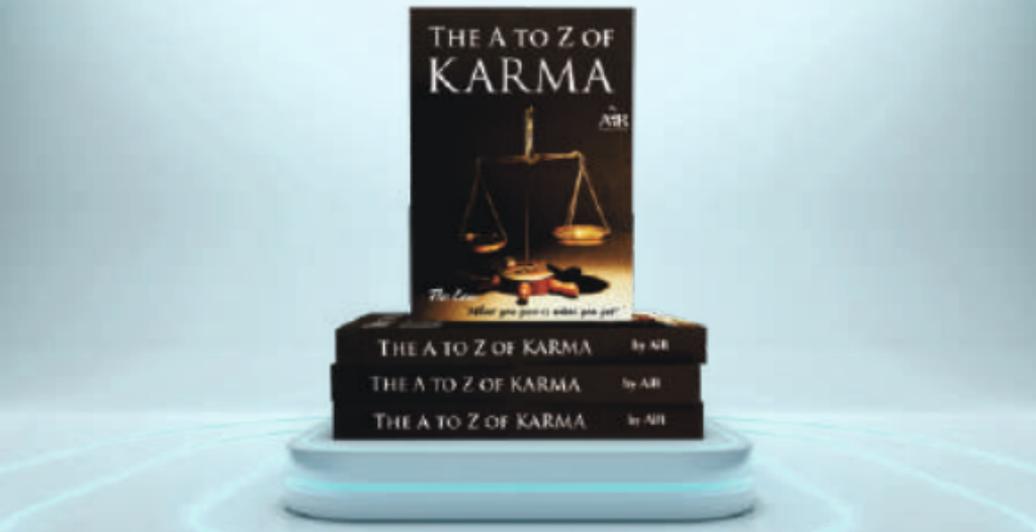
I AM NOT I. WHO AM I?

This is an insightful book by AiR which talks of his quest and Realization that we are not who we think we are. We have a car but we are not the car. Similarly, we have a body but we are not the body. Then, who are we?



THE MIND IS A RASCAL

You always thought that the mind is king—it is everything. But it's a rascal! Try this. Sit quietly for an hour, and try to find the mind. Where is it? You will realize that the mind doesn't exist. This book by AiR will show us how the mind makes us suffer. It is time to find the rascal and kill it before it kills us.



THE A TO Z KARMA

Most people are aware of the concept of Karma – the Universal Law that states, '*What you give is what you get.*' But not everybody knows the A to Z of Karma that we can actually transcend Karma, escape from all misery and sorrow, and ultimately attain Liberation or *Moksha*. This book reveals the secret of eternal joy and peace – a life without any misery or suffering.



LIFE IS KARMA

Every time something happens in life, we say, 'Karma!' Yet, we still don't understand how Karma really works. This book has all the questions along with the answers and how you can transcend Karma and be free from the Karmic cycle of death and rebirth.



BE HAPPY IN THE NOW!

Every human being on earth wants to be happy. There is nobody who enjoys pain. But what is the secret of eternal joy, bliss and peace? It is being happy in the NOW. With this book, AiR hopes to inspire people to live life moment by moment if they really want to be happy.



WHY BAD THINGS CAN'T HAPPEN TO GOOD PEOPLE!

This book helps us understand that this world has been created by the Divine and it operates through certain Universal Laws that need no intervention by the Creator. Bad things can never happen to good people, just as apples can't grow on mango trees!



SOUL - SPARK OF UNIQUE LIFE

The Soul is mysterious. We are alive because of our Soul. But what exactly is the Soul? We cannot see the Soul, but we all believe that we have one. This book will help genuine seekers of the truth to do some Soul searching and realize - we don't have a Soul...we are the Soul!



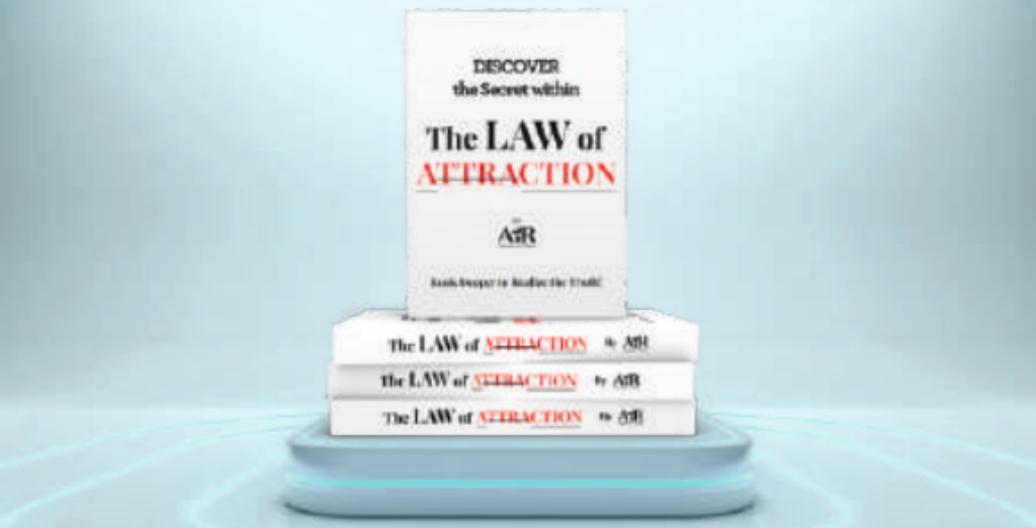
100 Diamond Quotes

Our life needs a spark and a simple quote can make this difference. This book is a selection of AiR's inspiring quotes on happiness, liberation, realization, spirituality, and enlightenment that can trigger a metamorphosis in us in our quest for the true meaning of life, giving us more happiness than all the diamonds of this world.



SATCHITANANDA

Very few people go in search of the true meaning of life. If they become conscious of the truth, they experience *Ananda*, a bliss unknown to the common man. This book reveals the secret of *SatChitAnanda* and shows us the way to live every moment of life with seamless joy and peace.



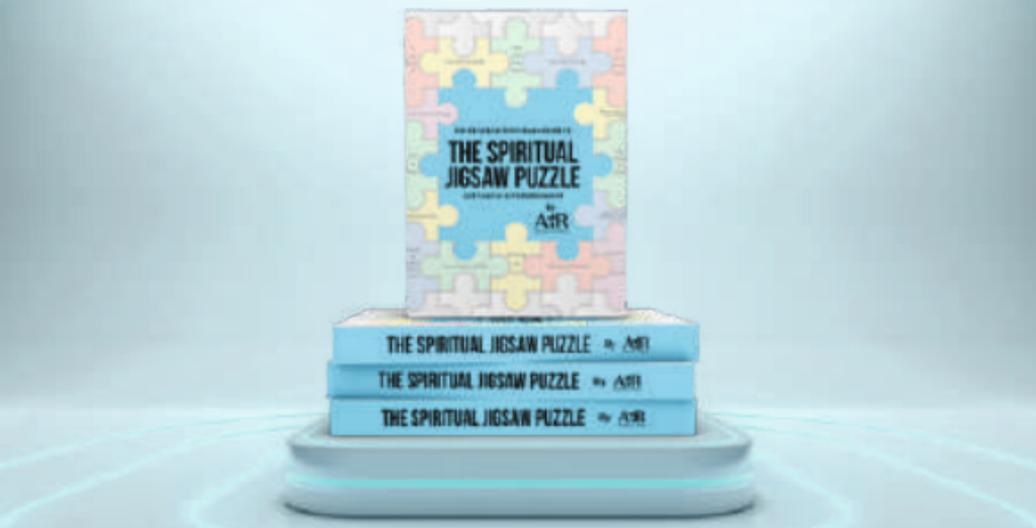
THE LAW OF AttraCTION

Many of us believe in the Law of Attraction, that we can realize our dreams through this mystical, magical law. But not all people are able to realize their dreams. This book reveals the 'real secret' within the Law of Attraction that actually works. It is the Law of Action.



SATYAM SHIVAM SUNDARAM

This book, based on the ancient chant Satyam Shivam Sundaram - the Truth is God is Beautiful, will help us realize a profound truth, that Beauty is Divinity. It will change the way we pray and build a closer connection with God, as we realize the Divine in the temple of our heart.



THE SPIRITUAL JIGSAW PUZZLE

Are you seeking eternal happiness or searching for the ultimate purpose of life? Then this is the perfect book for you. The 100 Realizations in this book are the 100 pieces of the Spiritual Jigsaw Puzzle, that, once put together, will lead you to be enlightened with the Truth, and liberate you from all suffering to experience a spiritual ecstasy unknown to common man.



REBIRTH

Do you believe in rebirth or does the mystery of rebirth baffle you? We know that death is certain but is there something beyond death? While we witness births and deaths, we wonder whether rebirth is a reality or not. This book will help you decode the mystery of rebirth, just as it will reveal the secret of escaping from the cycle of Death and Rebirth.



ENLIGHTENMENT

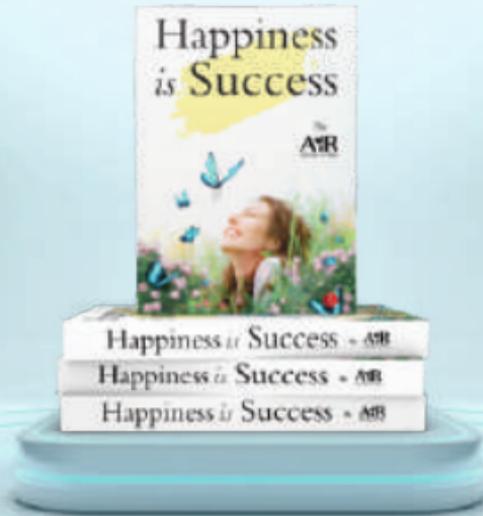
We have been gifted with a human birth so that we can attain Enlightenment. For this we have to unlearn many lies that we have grown up with. This book will help you be enlightened as it discriminates the Truth from the Myth.



POEMS FOR LIFE

Never have you read a book of Poems like this. Poems that will give you Peace, Love and Happiness. Poems that will tell you the Truth about Life...

How to Overcome Misery and how to Overcome Strife! So, if you ever want to read a book, choose this... These Poems have Meaning, and they are full of Bliss.



HAPPINESS IS SUCCESS

Why is the whole world chasing success and achievement? It is because we think success is happiness. But is this true? Are all successful people happy? On the contrary, all happy people are successful. Therefore, success is not happiness, happiness is success. AiR lived for 25 years on the peak of Achievement, from one success to another, only to realize that the ultimate peak of happiness is beyond Achievement and Fulfilment.



THE 10 COMMANDMENTS OF DETACHED ATTACHMENT

There are the 10 Commandments which can liberate us from all attachments. If only we learn to live with detachment, we will be free. Follow these 10 Commandments and live a life of bliss and peace.



GIVE BEFORE YOU ARE GONE!

Give before you are gone. You don't have a choice. If you don't, it will anyway be snatched away. Open your eyes and realize that you come with nothing and you will go with nothing. Nothing belongs to you. Let us give as we live.



MUKTI - FREEDOM

What is *Mukti*? It is Freedom - not only from all misery on earth but also Freedom from Rebirth. This book reveals that we not only need Freedom from all joy stealers, but also Freedom from the cycle of death and Rebirth.



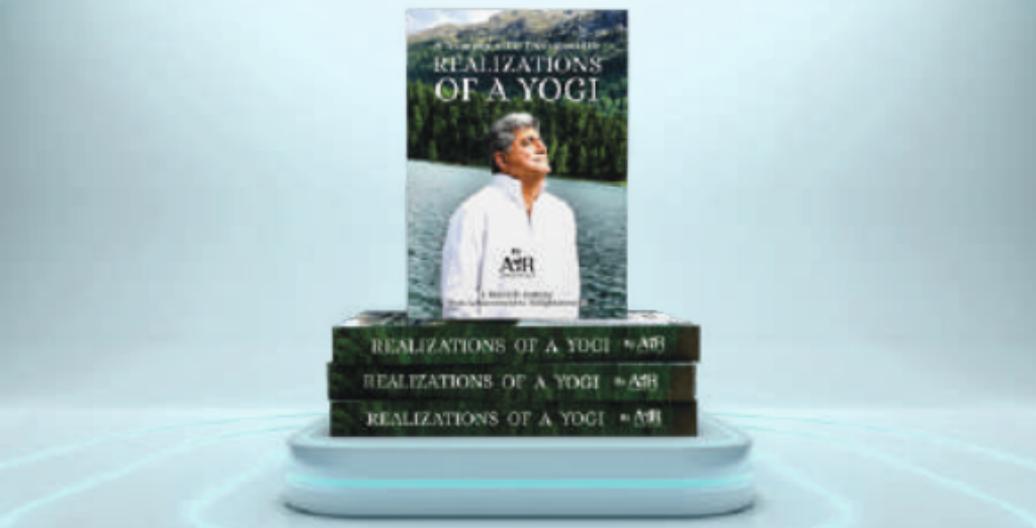
STOP IT, STUPID!

How often have you felt that you have been stupid, and you could not stop the stupidity! If you want to put an end to your stupidity, this book is just the book for you. In this book, AiR shares a simple tool that will help you stop being a fool, a Mantra, we never learned in school! All you have to say is, 'Stop it, Stupid!' to yourself when you feel like a fool, and you will see the magic.



Don't cut a Cake! Awake! Your Birthday is Fake!!!

Do you cut your birthday cake? Stop! Your birthday is fake! You were born inside your mother's womb nine months earlier. We are that Spark Of Unique Life, the SOUL that comes alive at conception.



REALIZATIONS OF A YOGI

This book is the real life journey of an achiever who realized the truth and became a Yogi. In this book, AiR shares how he experienced a metamorphosis and how he lives in Yoga to attain the ultimate goal of Liberation and Unification with the Divine.



FLIP OVER! FROM MIND TO CONSCIOUSNESS, FROM NEP TO PEP

How do you flip your life over from being sad to being glad? There is a way. Flip over from a state of Mind to a state of Consciousness, from Thoughts to Thoughtlessness, from Negative Energy, that is Poison to Positive Energy, that is Power. How? The solution is in this book!



POSIEMOM

To the world, God is lives somewhere far away in the sky. But God is SIP, the Supreme Immortal Power that is everywhere, in everything. SIP appears as the Soul in living beings and also manifests as every particle that fills this universe. Everything is energy. Even science agrees to this.



THE A TO Z OF DEATH

Death is certain. Every 'body' must die. Still, we do not accept the reality of death. We fear death because of the loss of all that we own, all that is known and we fear death because of the unknown beyond death. However, we are ignorant about the truth of death. Death is not the end, it is just a bend. Only the body dies. We never die. We are the immortal Soul.

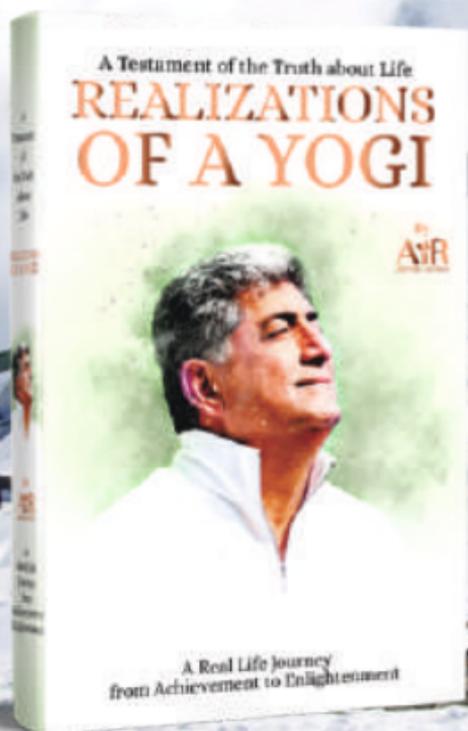
1. Talaash
2. 3 Peaks of Happiness
3. My Guru, My Mentor, My God on Earth
4. I will Never Die, Death is Not "The End"
5. Death is Not "The End." Death is "Liberation"
6. I am not I. Who am I?
7. The Mind is a Rascal
8. A Cosmic Drama
9. Who is God? Where is God? What is God?
10. The A to Z of Karma
11. Who Are You & Why Are You Here?
12. The 4th Factor
13. Be Happy in the NOW!
14. Questions You Must Answer before you Die!
15. Suffer No More
16. Success is not Happiness, Happiness is Success
17. God = Happiness
18. Life! Realized!!
19. True Love is Bliss...Not Just a Kiss
20. True Meaning of Yoga
21. The Ultimate Goal of Life, MEN – Moksha, Enlightenment, Nirvana

22. Religion! A Kindergarten to Spirituality!!
23. Why Bad Things Can't Happen to Good People!
24. LIFE is...Liberation from Ignorance and Finding true Enlightenment
25. The Ladder to Heaven
26. FEAR- False Expectations Appearing Real
27. Soul - We don't have a Soul... we are the Soul!
28. But We Pray!
29. 100 Diamond Quotes
30. Let go of your Ego and you will find God
31. Life Manual - How to live life?
32. PEACE... When the Monkey becomes a Monk!
33. SatChitAnanda - Consciousness of the Truth is Bliss
34. Neti Neti, Tat Twam Asi - Not This, Not This, Thou Art That
35. Discover the SECRET within The LAW of AttraCTION
36. Satyam Shivam Sundaram - Experiencing Divinity in Beauty
37. My Enlightenment Life Book
38. When you overcome the FEAR of DEATH, You start to LIVE
39. World Peace! A Simple Solution
40. Many Problems, One Solution

41. LIVE LIFE... Moment by Moment
42. The Spiritual Jigsaw Puzzle
43. The 4 Quarters of Life
44. REBIRTH... The Mystery Solved!
45. How to Live a Spiritual Life in a Material World?
46. Life is Karma
47. Enlightenment - The Myth and The Truth
48. Poems for Life - Peace, Love, Bliss, Enlightenment and Eternal Happiness
49. God is not God. God is SIP – Supreme Immortal Power
50. The 10 Commandments of Detached Attachment
51. The Yoga of Divine Love - Prema Yoga
52. Give before you are Gone!
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59. POSIEMOM
60. The A to Z of Death

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AiR has authored more than 60 books on Happiness, Life, Death, Suffering, God, Yoga, Karma and Rebirth. Through his books one can acquire an understanding of what life is all about, the cause of suffering in this world, the secret to being eternally happy, the meaning and purpose of human life, our own true self and the power we call God.



*Free e-books authored by AiR can be downloaded on Google Play.
They are also available for purchase on www.amazon.in*

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